

THE LYMINGE RAVSIDENT

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

September 2024 THE LYMINGE ASSOCIATION www.lyminge.org.uk

Produced by www.lyminge.org.uk

From The Lyminge Association



The Coffee Cabin and Snippers & Clippers or download from www.lyminge.org.uk

Closing date Tuesday 10th September

For further information call Steve on 01303 863600

Organised by The Lyminge Association



GARAGE SALE

Map of locations will be available free from Lyminge Village Hall on the day or on-line

www.lyminge.org.uk

(from 7am on the day) **SUNDAY 15 SEPTEMBER**

Daphne Andrews

It was with great sadness we recently learned of the passing of Daphne Andrews. She touched many people's lives in this community and it is fitting that a proper obituary is written in her memory. To that end, her obituary will appear in the October version of the Lyminge newsletter. Should you wish to contribute, then please send your memories and photographs to <u>lymingehistoricalsociety@gmail.com</u> by no later 10 September. Alternatively, they can be left or posted to my home address: Ivy Lodge, Woodland Road, Lyminge CT18 8EP and I will forward them to the authors. Editor

COMING SOON: Lyminge community to vote for their favourite Christmas Carol See October newsletter for further details.

Editor: pbarnes20@icloud.com Tel: 01303 863737

Margaret Saunders' Meanderings

I find myself with time to spare in Folkestone so decide to walk along the Leas and take the Metropole Steps that lead down the cliff. These wooden steps, 168 in total, have been the most direct route to the Coastal Park for over 100 years. This area in its heyday contained the Victoria Pier, a switchback, a miniature railway and a children's zoo. A noticeboard informs me that the Lower Leas Coastal Park was formed in 1784 by land slippage and was initially used for farming. Cows were grazed here and driven down a winding track which to this day is still known as 'The Cow Path'. Land slippage is also the cause of the current closure of the Road of Remembrance, which leads down from the town to the harbour.

Descending the steps I arrive at the Coastal Park. With the air heat-heavy, I find a shady bench and settle in my surroundings. A hazy horizon hides any shipping in the distance fusing sky with sea, the latter deep jade and the sky light azure. Restless rippling waves flow in from the east, with the occasional brush stroke of a white top. They tumble at right angles to the beach where the rocky breakwater creates shallows. Folkestone Harbour fog horn sends out an intermittent blast; a group of people are having fun together on the beach, laughing and chatting; waves gently lap on the shore and the cry of a seagull are the sounds I hear. Enjoying the universal pleasure of throwing stones into the sea, a little boy in red shorts, white tee-shirt and sunhat jumps up and down with excitement every time his pebble splashes into the water - a simple activity that never fails to please, judging by

the number of adults that do much the same, except maybe for the gleeful jumping! Four swimmers laze in the shallows of the calmer water of the small artificially created bay which is protected by groynes made up of huge boulders, which serve the dual purpose of restricting the longshore drift as well as providing safer bathing areas.

> Walking along the Coastal Path, I plunge at times into dark 'tunnels' created by stunted trees. A lone pine stands with a completely flattened top where constant onshore winds have stunted its upward growth. Weathered wooden benches along the route, carved into artistic shapes, provide plenty of resting places. Metal footprints set into the path are a reminder of Folkestone's military history, the instep

of each footprint bearing the name of a serviceman and his date of death. Three wooden billy goats gruff stand in the grass as part of a children's trail. Flowers bloom in a wild patch above the path

> Going down the final set of steps I am now on the promenade with colourful beach huts either side of me. To my left the honey-coloured shingle stretches away towards the harbour whose lighthouse is visible at the end of Folkestone Pier. To my right the beach huts, in their cheerful colours, lead the way to Sandgate. None of the huts on this side is occupied and I look through their porches, which are in line, and the effect is of a rainbow-coloured rectangular passageway stretching into the distance. A speedboat races across the water, its bow slapping down onto the waves as it bounces along.

> Reluctantly I climb back up the first set of steps, pausing at the top to take one last look at the view. Before ascending the long flight back up to the Leas I notice a huge Mediterranean looking plant spurting forth

long dark red flower stems from pale green spear-like leaves. Bright red poppies are amongst the mixture of flowers bordering the road, making a colourful display.

Once back on the Leas I walk across the expanse of cut grass, past well laid out and ordered flower beds, a complete contrast from what lies below the cliff, just a few metres down. Looking up, the rich blue sky makes a perfect backdrop for the ornate white lampstands that line the Leas, an echo of the elegant Victorian era when this was the place to see and be seen and the Metropole and Grand Hotels were the places in which to stay. The Grand, where King Edward VII used to stay with his mistress Alice Keppel, is now under scaffolding, so we await the completion of works to see it returned to its former glory.

Today has been one of a run of warm sunny days at the end of June, perfect for meandering near the sea with its accompanying and welcome breeze.







Diary of Forthcoming Events

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to pbarnes20@icloud.com.plus.com or via methods outlined on Page 4.

Location and name codes below:

One-Off Events

Date	Time	Event	Where	Tel. No.	Date	Time	Event	Where	Tel. No.
03-Sep	10am	Digital Support	AUKL	269602	12-Oct	7pm	Autumn Quiz	EVH	07544 670363
12-Sep	12.30pm	Dementia Café	AUKL	269602	19-Oct	6.45pm	Fun Autumn Quiz	EVH	
13-Sep	7pm	Music On A Friday BBQ	LPC		02-Nov	11am	Coffee Concert	LMC	
14-Sep	10am	Coffee and Cake Morning	PC		09-Nov	10am	Coffee and Cake Morning	PC	
15-Sep	9am	Garage Sale		863600	01-Dec	4.45pm	Christmas Lights Switch On	EVH	07544 670363
15-Sep	3pm	Rags to Riches' Concert	St Mary's, Elham		08-Dec	11am	Community Christmas Gathering	LPC	862073
21-Sep	6.30pm	Euro-Quiz (see P6)	ELVH		08-Dec	6.30pm	ERA AGM	EVH	07544 670363
28-29 Sept		Apple Pressing Weekend	EVLT		13-Dec	7pm	Music on a Friday - Christmas Concert	LPC	
10-Oct	7.30pm	Lyminge Association AGM	LVH	863737	14-Dec	4pm	Cantores - Christmas Concert	LVH	
12-Oct	10am	Coffee and Cake Morning	PC						

Weekly Events

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Day	Time	Event	Where	Tel. No.	Day	Time	Event	Where	Tel. No.
Mon	10am	Dementia Daybreak	AUKL	269602	Wed	10am	Dementia Day Break	AUKL	269602
Mon	10am	Bridge Club	LBC	863177	Wed	10am	Baby/Toddler Group	EVH	07817777975
Mon	10.30am	Maintenance Cognitive Stimulation Therapy (MCST)	AUKL	269602	Wed	11am	Singing For All (term time only)	AUKL	269602
Mon	10.30am	Lyminge Larks (Singing)	LMC	07951572920	Wed	2pm	French Conversation (fortnightly)	Call	862972
Mon	10.30am	Chromatic Greys Art Class	EVH	07783575802	Wed	7pm	Tayne Centre Circuits	TC	07925982995
Mon	1pm	Lyminge Knitters	AUKL	269602	Wed	7.30pm	Cantores Dominicae Choir	LVH	07778 333339
Mon	1.30pm	Maintenance Cognitive Stimulation Therapy (MCST)	AUKL	269602	Thurs	10am	Boxfit (non-contact)	AUKL	269602
Mon	5.15pm	Pilates	EVH	07951608008	Thurs	10am	Dementia Day Break	AUKL	269602
Mon	6.15pm	Pilates	EVH	07951608008	Thurs	10am	Lyminge Morning Art Group	EVH	01303211364
Mon	6.30pm	Ballroom/Latin/Salsa Dancing	TC	07966751991	Thurs	10.15am	Baby Rhyme Time	LL	03000413131
Mon	6.30pm	Judo Club	LVH	07369225021	Thurs	11.45am	Streetz to Streetz (fish and chips)	AUKL	07955926835
Mon	7pm	Yoga	RMV	07977503897	Thurs	2pm	Lyminge Afternoon Art Group	TC	07870494644
Tues	9am	Seated Yoga	AUKL	269602	Thurs	5pm	Pilates	TC	07951608008
Tues	9. 3 0am	Tai Chi Qigong	EVH	07402203239	Thurs	6.15pm	Pilates	TC	07951608008
Tues	10am	Lyminge Baby & Toddler Group	TC TC	07870405567	Thurs	7pm	Short Mat Bowls	LVH	863842
Tues	10am	Painting and Drawing	AUKL	269602	Thurs	7.30pm	Ballroom and Latin Dancing	EVH	07967979610
Tues	10am	Dementia Day Break	AUKL	269602	Fri	8am	Chiropody (appointment only)	AUKL	269602
Tues	11.45am	Pilates	EVH	07834839801	Fri	9am	Pilates with Katherine	AUKL	269602
Tues	1.45pm	Pickleball	EVH	862696	Fri	9.30am	Dementia & Me Unit	AUKL	269602
Tues	3pm	Seated Yoga	AUKL	269602	Fri	9.15am	Nikki Barratt Art Group	EVH	07870494644
Tues	6pm	Board Games Night	Cottee Cabin		Fri	10am	Dementia Day Break	AUKL	269602
Tues	6.45pm	Short Mat Bowls	LVH	863842	Fri	10am	Painting and Drawing	AUKL	269602
Tues	7pm	Bridge Club	EVH	07790160476	Fri	10.15am	Talk Time	LL	03000413131
Wed	8am	Pilates	TC	07951698008	Fri	10.30am	Main Cog Stim Therapy (MCST)	AUKL	269602
Wed	9am	All Day Breakfast	AUKL	269602	Fri	6pm	Junior Cricket Training Sessions	SPCC	07869283195
Wed	10am	Pilates	TC	07825109670	Fri	7pm	Table Tennis	EVH	

Monthly Events

When	Time	Event	Where	Tel. No.	When	Time	Event	Where	Tel. No.
1st Mon	2pm	RBL, Elham Valley Branch	St Mary's Ha Elham	862508	Last Tues	10.30am	Lyminge Poetry Group	LL	03000413131
1st Mon	10am	Stroke Support Group	C&H	07903150099	1st Wed	10.30am	Lyminge Friends	TC	862598
2nd Mon	7.00pm	Parish Council Meeting	TC	07544670363	1st Wed	2pm	Bingo	EVH	
3rd Mon	7pm	Etchinghill Cinema Club	EVH	07903150099	4th Wed	2.30pm	RM Circle	RVH	862913
3rd Monday	10am	Stroke Support Group	C&H	07715221705	Last Wed	7.30pm	Quiz Night	C&H	01303901011
1st Tues	2pm	Library Reading Group	LL	03000413131	2nd Sat	10am	Postling Ch. Coffee Morning	PC	863536
1st Tues ³	7.30pm	LHS Talk/Event	TC	863879	2nd Sat	10am	Ethelburga Quilters	EVH	
2nd Tues	2pm	Library Reading Group	LL	03000413131	4th Sun	9.30am	Farmers' Market	LVH	
3rd Tues ²	7.30pm	Gardeners' Society	TC	07703149008	3 monthly Sunday	10am	Blue Kangaroo Baby Class	EVH	07800 737936

¹ In term time only ² Except Jan and Feb ³ Except Jan, Feb, and trip in Aug ⁴ Except Aug and Dec ⁵ Not held in August ** Every three months

AUKL Age UK Lyminge; C&H: Coach & Horses; EVH: Etchinghill Village Hall; ELVH: Elham Village Hall, ERA: Etchinghill Residents' Association; ES: Elham Square, EVLT: Elham Valley Line Trust, JF: Jubilee Field; KH: Korf House; LB: Laing Bennett; LBC: Bowls Club; LL: Library; LMC: Lyminge Methodist Church; LPC: Lyminge Parish Church; LPS: Lyminge Primary School; LVH: Lyminge Village Hall; LW: Lord Whisky; NP: Nailbourne Court; PC: Postling Church; PH: Lord Whisky, Park House; PVH: Postling Village Hall; RVH: Rhodes Minnis Village Hall; RWC: Rhodes Minnis Church; RMCS: Rhodes Minnis Cat Sanctuary; RR: Rigden Room; SMVH: Stelling Minnis Village Hall, SNL: See Newsletter for info; SP: Sibton Park; SPCC: Sibton Park Cricket Club; TC: Tayne Centre; TF: Tayne Field; WF: Well Field



St Mary and St Ethelburga Parish Church, Lyminge

1st September

Lyminge 10am WOW Service
Paddlesworth 6pm Evensong (BCP)
8th September St Ethelburga's Day

Lyminge 8am Holy Communion (CW2)

6pm Choral Evensong for St Ethelburga

15th September

Lyminge 10am Holy Communion (CW1)

Paddlesworth 6pm Evensong (BCP)

22nd September

Paddlesworth 8am Holy Communion Lyminge 10am Family Praise

29th September

Denton 10am Benefice Eucharist

6th October

Lyminge 10am WOW Service Paddlesworth 6pm Evensong (BCP)

If more information is required please contact the Church Wardens, Derek Smith 01303 862508 or Mike Chinneck 01303 863911

Rector's Message

Dear Villagers,

Over the summer months I've had the privilege of taking 4 weddings, 3 baptisms and 1 funeral. Each of them awesome occasions, celebrating life and love and placing loved ones into God's care.

As well as the big moments in life, the Church (the people as well as the building) is a tangible sign of God's presence with us in the everyday.

I am overwhelmed at the welcome, friendliness and hospitality you have extended to me as your new Rector.

It is this same generous welcome, reflective of our generous God, that I hope you will find across the churches in the benefice - one in which everyone is welcome, just as they are. Rev'd Carol Bates



Lyminge Newsletter

Terms & Conditions: Copy deadline for next edition - 18 September 2024

Please email your copy to the editor (**pbarnes20@icloud.com**). Your payment must be received before your article or advert can appear in the Newsletter. Invoices will be issued and should be paid ASAP either by BACs, cheque, credit card or cash (details on invoice). **Business adverts** cost from £9.50 per month or £95.00 per year. **Personal and charity adverts and articles** from £3 per month, or £30.00 per year. The annual rate offers 12 entries for the price of 10. Please make cheques payable to '*The Lyminge Association*'. If you do not have email, a typed paper-copy may be left with the payment at the Library. Newsletter is printed by Canterbury Print & Mail.

Lyminge Association accepts no liability for the accuracy of the advertisements or subsequent actions arising in conjunction with advertisers in the newsletter.

Further details from Peter Barnes (editor) on 01303 863737 or pbarnes20@icloud.com

Lyminge Methodist Church

A warm welcome awaits you at the following services to be held at **11am**, followed by a time of refreshment and fellowship.

1st September Rev Gill Songer

8th September 10.15am Valley Service at Elham with

Rev. Gill Songer

15th September Mr Dwight Harris **22nd September** Local Arrangement

29th September Mr David Smith (incl. Holy Communion)

Rhodes Minnis Chapel

A warm welcome is extended to anyone who wishes to join us for the following services at 9.30am in our small and beautiful Chapel and to share fellowship after the services over coffee and biscuits.

1st September A Local Arrangement

8th September A united Valley Service will be held at

10.15am at Elham with Holy Communion

led by Revd Gill Songer

15th September Mrs Val Redding **22nd September** Mr Richard Blackwell

29th September Mrs Liz Talbot - A simple Harvest Service

6th October Mr Dwight Harris

We will be greatly missing Daphne Andrews who passed away peacefully at the William Harvey Hospital on 16th August. She has been the mainstay of our little chapel at Rhodes Minnis for almost all her life and our treasured organist for the last sixty years. She will be irreplaceable. Do come and join us as we celebrate her work among us.

Postling Church Services

1st September 8th September 8.30am Morning Prayer 8.30am Holy Communion No service in Postling No service in Postling No service in Postling

District Councillors' Update - September 2024

Folkestone Sports Centre – The news that Folkestone Sports Centre has gone into administration is extremely disappointing. The previous Conservative Administration funded a Business Plan for the Centre but I understand none of the recommendations were implemented. It could not have been at a worse time of the year, just when School holidays were starting and the swimming pool would be in high demand. With Hythe Pool maintenance costs constantly increasing, lets hope that the loss of the Folkestone Sports Centre Swimming Pool will not leave us without a Pool for the District!



My Community Voice – A further reminder to sign-up to Home Page - My Community Voice Kent. This is where you can find information on current scams locally and across Kent as well as other general information. For example, are you aware that Tamper Proof Screws for Vehicle Number Plates are available free of charge at Folkestone Police Station front counter? Folkestone front counter is open daily from 9am to 5pm, so go and get your screws!

Sandgate Road Car Park - Disabled motorists using the Sandgate Road Car Park can now register their vehicle for a quicker exit. Blue badge holders, eligible for three hours free parking, are being encouraged to register and upload a copy of their document onto the council's Autobill platform. Once approved, blue badge holders will then be able to leave without the need to visit a parking terminal.

Ashford Constituency MP – Recently I met Sojan Joseph our new MP for the Ashford Constituency. I was able to discuss with him the Otterpool Park Garden Town Project and the impact that the loss of the winter fuel allowance will have on some vulnerable residents. He noted my concerns and I wait to hear an update on both issues.

I attended Lyminge Parish council on 12 August.

Contact: jenny.hollingsbee@folkestone-hythe.gov.uk Mobile 07887918458 X (Twitter) @jennyhollingsbe

The draft of the updated **Corporate Plan for 2025 – 2030** is now available for consultation. Residents are being asked to comment on the Corporate Plan and consultation is open for 9 weeks until the 27th September. It is very important that you share your thoughts on it. The survey can be completed on-line. The draft plan and survey are also available as a printed booklet and can be obtained by contacting the council on 01303 853000 during business hours.

At the next **North Downs Forum** we will be discussing the draft of the update Corporate Plan. We will be meeting at Stelling Minnis Village Hall on the 3rd September at 7pm. Everyone is welcome to come along and join the discussion.

Reach the Beach, the free summer bus service between Folkestone West Station and the Harbour Arm, has been hugely successful. The numbers expected were 1000 passengers per week but during the first two weeks almost 2000 passengers used the service each week.

A recent briefing was held at **Otterpool Park** for the two new MPs. Sojan Joseph and Tony Vaughan both spoke of their excitement and commitment to delivering Otterpool Park which fits precisely into the new Government's Garden Town programme.

Contact: elaine.martin@folkestone-hythe.gov.uk

Etchinghill Update - September 2024

ETCHINGHILL RESIDENTS' ASSOCIATION (ERA)

Chairman: David McCombe - 07939 076617 E-mail: dmccombel@gmail.com Website: www.etchinghill.info Facebook: Etchinghill Residents

ERA FILM NIGHT AT ETCHINGHILL VILLAGE HALL - MONDAY 16TH SEPTEMBER. FILM STARTS AT 7.30PM - DOORS OPEN 7PM. "ONE LIFE" (12).

Drama / History, starring Anthony Hopkins and Helena Bonham Carter. The stirring true story of Sir Nicholas 'Nicky' Winton, a young London broker who, in the months leading up to World War II, rescued 669 predominantly Jewish children from the Nazis in Prague in a race against time before the borders closed. Fifty years later, it's 1988 and Nicky lives haunted by the fate of the children he wasn't able to bring to safety in England; always blaming himself for not doing more. It's not until a live BBC television show, 'That's Life', surprises him by introducing him to some surviving children – now adults – that he begins to come to terms with the guilt and grief he carried for five decades. The entry fee is only £6 pp and includes a glass of wine, tea or coffee with biscuits and entry into a free raffle. New members are welcome, simply register and pay on the night - no need to book.

ERA FUN QUIZ - ETCHINGHILL VILLAGE HALL - SATURDAY 19TH OCTOBER - DOORS OPEN AT 6.45 PM FOR A 7PM START. Please book your table early as this is always a popular event. TO ENSURE FAIR PLAY, 6 PERSONS PER TEAM MAXIMUM PLEASE. Entry is only £4 pp (no charge for children under the age of 18 or full time students). Please remember to bring your own refreshments as the kitchen will be

closed. To reserve a place, or to donate a raffle prize, please contact Geraldine on 07544 670363 or email her - gpmccombe49@gmail.com

UPDATE - CLOSED PLAY AREA ST MARYS CLOSE, MERIDEN PARK - Thank you to Lyminge Parish Council for acting promptly to clear the overgrown playground. We look forward to work (hopefully) commencing in September to refurbish the playing area and the equipment.

News contact: Jacqui Blandford - 07543 966830 or email: jacqui.blandford@gmail.com



LYMINGE HISTORICAL SOCIETY



Our next meeting will be at 7.30pm on Tuesday 3 September at The Tayne Centre, Church Road, Lyminge CT18 8JA



King Henry VIII's castles on the Kent Coast Speaker: George Chittenden

The meeting on Tuesday 1 October will be:

The Age of Blackboards and Chalk: Life in local rural schools before the 1960s Speaker: Kevin Bailey of Hythe Museum

Members Free New members and visitors are always welcome Visitors: £4 Payable on the door

All our publications, including our latest volume Lyminge a History Part 13, are on sale at our meetings. We accept payments by cash or card.

The LHS Committee are deeply saddened to learn of the death of Daphne Andrews who gave so much of her time and energy to the society over many years. We are working with the Lyminge Association to prepare a suitable celebration of her life for publication in the October Newsletter.

EUROQUIZ

ELHAM Village Hall Saturday, 21st September Come to a Quiz with a difference!

6.30pm start (open from 6pm)
Teams of 6-8 - bring & share supper | **£8 pp including welcome drink**Raffle and prizes

Entry is by pre-registration. Click on the QR code for more details and to register in advance. Then join Guest List – East Kent for Europe: Euroquiz – Elham Village Hall



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Contact details

Website: www.alittlemorejoy.co.uk

Email: alittlemorejoyuk@outlook.com





MEDITATION COURSES

More and more people are learning to use the skills of meditation and their breathing as a way of supporting their health and wellbeing, keeping their minds fit and regulating their nervous systems.

I invite you to join me on my
next Mindfulness Meditation Course Commencing
Saturday 5th October 2024
Ending Saturday 23rd November 2024
10.00am – 12.30pm for 8 Sessions
Location: The Committee Room, Lympne Village Hall

Alternatively, on a WEEKDAY EVENING Commencing Thursday 3rd October 2024 Ending Thursday 21st November 2024 6.00pm - 8.30pm

Location: The Committee Room, Lympne Village Hall

For more information and to book a place
Contact Ellen: 07740857109
Email: ejgarrard2712@gmail.com
https://ellengarrard.co.uk/









The POSTLING COFFEE & CAKE MORNING IN AID OF THE PILGRIMS HOSPICE

Saturday 14th September 10am to 12noon at Postling Church

ALL DONATIONS GO TO THE PILGRIMS HOSPICE IN THEIR ENTIRETY - PLEASE BRING CASH

ETCHINGHILL RESIDENTS' ASSOCIATION Film Night



THANK YOU!Gerald Edward Darnley 10/4/1939 - 11/8/2024

I want to express my sincere thanks to all of you within our community who have given me such care and love in the past few weeks leading to Gerry's passing. There are too many people to name individually but I have been especially touched by so many messages, cards, flowers and other tributes to him. Thanks especially to all those who shared his memorable funeral day with me, and for the wonderful contribution of the combined choir members.

Val Daruley

Sometimes Gallery

A Pop-up Art Gallery
Every Saturday and Sunday
12pm - 5pm
St Mary's Hall, Elham

Showcasing local artists, creatives and makers Original artwork, limited edition prints & cards

> info@thesometimesgallery.com www.thesometimesgallery.com

RICHES

A dazzling show, featuring the foot - tapping rhythms of Ragtime and early jazz.

Virtuoso pianist Helen Crayford invites you on a whistle stop tour from 1890-1940 showcasing:

Scott Joplin Jelly Roll' Morton

George Gershwin 'Fats' Waller

In period costume

St Mary's Church, Elham

Sunday 15th September 3pm

£12 on the door. Refreshments including delicious cakes, tea and coffee will be available.





AUTUMN BBQ AND CONCERT
13th September

Lyminge Parish Church
BBQ

Free entrance, free BBQ and free wine

All welcome

Christmas Concert will be 13th December

Editor: pbarnes20@icloud.com

Tel: 01303 863737





"How to Commit the Perfect Murder"

An amusing talk by Guy Deakins

You've committed the perfect murder, but how can you put the body to good use in the garden? In this popular and amusing talk, Guy presents a new spin on feeding your soil to feed your garden, by inviting the audience to put themselves into the mind of a murderer.

Tuesday 17th September 7:30pm at The Tayne Centre, Lyminge Refreshments from 7:15pm

Look out for the Sunflower Competition results in the October Newsletter



For more information about the Gardeners' Society please email: lymingegardeners@gmail.com or call Anne on 07703 149008



Fifth Trust Update

www.fifthtrust.co.uk

We are seeking a new Trustee to join our board. We are looking for a Trustee who shares our passion for providing a safe and fulfilling way of life for students with learning disabilities. Our board meets four times a year. While previous Board experience is helpful, it's not essential; we will provide support to ensure you are fully equipped to contribute. We are particularly keen to hear from candidates with legal experience to engage in all aspects of the charity's governance, with a special emphasis on the legal implications of strategy and governance.

This voluntary role is both rewarding and stimulating, with travel and subsistence expenses covered. If you're interested, please contact our chair Suzanne O'Brien at: suzanne@fifthtrust.co.uk. For an informal discussion, please call CEO Nikki Marley on: 01227 831851.

PS Our new still rosé wine has arrived, produced from the Seyval grapes harvested from our Elham Valley Vineyard last year. So visit our café to pick up your bottle today.



Hythe Aqua Swimming Club has vacancies for potential competitive swimmers Level 7 and above. Join a Club with a nationally accredited swim programme.

Lessons/Coaching sessions are held on Tuesday & Thursday evenings at Hythe Pool.

We also welcome adult length swimmers to our Adult training on Tuesdays & Thursdays at 9.00pm

To book your place

Email: hytheaqua@btinternet.com or checkout our website: www.hytheaqua.org.uk or F/book



Lyminge Friends

On 4 September we welcome **John Backwell** and his personal experience of **"That Hill in Africa - Climbing Kilimanjaro at 70 – silly or sensible?!"**

A typing error was made last month, on **2 October (NOT September)** eminent local author **Emma Batten** is coming to speak about "Discovering Lyminge through my Writing". Emma lives on Romney Marsh and her novels are all based in the local area.

Everyone welcome – Entry is £4 (including Tea/Coffee)

We are a friendly social group and welcome new members and visitors so just drop into a meeting, or if you'd like to talk to one of us first, please call 07904 157897. All meetings are held in The Methodist Church, Church Road, Lyminge from 10.30am to 12noon unless stated otherwise.

Garage For Sale

Single garage in the centre of Lyminge for sale. Currently used for storage – well aired and bone dry.

£20,000 ono for private sale.

07711675147

Rhodes Minnis Circle

At our June meeting Len Howell spoke about the fascinating 'Mappa Mundi' on display in Dover Castle's keep. The map was commissioned by English Heritage, based on actual 12th Century maps. We learned about the medieval view of geography and religion and how the maps were created. Handcrafted on calfskin, materials used include lapis lazuli, malachite, gold leaf and 'dragon's blood' (actually made from the root of a shrub!), On 28th August members enjoyed an afternoon tea at Folkestone Garden Centre.

We normally meet at Rhodes Minnis Village Hall at 2.30pm and visitors are always welcome.

For further information contact:

Lis Hirlemann 07590 913856.



Lyminge Judo Club

(Bushido Club registered)

We are a small friendly village club. We welcome and encourage both novices and skilled players and train every Monday evening at Lyminge Village Hall from 6.30pm. Open to all ages from 6 upwards - no upper age limit.

Juniors £2.50 per week; Seniors £3.50 per week. First session free, with no obligation.

Contact: Craig Munn email: craig.munn]@yahoo.com **Facebook:** www.facebook.com/Lymingejudoclub

Editor: pbarnes20@icloud.com 8 Tel: 01303 863737



Drop-in to Get Digital

at Age UK Lyminge, 63 Station Road, Lyminge, Folkestone. CT18 8HQ

Whether you need support with using your tablet, the NHS app, or just getting online. We can help.



Between 10am and 12pm on the following Tuesdays:

- 5th March
- 6th August
- 2nd April
- 3rd September
- 7th Mav
- 1st October • 5th November
- 4th June
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- 3rd December

Remember to bring your device along with you! For more information contact Age UK on 01303 269602.









AGE UK - LYMINGE



Art with Claire

Every Tuesday

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Join us for All Day Breakfast

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AGE UK Lyminge, Everist Court



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Have you, a family member or a friend been affected by a stroke?

Come and join our informal support group.

For more information, to check the dates of meetings/events, or if you would like support but are unable to attend the meetings Email: Lymingestrokesocial@gmail.com or Telephone: 07846 177 409

Dates for next meetings 2nd and 16th September





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HALL



ENTRY IS ONLY £4 pp! SATURDAY 19th OCTOBER

FUN AUTUMN QUIZ

ETCHINGHILL VILLAGE HALL

Doors open 6.45 pm - 7 pm start

AN ETCHINGHILL RESIDENTS'
ASSOCIATION EVENT



HAVE A GREAT TIME!

Join us for our Fun Autumn Quiz with a mix of general knowledge, themed & musical questions

The quiz is always a fun & very popular event so please book early - to reserve a table please contact Geraldine by email: gpmccombe49@gmail.com or call 07544 670363

In the interest of fair play, please ensure there are no more than 6 players in each team

Entry fees are payable on the night - no charge for full time students or children aged under 18

Please bring your own snacks and refreshments as the kitchen will be closed

Raffle prize donations will be gratefully received - please contact Geraldine to arrange

Funds raised will be used by the ERA for the benefit of the local community or various national & local charities





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- For more information please visit my website: <u>annasanimalphysio.co.uk</u> or feel free to contact me on 07944 606453 or <u>anna@annasanimalphysio.co.uk</u>
- · Why not follow me on social media:

Instagram: <u>@annas_animal_physiotherapy</u>, Facebook: <u>@annasanimalphysiotherapy</u>

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LYMINGE PARISH COUNCIL

Etchinghill - Lyminge - Rhodes Minnis

www.lymingeparishcouncil.org.uk clerk@lymingeparishcouncil.org.uk



Agendas, minutes and relevant reports are published on the council website. If you would like a copy of council documents please contact the clerk.

MERIDEN PARK:

Last month we reported that work would begin in September; the contractor has now informed us that the work will begin towards the end of October.

NEIGHBOURHOOD PLAN:

Our first official NHP committee meeting will be taking place on 12 September at 18:30 - venue to be confirmed.

RHODES MINNIS PLAY PARK:

We are holding a meeting to discuss the refurbishment of Rhodes Minnis play park. We are hoping this will be in the first week of October (date and venue to be finalised). If you would like to be involved please contact the Clerk, we are particularly keen to work with the residents of Rhodes Minnis on this!

ALLOTMENTS:

As mentioned previously, the allotments are currently having a bit of a make-over. In anticipation for the make-over being completed we will be starting to look at our waiting list and assign plots. At present the number of plots will be greater than the number on the waiting list. We know allotments can be time consuming so we have included some smaller plots for the hobby gardeners out there. If you would like to be added to our waiting list, please contact the Clerk and discuss your requirements! For those who aren't aware, our allotments are at the end of Fordred Lane in Rhodes Minnis.

GRANTS:

We were delighted to approve a grant for Etchinghill Village Hall recently. The grant is to help improve the hall and allow for even more activities to take place! We love supporting our community and are still welcoming grant requests. The form is available on our website or by contacting the Clerk.



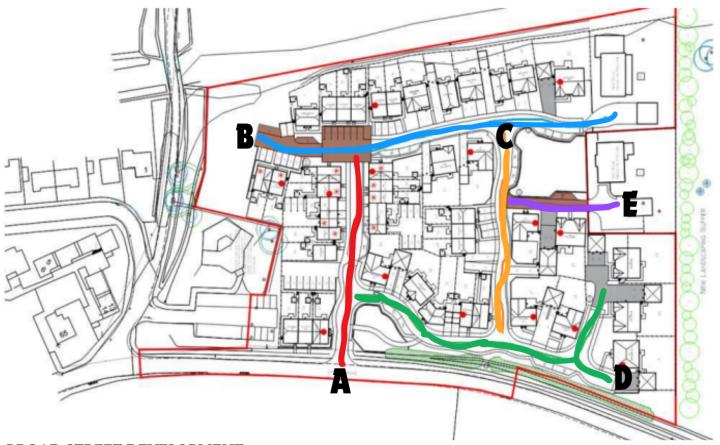


JOIN THE COUNCIL

We still have open spaces on the parish council and would welcome applications to join. Lyminge Parish Council is a rare council in that it has a very even spread of ages, abilities, sex and experience. Though being a councillor can seem nerve-wracking, it is an interesting and varied role and is less time consuming than you think! If you are interested in joining, come to our meetings and see what you think or email the Clerk!

CONTACT INFORMATION

General - clerk@lymingeparishcouncil.org.uk / 07999 403948 Handyman - fred@lymingeparishcouncil.org.uk



BROAD STREET DEVELOPMENT:

A few months ago we shared that we had worked with Lyminge Historical Society to produce suggested street names for the Broad Street development. It has been confirmed that all of the new names are names we suggested (subject to Royal Mail approval).

- A- Harrington Grove In honour of Duncan Harrington.
- B Eight Acres After the original field name.
- C Gessens Drive After the original field name.
- D Thistley Close After the original field name.
- E Rigden Mews After the family who originally owned Broad Street Farm.

While the development itself has been contentious, there is no denying that the new development will be linked to our rich history. We are thankful that Pentland Homes have worked with us on this.

SIBTON MEADOW CAMP SITE:

It has been brought to our attention that a short term camp site has opened in a field off Longage Hill. We are currently liaising with FHDC about this. So far it all appears to be above board but we will keep the parish updated on this as concerns have been raised.

UPCOMING MEETINGS

FINANCE AND ADMINISTRATION - 2 SEP - 18:30 - LYMINGE METHODIST CHURCH (LMC)
CLIMATE ACTION - 2 SEP - 19:30 - LYMINGE METHODIST CHURCH
FULL COUNCIL - 9 SEP - 19:00 - LYMINGE METHODIST CHURCH
NEIGHBOURHOOD PLAN - 12 SEP - 18:30 - VENUE TBC
PLANNING AND LICENCING - 26 SEP - 9:30 - ETCHINGHILL VILLAGE HALL





Thoughtful Food....

...is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We also run a community allotment in Lyminge and welcome new members.

Contact: thoughtfulfoodgroup@gmail.com or on Facebook and Instagram thoughtfulfoodgroup@gmail.com or on Facebook and Instagram thoughtfulfoodgroup@gmail.com or on Facebook and Instagram thoughtfulfoodgroup@gmail.com or on Facebook and Instagram thoughtfulfoodgroup

Next Thoughtful Food meeting, Tuesday 3rd September, 7.30pm, at the Coach and Horses Public House

It is with sadness that Thoughtful Food has had to cancel this year's Surplus Saturday due to be held on the 7th September due to a lack of surplus. This is usually a popular event on Tayne Field offering an opportunity for the local community to pick up surplus food grown nearby and pick up cooking and growing tips. Having said that the recent hot weather has really brought on growth and there may be informal offers of surplus. Check out our Facebook page.

This year's poor harvests have been a tangible wakeup call that we have to act now if we are to have any chance to preserve our precious and fragile earth. We will be launching a series of short articles in the newsletter around permaculture, a sustainable approach to life and gardening that mimics nature and works in harmony with natural cycles. Watch this space in future newsletters to find out more.

Ultra Processed Food Snack Replacement

Snacks have got a little out of hand, starting with a few biscuits at morning coffee, plus a piece of Millionaires' shortbread when you go shopping, add the afternoon Muller Corner with chocolate balls and to finish the evening, some Pringles while watching a film, and you are way-y-y-y into too much food, or more accurately, food like substances. Deciding to discard the Pringles and substitute real food has not been made easy for us. The food companies design products that we just can't have one of, and before you know it, the packet is emptyll Next month some main meal swaps to lessen LIPE

UPF Snack	Substitute
Biscuits with coffee	Homemade, low sugar biscuits. Make up a batches and freeze. Bring out as needed; cook from frozen.
Shop bought Yogurt	Purchase live yogurt that has no additives (Yeo, Tim's, Rachael's) the vanilla is often less sour and Greek style is thicker. Homemade yoghurt with added fresh or frozen berries.
Millionaires' shortbread and cake	Try and only frequent coffee shops that use homemade cakes. The Coffee Cabin in Lyminge is a great example.
Crisps to watch a film	Pop your own popcorn. Kale crisps. Carrot sticks with smashed avocado dip. Apple and cheese slices

is empty!! Next month some main meal swaps to lessen UPF consumption.

Tried and Tested Cooking Hacks

Last month this page featured how to easily make a basic tomato sauce. Here are a few ways to make use of your sauce. Hopefully you have some in the freezer, so it just needs defrosting!

Add some good quality stock, Kallo organic stock pastes are a good shout, some tomato puree. Liquidise. Instant tomato soup.

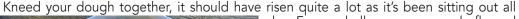
Add a tin of haricot beans or other pulses, some seasoning of your choice, tomato puree. Homemade made baked beans. If you want the beans to be orange like the Heinz variety cook them long and slow either on the hob, in the oven or in a slow cooker until the sauce becomes unctuous.

bortotti beans in water Sainsburys Cannellini beans in water Ay Sainsbury

PIZZAS!!!! Now this needs a little bit of planning but well worth it.

In the morning, in a large bowl make up a packet bread mix following the instructions on the packet. A packet will make 2 large thin pizzas so you might only need half a packet. The dough can be done in about 5-7 minutes as there is no measuring of ingredients and not too much mess to clean up. The packets do contain a few added ingredients but not much more than you would add to flour if you were making your own bread. Cover with a damp cloth and just leave, you don't need to worry about it being warm.

At dinner time. You will need a hot oven, so turn it on to 220°C. Oil a flat tray or pizza stone with good quality oil, doesn't have to be olive oil. Be quite liberal.





day. Form a ball on a generously floured surface. If you used half a packet, you should use half the dough per pizza. Roll, spin, pull, have fun making it into a flat circle around 12 inches diameter. Spread on your tomato sauce and then add your favourite toppings. Get the kids involved. Let them have a quarter, half or whole depending on how hungry they are.

Bake until all your cheese or whatever is golden and dough is cooked. Should be around ten to fifteen minutes.







All you need to know about Energy Performance Certificates (EPCs)

Much like the multi-coloured sticker on new appliances, Energy Performance Certificates (EPCs) tell you how energy efficient a building is.

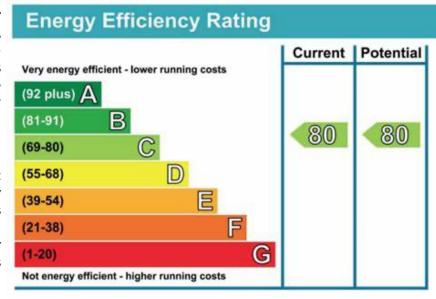
EPCs rate a home from A (very efficient) to G (inefficient). They'll tell you how costly it will be to heat and light your property, and what its carbon dioxide emissions are likely to be.

An EPC also includes information on what the energy efficiency rating could be if you made the recommended improvements. It also highlights cost effective ways to improve your EPC rating.

EPCs are legally required when selling or renting properties in the UK.

What each rating means for homeowners: A higher rating, like A or B, shows that the property is energy-efficient. This leads to lower fuel bills and reduced carbon emissions. On the other hand, a lower rating, such as F or G, indicates high energy use. This often results in higher running costs and a larger carbon footprint.

The impact of ratings on energy costs: Properties with better EPC ratings usually have lower energy costs. Such homes need less energy for heating, cooling, and lighting. Investing in energy efficiency improvements can boost a property's EPC rating. This can lead to decreased ongoing energy expenses.



To find out if your property has an EPC visit www.gov.uk/find-energy-certificate



Home Upgrade Grant

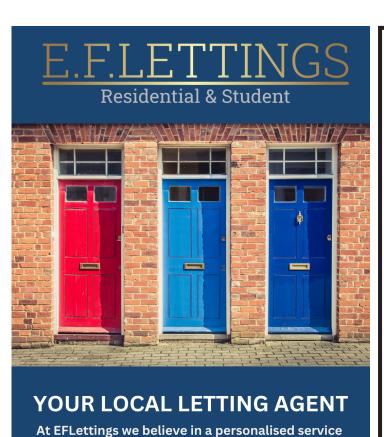
Time is running out to apply for free energy-saving home upgrades!

Householders have until the end of September to register an interest in the Home Upgrade Grant, so be sure to check you if are eligible and apply now.

Eligible homeowners could receive improvements to help save energy and cut energy bills.

Find out more www.hugapply.co.uk





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"When your children are teenagers, it's important to have a dog so that someone in the house is happy to see you."

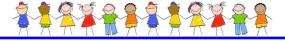
Nora Ephron

Etchinghill



10.15-11.30am every Wednesday at Etchinghill Village Hall £2.50 per child

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The Lyminge Association

We're here to support and develop our community!!

Contacts:

Chair: Peter Barnes 01303 863737 or

07808775302

pbarnes20@icloud.com

Deputy-chair: Dave Hunt-Cooke Treasurer: Martin Fry 01303 863177

martin@rhodesminnis.org.uk

Minute Sec: Heather Dunford

Committee Members:

Marian Chubb, Richard Chubb, Dave Hunt-Cooke, Stephen Guyatt, Gillian Heywood, Robin Mackonochie, Albane McGuinness, Derek Smith, Penny Stephens, Adrian Willcox, Bernie Wood Newsletter: As for Peter Barnes above.

Please contact the Chair if you need any financial support for your charity.

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There are route 17 buses at 0642, 0748, 0909, 0944, 1044, 1144, 1244, 1344, 1444, 1614 (schooldays only), 1619, 1704, 1804, and

SATURDAYS

There are route 17 buses at 0749, 0844, 0944, 1044, 1144, 1244, 1344, 1444, 1544, 1644, 1744, 1844, and 1929.

On Mondays to Saturdays there are also route 18 buses to Sandling Station & Hythe - for times see our website or call the number below.

SUNDAYS & BANK HOLIDAYS

There are route 17 buses at 1032, 1302, 1532 and 1802.

To Canterbury city centre via Elham, Barham & Bridge From Lyminge, Wesley Terrace

MONDAYS TO FRIDAYS except Bank Holidays

There are route 17 buses at 0727, 0752 (school holidays only), 0903, 1003, 1043, 1143, 1243, 1343, 1443, 1613, 1733, and 1858.

There are route 17 buses at 0742, 0842, 0943, 1043, 1143, 1243, 1343, 1443, 1543, 1643, 1743, and 1843.

On Mondays to Saturdays there are also route 18 buses to Canterbury via Stelling Minnis and Bossingha for times see our website or call the number below.

SUNDAYS & BANK HOLIDAYS

There are route 17 buses at 0903, 1133, 1403, and 1633.

These bus times apply from 25 September 2023.



U 0345 241 8000 ■ @StagecoachSE

CustomerhelpSE@stagecoachbus.com

Stagecoachbus.com

Coach & Horses





For bookings and any help needed, please phone 01303 901011 or check Facebook page 'Coach & Horses'



Lyminge Library Opening Times Monday 10am - 2pm

Tuesday 12noon - 5pm Wednesday 10am - 2pm Thursday 10am - 5pm Friday 10am - 2pm Saturday 9am - 1pm

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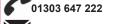
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Do you have any photos of local events or groups in action? If so, can you please forward them along with a few words to pbarnes20@icloud.com

LYMINGE THEN AND NOW

Our monthly look at how Lyminge has changed over the years, with thanks to Lyminge Historical Society.





Following July's Lyminge Then and Now, we are returning to Yew Tree Cross this month to look at it from another angle. The picture on the left is taken from a postcard franked with the date 19 September 1907. The photographer standing in front of the traffic then was in somewhat less danger than the photographer in 2024 who had to avoid cars swinging round the corner from Canterbury Road heading towards Sibton Park.

Prominent in the older photo on the left is what was known at the time as numbers 1 and 2 Sibton Gate, although in the 1921 Census it was called Mill Cottages. They were built sometime between 1840 and 1870. In 1911, no 1 was lived in by Alfred Wiles, a gamekeeper, and his wife Susan. No 2 was occupied by John Hooker, a widowed shepherd with his adult daughter Elizabeth and two sons Ernest and Claude. This building was demolished in the 1960s to make way for the bungalows that now front on to this stretch of road. Behind the cottages the White Windmill built in 1860 is visible. This was demolished in 1920 after it became unsafe. An older black windmill also used to stand close by, but this burned down in 1891.

The Sibton Park Estate was allowed to put gates on the road to prevent cattle from straying. These gates were normally kept closed into the late 1960s and traffic had to stop in order to open them. They were still standing into the 1990s, though by then they were kept permanently open. They have since decayed to nothing and there are no traces left. Fragments of the metal estate fencing, clearly visible and intact in the older photograph can however still be seen.

Rhodes Minnis Village Hall Summer Show

Our August Summer Show was a great success with entries way above previous years. It has been a challenging time with so much rain earlier in the year followed by a lack of it during the past few months. However, we are grateful to

all the people that take the time to enter and make it possible for us to continue.



Harrowing Cup - Dorothy Athow – Exhibitor with most points in the show.

Bennett Shield - Sara Packer - Best exhibit in the show.

Saxby Cup - Colin Lambert - Most points in the Vegetable section.

Wiltshire Cup – Dorothy Athow - Most points in the Flower section.

Griffiths Cup – Carol Lambert – Most points in the Domestic section. **Woodruff Trophy** – Gill Broadley - Most points in the Floral Art section.

RMSC Trophy - Colin Lambert - Most points in the Photographic section.

Athow Tankard - Dorothy Athow/Gill Broadley - Most points in the Craft section.

Killick Cup – John Packer – Sweet Peas.

Flack Cup - Carol Lambert - Perfumed Rose

DT Brown Cup – Rebecca Austin – 3 Stages of a bloom

Lyminge Gardeners' Society Summer Show

Lyminge Gardeners' Summer Show took place on 20th July and despite the challenges of this year's weather was well supported with wonderful flowers and floral art as well as baked goods, photographs and vegetables. There was also very successful plant sale along with home-made cake for visitors in the afternoon.



Lyminge Library Garden Project

We would like to say a massive thank you to our volunteers, Veronica and Linda, who have transformed the front and back garden of the library. Their hard work has created a lovely space for the community to come and enjoy.

Thank you also to the Lyminge Association who provided funding to the individuals involved, to the Gardeners' Society and Maureen Lewsey who provided plants, to Mr and Mrs Laverty for their benches, to Fred from the Parish Council for making them look new and shiny and to other members of the Lyminge community who have provided garden items.











Lyminge Friends Summer Lunch

Lyminge Friends hosted a lovely Summer Lunch on the 8 August and the sun actually shone. It was held at Lyminge Church and the Rector, Carol Bates, joined the group. Everyone ON enjoyed great food generously donated by members of Lyminge Friends and local friends and families. Lyminge Friends made a donation to the church to thank them for kindly allowing us to use the Church and gardens. A good time was had by all.





Cricket Success at Sibton Park

As the sun came down on yet another successful junior cricket week and the live music continued into the night, there was no other place to be at the end of a gorgeous summer's evening than the stunning Sibton Park Cricket Club. With over 35 games of cricket played and countless runs scored, there was a lot to celebrate.

Sibton Park Cricket Club

It has been another impressive season for all involved at Sibton Park Cricket Club, in particular the ever-growing junior section. This year the junior section has grown

to over 70 children that turn up every Friday evening, come rain or shine, to practise, with this year proving that 'practice really does make perfect'.

All teams have had their own successes in one shape or form. The Under 15s squad won both the Ashford U16 B league and the Saxon Shore U15 League whilst the U13s won the Ashford U13 A League and came 1st and 2nd in the Saxon Shore U13 League. Not to be outdone in their first season together

the U11 and U9 teams both celebrated their first wins and are both





through to the finals of the Kent Forty Softball Tournament in September. Some of our older juniors have also enjoyed their first season playing in the seniors for our new Saturday 2s team and are doing incredibly well. I hope you can agree that there is no other club in Kent as beautiful as the one we have on our doorstep. No matter what age you are, if you are interested in cricket please come and support our family friendly club. Junior training continues every Friday night throughout the summer from 6pm-7:30pm, with the bar open to enjoy. There are home matches for the senior teams every Saturday.