

# HE LYMING For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

### Produced by THE LYMINGE ASSOCIATION **October 2024** www.lyminge.org.uk From The Lyminge Association



FUN AUTUMN QUIZ

SATURDAY 19th OCTOBER

ETCHINGHILL VILLAGE HALL

Doors open 6.45 pm - 7 pm start

ENTRY IS ONLY

£4 pp!

AN ETCHINGHILL RESIDENTS' ASSOCIATION EVENT



HAVE A GREAT TIME!

Join us for our Fun Autumn Quiz with a mix of general knowledge, themed & musical questions

The quiz is always a fun & very popular event so please book early - to reserve a table please contact Geraldine by email: gpmccombe49@gmail.com or call 07544 670363

In the interest of fair play, please ensure there are no more than 6 players in each team

Entry fees are payable on the night - no charge for full time students or children aged under 18

Please bring your own snacks and refreshments as the kitchen will be closed

Raffle prize donations will be gratefully received - please contact Geraldine to arrange

Funds raised will be used by the ERA for the benefit of the local community or various national & local charities



# **Margaret Saunders' Meanderings**

From my house I can see the hills opposite, on the eastern side of the valley and I like to look at them at different times of the day and in different lights. Today, I have decided to walk up to the top of that side of the valley, where grey clouds are hovering with a hint of menace. However, the rest of the sky is blue with a scattering of white clouds.

Taking footpaths down into the village I cross the main road into North Lyminge past dwellings old and new and for a few yards I walk alongside the Nailbourne, now in its Summer mode of slow movement, which at this point is only visible by light flickering on the surface through the trees. A little further along the gradient must be slightly steeper as it begins to tumble and at one point, even to gurgle.

I turn right onto the Bridle Path where deep shadow has cooled the air. Sunk between two banks the path climbs gently but steadily. Spikes of cuckoo-pint, or lords-and-ladies, push up, their brilliant red berries in stark contrast to the deep greens which surround them. Passing through the gate I am now on a narrow footpath with partial shade from my right and open fields full of sheep to my left. Blackberry bushes are still in flower on this north facing path and I wonder if they will ever come to fruit this late in the season. A few thistles are growing from the base of the wire fence and the pale pink and white flowers of bindweed cover the ground on my right, but apart from these flowers, no others are visible. Summer is moving on and flowers are becoming scarce. There is no breeze here as the path is in the lea of the westerly wind.

Ahead of me is a gate leading into a wide, open field populated by sheep and I know this is one of the fields I can



see from my house. A faint track shows me which direction to take. Silence is all around me except for the sound of my feet brushing through the crisp dry grass. Grateful for the stronger cooling breeze I am now in full sunshine and the early afternoon heat is surprisingly intense. Pylons stride across the fields, tall and strong. I turn to look back at 'my' side of the valley. How different it looks with houses here and there along the valley road, smaller fields and plenty of trees. This eastern side is more open, more remote and has little known

treasures – small valleys hidden from view that only become apparent when the land is walked. The silence is intense and beautiful. A buzzard circles overhead, black against the sky.

Adjacent to the next gate a notice warns me that I am entering MOD land which is used as army training ground. I am to keep to the path and not touch any suspicious objects. From here onwards the path becomes steeper as it climbs towards the top of the valley. At one side of the path, brambles grow tall and plentiful and wild marjoram has tucked itself into the base of this jumble,





attracting meadow brown butterflies, easy to identify as they fold their wings when they land. I rub some of the leaves between finger and thumb and inhale the pungency of the herb. Behind is a steep bank covered with trees, some of which at the edge grow out at right angles. Hawes on hawthorn trees are ripening to orange as nature prepares itself

for Autumn and Winter. It is very dark in amongst these trees but I can see patches of earth in places which have had army boots sliding down the banks as the soldiers,

some of them Ukrainian or Gurkhas from Nepal, train for active service. As the grass path turns into a gravelled track, there is open sky ahead of me and it is not long before I am at the top of the valley at Shuttlesfield Farm. Here the land flattens for some distance and fields are smaller than those behind me. Farm machinery is all around, some well camouflaged by clumps of thistles from which feather-like thistledown emerges, gathering speed as they enter the drift of the wind. Further along, round hay bales from a previous



harvest are home to outcrops of rosebay-willowherb, a flower I always associate with the fading days of Summer. Sheep scatter ahead of me on the bridle path, leaving their resting places amongst the shade of small scrubby trees. It feels like another world up here. The farm is at the end of a track which leads no further and sheep are everywhere but at times it will sound like a battlefield when the army is on manoeuvres.

The grey clouds that I had previously seen hanging over this area have disappeared and the sky is now full of interesting cloud shapes. I will look at the hills with different eyes, as I can now picture the contours that lie behind the view.

Editor: pbarnes20@icloud.com

# **Diary of Forthcoming Events**

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to pbarnes20@icloud.com.plus.com or via methods outlined on Page 4.

#### Location and name codes below:

### **One-Off Events**

| Da   | ite     | Time    | Event  | Where    | Tel. No.     | Date   | Time             | Event                                    | Where | Tel. No.     |
|------|---------|---------|--|----------|--------------|--------|------------------|--|-------|--------------|
| 01-0 | Oct 1   | 10am    | Digital Support                                  | AUKL     | 269602       | 04-Nov | 11am/2pm         | Tommy Tea                                | LPC   | See P14      |
| 10-0 | Oct 12  | 2.30pm  | Dementia Cafe                                    | AUKL     | 269602       | 09-Nov | 10am             | Coffee and Cake Morning                  | PC    |              |
| 10-  | Oct 6   | .30pm   | Neighbourhood Plan Meeting                       | EVH      |              | 12-Nov | 7.30pm           | RMVH AGM                                 | RMVH  |              |
| 10-0 | Oct 7   | .30pm   | Lyminge Association AGM                          | LVH      | 863737       | 26-Nov | 10am             | Scrabble & Dominoes                      | LBC   | 862073       |
| 12-0 |         | 10am    | Coffee and Cake Morning                          | PC       |              | 01-Dec | 4.45 pm          | Christmas Lights Switch On               | EVH   | 07544 670363 |
| 18-0 |         | ).30a m | Breast Cancer Coffee Morning                     | LPC      | See P11      | 01-Dec |                  | Mount Pleasant Christmas Lights          |       |              |
| 19-0 |         | .45pm   | Fun Autumn Quiz                                  | EVH      | 07544 670363 | 07-Dec | 10am             | Christmas Craft Fair                     | LVH   |              |
| 22-0 | Oct 1   | 10am    | Scrabble & Dominoes                              | LBC      | 862073       | 08-Dec | 11am             | Community Christmas Gathering            | LPC   | 862073       |
| 26-0 | Oct 6   | .30pm   | Fundraising Quiz, School<br>Trip to SA (see P12) | LVH      | 07921834547  | 08-Dec | 6.30pm           | ERA AGM                                  | EVH   | 07544 670363 |
| 31-0 |         | 6pm     | Elham Christmas Market                           | Elham VH | 840430       | 13-Dec | 7pm              | Music on a Friday -<br>Christmas Concert | LPC   |              |
| 02-1 | Nov 1   | l1am    | Coffee Concert                                   | LMC      | See P14      | 14-Dec | 4pm              | Cantores - Christmas Concert             | LVH   |              |
|      |         |         |  |          | Weekly       | Eve    | nts              |  |       |              |
| Day  | Time    |         | Event  | Where    | Tel. No.     | Day    | Time             | Event                                    | Where | Tel. No.     |
| Mon  | 10am    |         | Dementia Daybreak                                | AUKL     | 269602       | Wed    | 10am             | Dementia Day Break                       | AUKL  | 269602       |
| Mon  | 10am    |         | Bridge Club                                      | LBC      | 863177       | Wed    | 10am             | Baby/Toddler Group                       | EVH   | 07817777975  |
| Mon  | 10.30am | Main    | tenance Cognitive Stimulation<br>Therapy (MCST)  | AUKL     | 269602       | Wed    | 11am             | Singing For All (term time only)         | AUKL  | 269602       |
| Mon  | 10.30am | i Ly    | /minge Larks (Singing)                           | LMC      | 07951572920  | Wed    | 7pm              | Tayne Centre Circuits                    | тс    | 07925982995  |
|      | 10.30am |         | romatic Greys Art Class                          | EVH      | 07783575802  | Wed    | 7.30pm           | Cantores Dominicae Choir                 | LVH   | 07778 333339 |
| Mon  | 1pm     |         | Lyminge Knitters                                 | AUKL     | 269602       | Thurs  | 10am             | Boxfit (non-contact)                     | AUKL  | 269602       |
|      | 1.30pm  | Main    | tenance Cognitive Stimulation<br>Therapy (MCST)  | AUKL     | 269602       | Thurs  | 10am             | Dementia Day Break                       | AUKL  | 269602       |
| Mon  | 5.15pm  |         | Pilates  | EVH      | 07951608008  | Thurs  | 10am             | Lyminge Morning Art Group                | EVH   | 01303211364  |
|      | 6.15pm  |         | Pilates  | EVH      | 07951608008  |        | 10.15am          | Baby Rhyme Time                          | LL    | 03000413131  |
| Mon  | 6.30pm  | Ballr   | oom/Latin/Salsa Dancing                          | TC       | 07966751991  |        |                  | Streetz to Streetz (fish and chips)      |       | 07955926835  |
| Mon  |         | Dam     | Judo Club  | LVH      | 07369225021  | Thurs  | 2pm              | Lyminge Afternoon Art Group              | TC    | 07870494644  |
| Mon  | 7pm     |         | Yoga   | RMV      | 07977503897  | Thurs  | 5pm              | Pilates                                  | тс    | 07951608008  |
| Tues | 9am     |         | Seated Yoga                                      | AUKL     | 269602       | Thurs  | 6.15pm           | Pilates                                  | TC    | 07951608008  |
| Tues | 9.30am  |         | Tai Chi Qigong                                   | EVH      | 07402203239  | Thurs  | 7pm              | Short Mat Bowls                          | LVH   | 863842       |
| Tues | 10am    | Lymir   | nge Baby & Toddler Group                         | TC       | 07870405567  | Thurs  | 7.30pm           | Ballroom and Latin Dancing               | EVH   | 07967979610  |
| Tues | 10am    |         | Painting and Drawing                             | AUKL     | 269602       | Fri    | 8am              | Chiropody (appointment only)             | AUKL  | 269602       |
| Tues | 10am    |         | Dementia Day Break                               | AUKL     | 269602       | Fri    | 9am              | Pilates with Katherine                   | AUKL  | 269602       |
|      | 11.45am |         | Pilates  | EVH      | 07834839801  | Fri    | 9.30am           | Dementia & Me Unit                       | AUKL  | 269602       |
|      | 1.45pm  |         | Pickleball                                       | EVH      | 862696       | Fri    | 9.30am<br>9.15am | Nikki Barratt Art Group                  | EVH   | 07870494644  |
|      | 3pm     |         | Seated Yoga                                      | AUKL     | 269602       | Fri    | 10am             | Dementia Day Break                       | AUKL  | 269602       |
| Tues |         |         | Ŭ  | Cottee   | 209002       |        |                  | ,  |       |              |
| Tues | 6pm     |         | Board Games Night                                | Cabin    |              | Fri    | 10am             | Painting and Drawing                     | AUKL  | 269602       |
| Tues | 6.45pm  |         | Short Mat Bowls                                  | LVH      | 863842       | Fri    | 10.15am          | Talk Time                                | LL    | 03000413131  |
| Tues | 7pm     |         | Bridge Club                                      | EVH      | 07790160476  | Fri    | 10.30am          | Main Cog Stim Therapy (MCST)             | AUKL  | 269602       |
| Wed  | 8am     |         | Pilates  | тс       | 07951698008  | Fri    | 6pm              | Junior Cricket Training Sessions         | SPCC  | 07869283195  |
| Wed  | 9am     |         | All Day Breakfast                                | AUKL     | 269602       | Fri    | 7pm              | Table Tennis                             | EVH   |              |
| Wed  | 10am    |         | Pilates  | тс       | 07825109670  |        |                  |  |       |              |

#### **Monthly Events**

|                       |        |                          |                       | •••••••••••••••••••••••••••••••••••••• |                     |         |                             |       |              |
|-----------------------|--------|--------------------------|-----------------------|--|---------------------|---------|-----------------------------|-------|--------------|
| When                  | Time   | Event                    | Where                 | Tel. No.                               | When                | Time    | Event                       | Where | Tel. No.     |
| 1st Mon               | 2pm    | RBL, Elham Valley Branch | St Mary's Ha<br>Elham | 862508                                 | Last Tues           | 10.30am | Lyminge Poetry Group        | LL    | 03000413131  |
| 1st Mon               | 10am   | Stroke Support Group     | C&H                   | 07903150099                            | 1st Wed             | 10.30am | Lyminge Friends             | тс    | 862598       |
| 2nd Mon               | 7pm    | Parish Council Meeting   | TC                    | 07544670363                            | 1st Wed             | 2pm     | Bingo                       | EVH   |              |
| 3rd Mon               | 7pm    | Etchinghill Cinema Club  | EVH                   | 07903150099                            | 4th Wed             | 2.30pm  | RM Circle                   | RVH   | 862913       |
| 3rd Monday            | 10am   | Stroke Support Group     | C&H                   | 07715221705                            | Last Wed            | 7.30pm  | Quiz Night                  | C&H   | 01303901011  |
| 1st Tues              | 2pm    | Library Reading Group    | LL                    | 03000413131                            | 2nd Sat             | 10am    | Postling Ch. Coffee Morning | PC    | 863536       |
| 1st Tues <sup>3</sup> | 7.30pm | LHS Talk/Event           | TC                    | 863879                                 | 2nd Sat             | 10am    | Ethelburga Quilters         | EVH   |              |
| 2nd Tues              | 2pm    | Library Reading Group    | LL                    | 03000413131                            | 4th Sun             | 9.30am  | Farmers' Market             | LVH   |              |
| 3rd Tues <sup>2</sup> | 7.30pm | Gardeners' Society       | TC                    | 07703149008                            | 3 monthly<br>Sunday | 10am    | Blue Kangaroo Baby Class    | EVH   | 07800 737936 |

<sup>1</sup> In term time only <sup>2</sup> Except Jan and Feb <sup>3</sup> Except Jan, Feb, and trip in Aug <sup>4</sup> Except Aug and Dec <sup>5</sup>Not held in August \*\* Every three months

AUKL Age UK Lyminge; C&H: Coach & Horses; EVH: Etchinghill Village Hall; ELVH: Elham Village Hall, ERA: Etchinghill Residents' Association; ES: Elham Square, EVLT: Elham Valley Line Trust, JF: Jubilee Field; KH: Korf House; LB: Laing Bennett; LBC: Bowls Club; LL: Library; LMC: Lyminge Methodist Church; LPC: Lyminge Parish Church; LPS: Lyminge Primary School; LVH: Lyminge Village Hall; LW: Lord Whisky; NP: Nailbourne Court; PC: Postling Church; PH: Lord Whisky, Park House; PVH: Postling Village Hall; RVH: Rhodes Minnis Village Hall; RMC: Rhodes Minnis Church; RMCS: Rhodes Minnis Cat Sanctuary; RR: Rigden Room; SMVH: Stelling Minnis Village Hall, SNL: See Newsletter for info; SP: Sibton Park; SPCC: Sibton Park Cricket Club; TC: Tayne Centre; TF: Tayne Field; WF: Well Field

Editor: pbarnes20@icloud.com



### St Mary and St Ethelburga Parish Church, Lyminge

### 6th October

Lyminge 10am WOW Service Paddlesworth 6pm Evensong (BCP) **13th October** Lyminge 11am Joint Harvest Thanksgiving in Methodist Church 6pm Choral Evensong(BCP) **Friday 18th October** Lyminge Coffee Morning for Breast Cancer Charity **20th October** Lyminge 10am Holy Communion (CW1)

Paddlesworth 6pm Evensong (BCP)

27th October

Paddlesworth 8am Holy Communion Lyminge 10am Family Praise

**3rd November** 

Lyminge 10am WOW Service

Paddlesworth 6pm Evensong (BCP)

If more information is required please contact the Church Wardens, Derek Smith 01303 862508 or Mike Chinneck 01303 863911

#### **Rector's Message**

Dear Villagers,

It is delightful to be invited along to so many village gatherings and events: Summer Fairs, community lunches, well-being groups and in September I attended the launch of a new Community Shed group in Elham.



In all these activities we seek for the peace

and well-being of the communities in which we live – not just for ourselves and our families but for all who live here.

This is a God given directive, 'But seek the welfare of the city ...... and pray to the Lord on its behalf, for in its welfare you will find your welfare' (Jeremiah 29:7).

May our communities know God's blessing and peace. May they be places where everyone can flourish.

### God bless you. *Rev'd Carol Bates*

# Lyminge Methodist Church

A warm welcome awaits you at the following services to be held at **11am**, followed by a time of refreshment and fellowship.

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|--------------------|---------------------------------------|
| 6th October        | Mr Dwight Harris                      |
| 13th October       | Rev Gill Songer – Harvest Festival:   |
|                    | United Service with our Parish Church |
|                    | and village friends                   |
| 20th October       | Mr David Songer                       |
| 27th October       | 10.15am Valley Service: Rev Adrian    |
|                    | Roux (incl. Holy Communion)           |
| 3rd November       | Rev Kevin Taylor                      |
|                    |                                       |

## **Rhodes Minnis Chapel**

A warm welcome is extended to anyone who wishes to join us for the following services at 9.30am in our small and beautiful Chapel and to share fellowship after the services over coffee and biscuits.

| to share renowship | alter the services over conee and biscur |
|--------------------|--|
| 6th October        | Mr Dwight Harris                         |
| 13th October       | Mr Ralph Bradshaw                        |
| 20th October       | Mr David Songer – includes Holy          |
|                    | Communion                                |
| 27th October       | A united Valley Service will be held at  |
|                    | 10.15am at Lyminge with Holy             |
|                    | Communion, led by Revd Adrian Roux       |
| 3rd November       | Revd Kevin Taylor                        |
|                    | -  |

### **Postling Church Services**

| 0pm Harvest service |
|---------------------|
| 0am Morning service |
| 0am Holy Communion  |
| service in Postling |
|                     |

# Lyminge Newsletter

### Terms & Conditions: Copy deadline for next edition - 18 October 2024

Please email your copy to the editor (**pbarnes20@icloud.com**). Your payment must be received before your article or advert can appear in the Newsletter. Invoices will be issued and should be paid ASAP either by BACs, cheque, credit card or cash (details on invoice). **Business adverts** cost from £9.50 per month or £95.00 per year. **Personal and charity adverts and articles** from £3 per month, or £30.00 per year. The annual rate offers 12 entries for the price of 10. Please make cheques payable to **'The Lyminge Association**'. If you do not have email, a typed paper-copy may be left with the payment at the Library. The Newsletter is printed by Canterbury Print & Mail.

Lyminge Association accepts no liability for the accuracy of the advertisements or subsequent actions arising in conjunction with advertisers in the newsletter.

Further details from Peter Barnes (editor) on 01303 863737 or pbarnes20@icloud.com

## District Councillors' Update - October 2024

**Waste collection service** – there have been some issues with collection of waste from several properties in the North Downs West Ward. These seem to have been resolved but if anyone does have a problem with waste collection please do let me know.

**Folkestone Sports Centre** – this is now in the hands of the Administrators. Local residents are anxiously awaiting further details, particularly in relation to the swimming pool and ski centre.



Annual Canvass – FHDC has just started the annual canvass, a statutory requirement, to ensure the

electoral register is up-to-date. Residents will either receive an email about this or – if the council does not have your email address – a paper form through your letterbox. Households should read the instructions carefully as there may not be a need to respond. More information about the process can be found on the council's website.

**My Community Voice** – (Kent Police Local Policing team) Book your Fraud Protect Presentation - The Fraud Prevent and Protect Officer is keen to give presentations to organisations and community groups on how to protect yourselves from the threat of scams and avoid criminals stealing your money. These can be tapered for the needs and requirements of any group and can be booked for anytime in the future. If you are part of or in charge of any groups, including businesses that would benefit from this input, then please contact Stephen Kelly at <u>Stephen.kelly@kent.police.uk</u> **Ticket Fraud** Many of you may have been unsuccessful in obtaining tickets for next year's Oasis concerts. It is important now if you are looking on-line for tickets being sold second hand that you do not end up "looking back in anger" from buying fake Oasis tickets. Criminals will see this as a wonderful opportunity to advertise fake tickets for sale via social media etc. Be vigilant, avoid clicking on suspicious links and only ever use authorised ticket agents to buy tickets. For further information on ticket fraud visit the Action Fraud Website - Ticket fraud | Action Fraud.

**Radnor Lodge Tea Room** – FHDC is seeking offers from interested parties wanting to take on the Radnor Lodge tearoom in Folkestone. The lease contract allows trading from the tearoom between 9am and 7pm every day and permits the selling of hot (warmed through only) and cold food, non-alcoholic beverages, and ice cream (or any combination of these). For further information contact <u>mhairi.richards@folkestone-hythe.gov.uk</u>

Contact: jenny.hollingsbee@folkestone-hythe.gov.uk Mobile 07887918458 X (Twitter) @jennyhollingsbe

F&HDC has launched a new campaign called Raise the Rate which aims to improve the District's current recycling rate of 44.6% by encouraging residents to be extra careful about putting the right things in the correct bins. As part of the campaign an A-Z guide for recycling and waste page has been launched along with details for recycling and waste resources. See F&HDC's website for details

Sibton Meadows is being advertised on a camping website and motorhomes and tents have been seen on it. The Enforcement Officer told me that the use of land for a recreational campsite for not more than 60 days in a year is permitted and therefore it is not in breach of planning control. The District is facilitating both the Autumn Well Event and the Winter Well Event again this year. The Autumn Well Event is being held on the 20th September in Hythe and the Winter Well Event is being held on 27th November in Folkestone. These events are a one stop shop morning providing advice and help from a range of agencies.

F&HDC is launching their annual canvass in October and November for 2024. This is a legal requirement to make sure the electoral register is accurate and up to date every year. Please check and make sure your details are correct if you are contacted to do so.

KCC is consulting on its statutory Local Transport Plan. The consultation is open until October 8th 2024. All the details of the draft Local Transport Plan and how to respond are on the KCC website at www.kent.gov.uk/ltp5. The Local Transport Plan sets out KCC's priorities for transport investment in the county as whole and across the district.

Contact: <a href="mailto:elaine.martin@folkestone-hythe.gov.uk">elaine.martin@folkestone-hythe.gov.uk</a>

### **Etchinghill Update - October 2024**

### **ETCHINGHILL RESIDENTS' ASSOCIATION (ERA)**

Chairman: David McCombe - 07939 076617 E-mail: <u>dmccombel@gmail.com</u> Website: <u>www.etchinghill.info</u> Facebook: Etchinghill Residents

ERA FILM NIGHT AT ETCHINGHILL VILLAGE HALL - MONDAY 21 OCTOBER - FILM STARTS AT 7.30 PM - DOORS OPEN 7 PM. "OPERATION MINCEMEAT" (12). Drama /

**War** starring Colin Firth, Matthew Macfadyen and Kelly Macdonald. It's 1943 and the Allies are determined to break Hitler's grip on occupied Europe and plan to launch an allout assault on Sicily, but they face an impossible challenge - how to protect the invasion force from potential annihilation. Two intelligence officers, Ewen Montagu and Charles Cholmondeley, formulate the most inspired and improbable disinformation strategy of the war, centred on the most unlikely of secret agents: a dead man. This is an extraordinary, gripping and true story. Entry fee is only £6 pp and includes a glass of wine, tea or coffee with biscuits and entry into a free raffle. New members are welcome, simply register and pay on the night - no need to book.

**ERA FUN QUIZ - ETCHINGHILL VILLAGE HALL - - SATURDAY 19TH OCTOBER -DOORS OPEN AT 6.45 PM FOR A 7 PM START.** We are already receiving bookings, so please reserve your table soon as this is always a popular event. TO ENSURE FAIR PLAY, 6 PERSONS PER TEAM MAXIMUM PLEASE. Entry is only £4 pp (no charge for children under the age of 18 or full time students). Please remember to bring your own refreshments as the kitchen will be closed. To reserve a table, or to donate a raffle prize, please contact Geraldine on 07544 670363 or email her - <u>gpmccombe49@gmail.com</u>



News contact: Jacqui Blandford – 07543 966830 or email: jacqui.blandford@gmail.com



#### LYMINGE HISTORICAL SOCIETY

Our next meeting will be at 7.30pm on Tuesday 1 October at The Tayne Centre, Church Road, Lyminge CT18 8JA



Lyminge School Photo 1955 (from the collection of Lyminge Historical Society) Lyminge School Photo 1955 (from the collection of Lyminge Historical Society)

### The Age of Blackboards and Chalk: Life in local rural schools before the 1960s

#### Speaker: Kevin Bailey of Hythe Museum

Members Free New members and visitors are always welcome Visitors: £4 Payable on the door

All our publications, including our latest volume Lyminge a History Part 13, are on sale at our meetings. We accept payments by cash or card.

FORTHCOMING MEETINGS 5 November: 'The Shepe hath payed it all' - the English wool industry by Anne Beecham 3 December: AGM and 'A distinguished example of worth and excellence' - the Shorncliffe hero who saved Wellington's career by Rob Baldwin



Cost new April 2023 £1795 Lightweight Aluminium Frame dismantles to 4 pieces to fit in car boot Lithium-ion Battery

Contact Brian on 01303 901023 for viewing/demo

### **Rhodes Minnis Circle**

We were all deeply saddened to lose our member Daphne Andrews in August. Daphne is missed for her enthusiastic contribution to our group's meetings and as a committee member and dear friend to so many. She had been Treasurer for a number of decades and the books were of course meticulously up to date when she handed them over earlier in the year. We would like to express our gratitude to her for everything she did for our group and for so many others in the community, she was a very special lady.

On 23rd October the novelist **Emma Batten** will be speaking about the Saxons in Lyminge.

We normally meet at Rhodes Minnis Village Hall at 2.30pm and visitors are always welcome. For further information contact:

#### Lis Hirlemann 07590 913856

# A Little More Joy Eco-friendly gift boxes





Vibrant, environmentally conscious gift boxes that are kind to the planet. We also have a build your own option for a more bespoke gift.

> 10% Discount on your first order (**welcome10**). Local collection (Lyminge) can be arranged via email.

#### Contact details

<u>Website:</u> www.alittlemorejoy.co.uk Email: alittlemorejoyuk@outlook.com



#### MEDITATION COURSES

More and more people are learning to use the skills of meditation and their breathing as a way of supporting their health and wellbeing, keeping their minds fit and regulating their nervous systems.

I invite you to join me on my next Mindfulness Meditation Course Commencing Saturday 5<sup>th</sup> October 2024 Ending Saturday 23<sup>rd</sup> November 2024 10.00am – 12.30pm for 8 Sessions Location: The Committee Room, Lympne Village Hall

<u>Alternatively, on a WEEKDAY EVENING</u> Commencing Thursday 3<sup>rd</sup> October 2024 Ending Thursday 21<sup>st</sup> November 2024 6.00pm – 8.30pm Location: The Committee Room, Lympne Village Hall

> For more information and to book a place Contact Ellen: 07740857109 Email: <u>ejgarrard2712@gmail.com</u> https://ellengarrard.co.uk/



Morning Coffee

# The POSTLING COFFEE & CAKE MORNING IN AID OF THE PILGRIMS HOSPICE

Saturday 12th October 10am to 12noon at Postling Church ALL DONATIONS GO TO THE PILGRIMS HOSPICE IN THEIR ENTIRETY - PLEASE BRING CASH

# ETCHINGHILL RESIDENTS<sup>•</sup> ASSOCIATION Film Night

"Operation Mincemeat" Rated 12 Monday 21st October Etchinghill Village Hall - 7 for 7.30pm Entrance Fee £6pp Open to new and existing members Free Refreshments and Raffle



# Fretprints

### Children's Musculoskeletal & Orthopaedic Physiotherapy

I am an Advanced Practice Children's Physiotherapist in Musculoskeletal and Orthopaedics, specialising in children between the ages of 0-16 years.

Please get in touch for more information on how I may be able to help your little one.

## Call Lucy: 07841 518234

lucy@footprintschildrensphysio.co.uk www.footprintschildrensphysio.co.uk





### **Danny Price - RIP**

I am very sad to announce the death of Danny Price, who ran the Lyminge French Conversation Group for many years.

Danny always made these meetings varied and entertaining, as well as instructive; and his fiendish French crosswords were legendary for members of the group!

A quiet, gentle and kindly man, and a great lover of nature, he was a true gentleman, and will be much missed. We all felt it a privilege to have known him.

Danny had many other interests, and had one of the most enquiring minds of anyone I have ever met. As well as being an excellent French scholar he studied other languages, not least Gaelic. He was also a clarinettist, weaver and accomplished maker of breads and cheeses, to name but a few accomplishments.

He lived with his wife June in Etchinghill from the 1970s, until a recent move to Dymchurch. He raised his children Lorna and Philip there, and our thoughts are with them and June at this time.





BALLROOM & LATIN DANCING

Cha Cha Cha ~Waltz ~ Jive ~ Quickstep ~ Rumba ~ Foxtrot and more

# Etchinghill Village Hall

**New Beginner Class** Commencing 10 October 2024 Thursdays 7.30 - 8.30pm **Improver Class** Thursdays 8.30 - 9.30 pm £7 per person per hour Bring your two left feet and your sense of humour. Get FIT, get HEALTHY & get DANCING Partners not necessary Xmas buffet party 19 December 2024 Everyone welcome To join any of the classes, or for further details, or information about private lessons, contact Lynn on 07967979610 lynn.chapman0127@btinternet.com IDTA (AB), (AL), (SalDip)

Editor: pbarnes20@icloud.com

Tel: 01303 863737





### Fifth Trust Update

www.fifthtrust.co.uk

**Free half-term Halloween hunt:** Fly your little wizards and witches down to our Vineyard Garden Centre between 26 October and 3 November, 10am-3pm. If they find all the monsters lurking around the garden centre, they'll win a ghastly prize! Why not increase their chances with a go at our new lucky dip – only £1.

**Care & share:** If you have a family member with learning disabilities, you are warmly invited to join the Care & Share group on Thursday 7 November from 9am at our Vineyard Café. At this session, Andy Roberts will be delivering an insightful talk covering a range of important topics. Andy brings over 13 years of experience, specialising in Social Security and Child Support Tribunals. He will also discuss the PIP application process, etc. Please get in touch with Jacqui at jacklabell@aol.com if you are interested in attending.



Hythe Aqua Swimming Club has vacancies for potential competitive swimmers Level 7 and above. Join a Club with a nationally accredited swim programme. Lessons/Coaching sessions are held on Tuesday & Thursday evenings at Hythe Pool.

We also welcome adult length swimmers to our Adult training on Tuesdays & Thursdays at 9.00pm

#### To book your place

Email: <u>hytheaqua@btinternet.com</u> or checkout our website: <u>www.hytheaqua.org.uk or F/book</u>



# Lyminge Friends

### COMMUNITY

On **2 October** eminent local Author **Emma Batten** is coming along to speak about **"Discovering Lyminge through my Writing".** Emma lives on Romney Marsh and her novels are all based in the local area.

**Wednesday, 6 October** is our annual **"Open Review"** session when the group discusses the Christmas lunch preparation, January pub lunch venue and look ahead to next year and, of course, there will be **Coffee and Cake**. The cost for this meeting only will be £2.00 plus there will also be a **raffle**.

**Everyone welcome – Entry is £4 for social meetings** (including Tea/Coffee)

We are a friendly social group and welcome new members and visitors so just drop into a meeting, or if you'd like to talk to one of us first, please call 07904 157897. All meetings are held in The Methodist Church, Church Road, Lyminge from 10.30am to 12noon **unless stated otherwise.** 



10)0-

(Bushido Club registered)

We are a small friendly village club. We welcome and encourage both novices and skilled players and train every Monday evening at Lyminge Village Hall from 6.30pm. Open to all ages from 6 upwards - no upper age limit.

Juniors £2.50 per week; Seniors £3.50 per week. First session free, with no obligation.

Contact: Craig Munn email: <u>craig.munnl@yahoo.com</u> Facebook: <u>www.facebook.com/Lymingejudoclub</u>



### Support our Base Camp Fundraising Weekender!



ageuk

Age UK Ashford, Joe Fagg Community Centre, Farrow Court, Stanhope Road, Ashford, TN23 5RF



BASE CAMP BINGO

**Friday, October the 4th / Doors open at 6:30PM / Eyes down at 7PM** Entry is £2, and a book is £12. All proceeds will go towards our fundraising efforts. Please bring a raffle prize, drinks, and nibbles if you want them. Refreshments and sausage rolls will be available.



JUMBLE SALE AND THE BIG BASE CAMP RAFFLE Saturday, October the 5th / 10AM - 2PM Come along to our jumble sale and find a bargain! Plus, get your tickets for

our Big Base Camp Raffle, where prizes include donations from local businesses! If you would like to drop off a prize, please get in touch with wellbeingleadashford@ageukhla.org.uk



#### MANDALA WORKSHOP Saturday, October the 5th / 12:30PM - 2PM / Donations are welcome

Mandalas are a geometric design that hold a great deal of symbolism in Hindu and Buddhist cultures, and are used as instruments of meditation and symbols of prayer. Come along to our workshop to understand their fascinating history, and practice mindfulness whilst you create your own mandala!

#### TAI CHI WORKSHOP

Saturday, October the 5th / 11AM - 12PM / Donations are welcome Tai Chi focuses on slow and gentle movement, supporting your balance and posture. Come along to this gentle and welcoming session, helping you to relax and de-stress. This class will be led by Sam, who will be part of the Base Camp hike!



#### Saturday, October the 5th / 10AM - 2PM

We are calling out for delicious cakes, bakes, and sweet treats for our Base Camp Cake Sale! If you would like to deliver a bake, please get in touch with wellbeingleadashford@ageukhla.org.uk for drop off times. Donations will be taken until up to the morning of the event. Please bring a list of ingredients/allergens!

Our Café will be open throughout the weekend for hot and cold drinks, hot sausage rolls, and delicious light snacks!

Registered charity number 1125274. Company number 6589817. <sup>®</sup> Age UK Hythe, Lyminge and Ashford 2024.

# Come along to our **Diabetes Support Group!**



The last Thursday of each month at Age UK Hythe **1:00PM – 3:00PM** 

### Come along and talk to others with Diabetes, gain support with various issues, and get help and advice.

This peer to peer support group is free, and refreshments will be available.

Age UK Hythe, Sanford House, Stade Street, Hythe, Kent, CT21 6BD

Booking is essential. Please call 01303 269602

Hythe, Lyminge & Ashford Company number 6589817. \* Age UK Hythe, Lyminge and Ashford 2024. Health and Care Partnership

# AGE UK - LYMINGE

q





### Come along to our AGM, stay informed on our successes this year, and hear about our plans for the future!

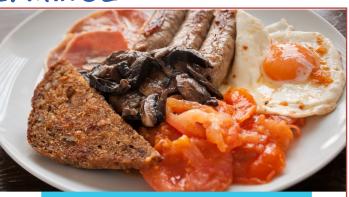
**Everyone is welcome**, and refreshments will be available after the meeting. You'll also have the opportunity to meet our Trustees, and hear why they are so passionate about our work in the community!

For more information, or to receive a copy of the agenda, please call 01303 269602 or email Cleo on co@ageulhla.org.uk

WEDNESDAY, 27TH NOVEMBER 2024 MEETING STARTS AT 3PM

#### AGE UK HYTHE, SANFORD HOUSE, STADE STREET, HYTHE, KENT, CT21 6BD

Registered charity number 1125274. Company number 6589817. ® Age UK Hythe, Lyminge and Ashford 2024.



# Join us for All Day Breakfast

**Every Wednesday** 

9am - 2pm

£6 pp - includes Tea/Coffee

No need to book

AGE UK Lyminge, Everist Court



Registered charity number 1125274. Company number 6589817. ® Age UK Hythe, Lyminge and Ashford 2023.



Have you or someone you know been affected by a stroke?

Come and join our informal support group. We meet on the 1<sup>st</sup> and 3<sup>rd</sup> Mondays of the month (except Bank Holidays) usually at The Coach and Horses between 10am and 12noon

**October Meetings** 



St FARMER'S

OP LOC

RKET

<u>7<sup>th</sup> October 2024</u> A talk by the charity Headway about how head injuries and strokes can affect people and what strategies can improve brain health.

<u>21st October 2024</u> Get together followed by lunch.

For more information, to check the dates of meetings/events, or if you would like support but are unable to attend the meetings Email: <u>Lymingestrokesocial@gmail.com</u> or Telephone Fran on 07846 177 409 or Heather on 07427 664 084



BOX OFFICE 01303 223925 or towertheatrefolkestone.co.uk

Come and join us for fun,

magic, laughter and

mashed potato!

Performances Friday 13th December 2pm & 7pm Saturday 14th December 2pm & 7pm Sunday 15th December 1pm & 5pm Friday 20th December 2pm & 7pm Sunday 23rd December 2pm & 7pm Christmas Eve 2pm Sriday 23th December 2pm & 7pm Saturday 28th December 2pm & 7pm

 Stalls

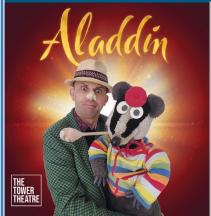
 Adults £20 | Under 185 £13 | Member £18

 Family ticket £63 - 2 adults & 2 under 18s

 Gallery

 Adults £18 | Under 185 £13 | Member £16

 Family ticket £58 - 2 adults & 2 under 18s



The Tower Theatre, North Road, Shorncliffe, Folkestone CT20 3HL Registered Charity 1180504

Freshly Prepared Breakfasts & Light Lunches Home Baked Cakes Vintage Afternoon Teas Coffees Teas Takeaway Available Private Functions

Open Tuesday to Friday 9am - 3pm Saturdays, open 8.30am - 1.30pm (breakfasts only) Dog Friendly

THE COFFEE CABIN TEA ROOM LTD. CANTERBURY ROAD, LYMINGE, KENT. CT18 8HU. 01303 864222 Instagram @thecoffeecabintearoomltd Find us on Google Maps



Lyminge Village Hall

# Lyminge Speedwatch Group

On Friday 26 July 2024 Lyminge Speedwatch took part in an organised county-wide Action Day.

We arranged four Speedwatch sessions in the Parish: in Lyminge village, Rhodes Minnis and Etchinghill hamlets, each lasting one hour with three or four volunteers at each one.

The combined results show that a total of 481 vehicles passed us (we only record in one direction during the sessions), of which 24 were recorded travelling at 35 mph or higher speeds (5% of all vehicles).

County-wide, more than 300 volunteers took part in the Action Day at 113 locations with 1237 vehicles observed exceeding the local speed limit, all of which are SPEEDWATCH now added to the Speedwatch database. In incidents like this, drivers can receive a letter or a visit from a Police Officer.



We know from conversations

with local residents during all our Speedwatch sessions that many are concerned about the speed of vehicles through our village and hamlets. However, with an average of 5% the figure is low compared to other Speedwatch teams' results. Nevertheless, there is more to be done.

The overall percentage of offenders in 2024 is about the same in Lyminge and Etchinghill with a slightly higher percentage in Rhodes Minnis.

If you would like more information about Lyminge Speedwatch or might wish to volunteer please contact me.

Dennis Charman : Lyminge Speedwatch Coordinator 07739998262 : lymingespeed@aol.com



South Kent SEN Tuition 1:1 and small group tuition in your home

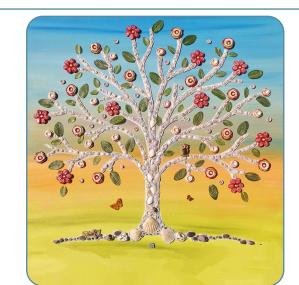
### Private tuition from highly experienced and skilled teacher

Supporting children whose parents may have decided that they should be educated other than at school **Electively Home Educated or** 'Educated Otherwise than at School' (EOTAS)

Supporting children for whom school can be a stressful and anxiety producing place I offer a gentler more bespoke approach.

I also offer booster lessons in reading, phonics and maths Contact me for a free 30 minute call or virtual meeting to discuss your needs and to see if I can help. www.southkentsentuition.co.uk sarah@southkentsentuition.co.uk 07751459085





# Shelly's General Garden **Maintenance Service** 07738 113386

Lawn mowing

Weeding - patios, paths, drives, beds & borders Cleaning - greenhouses, conservatories,

patios, paths **Painting** - sheds, outbuildings, fences Call Shelly on 07738 113386

for more information



# Dance & exercise for adults

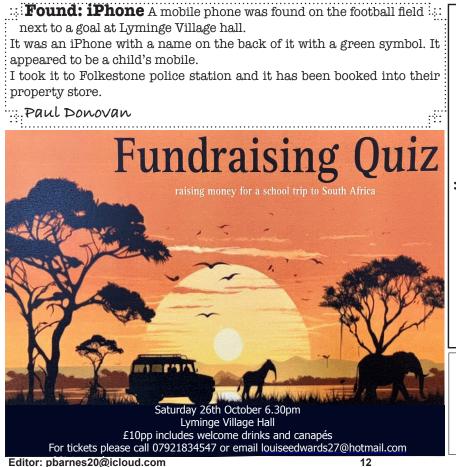


Dance based exercise to the music you enjoy. Standing or seated

The Tayne Centre Lyminge £6 weekly. Fridays 10-11am.

### Socialise, meet new people, FEEL GOOD!

acac.class@outlook.com



### 19th Annual Elham Christmas Market

in aid of Pilgrims Hospices Thursday 31st October 6 - 9pm **Elham Village Hall** 

(From 5.30pm for our disabled visitors)

It is a lovely event with a wonderfully festive fairy-lit atmosphere - lots of lovely, unusual Christmas gifts to be found including sculpture, pottery, gardeners' gifts, art, jewellery, candles, Christmas cards and decorations, chocolate, and fabulous local produce.

Delicious, mulled wine and refreshments, great raffle - do come along and tell your friends. Please bring cash too! Entry: £1 (kids under 12 free).

Any enquiries to Carol on 01303 840430



Tel: 01303 863737

Primary school and 11+ experience

**DBS** Certified

Call: (01303) 862128 or (07544) 406299

| 5         | steps to becon<br>better prepare  |  |
|-----------|---|--|
| STEP<br>1 | Make an emergency grab bag – consider:• Torch• Important documents• Pet food• Keys• Radio and batteries• Pet food• Medication• Money and credit cards• Food and water• First aid kit• Clothing and blankets• Emergency<br>contacts• Toiletries• Mobile phone and charger• Clothing and blankets |  |
| STEP<br>2 | <b>Make a 'Household Emergency Plan'</b><br>Make an emergency plan for your home and practice it with your<br>household. Your plan should include: contact numbers, how to turn off<br>your gas, electricity and water, and sources of information and advice.                                  |  |
| STEP<br>3 | <ul> <li>Sign up for weather and flood alerts</li> <li>Sign up for Met Office weather alerts:<br/>www.metoffice.gov.uk</li> <li>Get Environment Agency<br/>Flood Warnings: www.gov.uk/<br/>sign-up-for-flood-warnings</li> </ul>  |  |
| STEP<br>4 | <b>Check your flood risk</b><br>Check your home's flood risk by visiting the Environment Agency<br>website at <b>www.gov.uk/check-long-term-flood-risk</b>  |  |
| STEP<br>5 | <b>Join the Priority Services Register</b><br>The Priority Services Register is for customers who may need<br>additional support in a utility outage. Find out if you or a relative is<br>eligible to sign up for this free service by visiting <b>www.thepsr.co.uk</b>                         |  |

# Scan the QR codes for more information or visit www.kentprepared.org.uk/5-steps







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**Music Director: Malcolm Munro** 



# **Coffee & Cake Concert**

Including works by Morten Lauridsen, Mozart, Bach, Faure's Cantique de Jean Racine & others

At Lyminge Methodist Chapel

Saturday, 2nd November at 11am Arrive from 10:15am for refreshments

including those cakes

Tickets on door: £7.50 children free Charity registration No. 1087409

### **Cantores Diary**

**Autumn!** Season of mists, pumpkin, spiced lattes and ... new repertoire of music and events for your local choir, Cantores.

But firstly, the exciting news that we have a new Musical Director, namely Malcolm Munro; welcome to Malcolm. We have had our first rehearsal with him which was thoroughly enjoyable, and he has given us plenty to work for the first event in our autumn calendar- the popular **Coffee Concert** on **2nd November** in Lyminge Methodist church (see poster above). We tackled Lauridsen, Ravel and Mozart works for a start on the programme - it's going to be a cracker!

Then on **14th December** in Lyminge Village Hall our next event will be the ever-popular **Christmas Concert** with Hythe Town Band - always a guaranteed crowd pleaser!

We look forward to seeing many of you at the above concerts, and as always, if you should like to join the choir, we welcome you with open arms, but slightly more open if you are a tenor or a bass! We rehearse on Wednesday evenings at Lyminge village hall at 7.30 pm. Just drop in; **no auditions needed**, so come and give us a try - contact through any members you may know or to john.vincett@gmail.com.

"Start where you are. Use what you have. Do what you can." - Arthur Ashe

"The man who moves a mountain begins by carrying away small stones." - **Confucius** 



### LYMINGE AND ELHAM VALLEY STROKE SUPPORT GROUP enjoyed a fascinating visit to the

Royal British Legion Industries (RBLI) in Aylesford earlier this year. We are now hosting a Tommy Tea to help raise funds for this very worthwhile cause. Come and join us for tea and homemade cake/savouries at:



Lyminge Parish Church Monday 4<sup>th</sup> November 11am and 2pm





RBLI is completely separate from The Royal British Legion and receives no financial support from the annual poppy appeal. The charity must raise its own funds to deliver care and employability support and build more homes.



Chickens for Sale Longland Farm, Elham

Good quality Hybrid Laying Hens Various colours available Easy to keep, reliable layers Friendly birds

> 07825 181870 hello@longlandfarm.co.uk



# LYMINGE PARISH COUNCIL

Etchinghill - Lyminge - Rhodes Minnis

www.lymingeparishcouncil.org.uk clerk@lymingeparishcouncil.org.uk

Agendas, minutes and relevant reports are published on the council website. If you would like a copy of council documents please contact the clerk.

### MERIDEN PARK:

Work should begin on Meriden Park this month and take approximately 6 - 8 weeks to complete. The process should be relatively minimal in terms of disturbance but there will be some noise on site. Works should only take place during social hours and we've been assured the noisier bits will not take long!

### NEIGHBOURHOOD PLAN:

Our next Neighbourhood Plan meeting takes place on 10th October and will be from 18:00-19:00 at Etchinghill Village Hall. Please come along and get involved, we need all hands on deck as this is an important document setting out the future of our parish.

### RHODES MINNIS PLAY PARK:

The Rhodes Minnis Play Park meeting is taking place on 2nd October at 18:30 in Rhodes Minnis Methodist Church. This is to begin discussions on the refurbishment of the park and all are welcome!!

### **GRANTS**:

We still have plenty of budget available for awarding grants, if you would like more information, click the grants tab on our website or contact the Clerk.



### JOIN THE COUNCIL

We still have open spaces on the parish council and would welcome applications to join. Lyminge Parish Council is a rare council in that it has a very even spread of ages, abilities, sex and experience. Though being a councillor can seem nerve-wracking, it is an interesting and varied role and is less time consuming than you think! If you are interested in joining, come to our meetings and see what you think or email the Clerk!



### **CONTACT INFORMATION**

General - clerk@lymingeparishcouncil.org.uk / 07999 403948 Handyman - fred@lymingeparishcouncil.org.uk

# LYMINGE PARISH COUNCIL

Notice of conclusion of the audit

Annual Return for the year ended 31st March 2024

Section 25 of the Local Audit and Accountability Act 2014

Accounts and Audit (England) Regulations 2015

|   | I |  |  |  |  |
|---|---|--|--|--|--|
| 1. The audit of accounts for the Council for the year ended 31 March 2024 has been concluded.   |   |  |  |  |  |
| 2. The Annual Governance and Accountability Return is available for inspection by<br>any local government elector of the area of the Council on application to: |   |  |  |  |  |
| Chani Sanger  |   |  |  |  |  |
| Proper Officer / Clerk to Lyminge Parish Council  |   |  |  |  |  |
| C/O Coach and Horses  |   |  |  |  |  |
| Church Road   |   |  |  |  |  |
| Lyminge   |   |  |  |  |  |
| CT18 8JA  |   |  |  |  |  |
|   |   |  |  |  |  |
| 3. Copies will be provided to any local government elector on payment of 20p per<br>page for each copy of the Annual Return.                                    |   |  |  |  |  |
| Announcement made by: Chani Sanger (Proper Officer/Clerk)   |   |  |  |  |  |
|   | I |  |  |  |  |

Date of announcement: 24 September 2024

# **UPCOMING MEETINGS**

FINANCE AND ADMINISTRATION - 7 OCT - 18:30 - LYMINGE METHODIST CHURCH (LMC) COMMUNITY ENGAGEMENT & EVENTS - 7 OCT - 19:30 - LMC FULL COUNCIL - 14 OCT - 19:00 - RHODES MINNIS METHODIST CHURCH NEIGHBOURHOOD PLAN - 10 OCT - 18:00 - ETCHINGHILL VILLAGE HALL PLANNING AND LICENCING - 17 OCT - 9:30 - ETCHINGHILL VILLAGE HALL



### Thoughtful Food....

...is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We also run a community allotment in Lyminge and welcome new members.

**Contact:** <u>thoughtfulfoodgroup@gmail.com</u> or on Facebook and Instagram <u>@thoughtfulfoodgroup</u>

Next **Thoughtful Food** meeting, **Tuesday 1st October, 7.30pm**, at the Coach and Horses Public House

### **Ultra Processed Main Meal Replacement**

Simple quick main meal swaps that can be picked up on the way home but are not heavily processed really need to be researched as it can be very confusing. In Lidl's I noticed several products that looked very similar but scored very differently in terms of healthy ingredients. It is really worth spending some time looking at the boxed store-bought foods you use regularly and finding the best minimally processed version. After looking at so many labels over the last few months, it seems to me that buying ready cooked meals is the same as purchasing Ultra Process Food like substances.

Canned and frozen veggies are easily stored, minimally processed and with, baked potato, rice, couscous, quinoa, eggs, cheese herb, spices and fresh veggies can usually offer easy dinners. Maybe we all need to stop watching cooking programmes and get cooking. Much easier said than done I suspect!

| UPF Main meal  | Substitute  |  |
|--|---|--|
| Pizza  | Flammekuech, veg and cheese tart by Duc De Coeur (Lidl) 63/100 Yuka score |  |
| Chicken nuggets  | Foxwood Premium Chicken Nuggets (Costco) 69/100 Yuka score                |  |
| Indian Takeaway Chicken Tikka Masala (Gym Kitchen, Tesco Asda, Sainsbury's Morrison          |   |  |
|  | 90/100 Yuka Score   |  |
| Yuka deciphers product labels and analyses the health impact of food products and cosmetics. |   |  |

## Jobs To Do In The Garden This Month

- You can sow overwintering broad beans in situ. Cover with fleece to protect against frosts
- Sow overwintering varieties of peas such as 'Douce Provence' or 'Meteor'
- Plant out spring cabbages. Remember to net them for protection from pigeons
- Finish planting autumn onion sets for a crop in early to mid-summer next year
- Plant garlic cloves
- Dig up and store your roots crops such as carrots, beetroot and potatoes

### **Tried And Tested Cooking Hacks**

The easiest way to cook beetroot. Pop it into the sink. Top and tail and scrub with a scourer or brush. Place each individual beetroot onto a piece of silver foil large enough to completely cover. Splash on a generous dash of balsamic glaze. Bake in oven at 180°C. The time will depend on the size of beetroot but a fist sized bulb normally takes around 40 to 60 minutes. Insert a knife into the foil and see if it's soft. Serve with whatever you like or use in the traditional way, cold and in a salad.

### Sometimes You Just Need Something Sweet!

The bread mix used in the pizza recipe last month is quite versatile. You can use it for loaves, focaccia, rolls as well as sweet things. **Chelsea Buns** 

Empty the bread mix into a large bowl.

In a measuring jug, break an egg, vegans can use an egg substitute or soaked flax seed. Make up to the required amount of liquid with some warm milk and a desert spoonful of sugar and a dash of oil. Pour into the bread mix.

Knead together for around 5 minutes in the same bowl (less messy).

Cover bowl and leave to double in size. Knock dough together to distribute air, shouldn't take long. Roll into a rectangle about 1cm thick.

In a small bowl, mix together I egg (or vegan substitute), 1 dessert spoonful of sugar, 1 teaspoon of mixed spice and a handful of dried fruit. Spread this over the dough before rolling up like a sausage roll. Cut across the dough into slices around 3cms thick giving the familiar Chelsea bun shape.

Carefully place the buns side by side on greased baking tray. You should get around 10. Lay them touching each other at the edge. Sprinkle with demerara sugar and leave to rise till double in size again.

Bake at around 200°C for 20 to 30 minutes, then EAT!! (you may want to let them cool a little!!)



Editor: pbarnes20@icloud.com
Very Best Seasonal Wishes from Thoughtful Food





# Lyminge Parish Neighbourhood Plan - Natural Environment Policies

Hopefully you all know that we are working towards creating a Neighbourhood Plan for the Parish. More details can be found through the Parish Council and their website. As part of the Plan we will be developing various policies related to our natural environment. Currently we expect these policies to cover aspects such as "Biodiversity and wildlife corridors", to map out our green and blue infrastructure and demonstrate how it can be safeguarded, expanded, and better connected, with scope to identify biodiversity opportunity areas;

"Local green spaces", to safeguard demonstrably special green space from inappropriate development; "Significant local views", to identify views that are particularly special and safeguard from the impacts of development; "Dark Skies"; and "Flooding and drainage". We may organise some small group meetings to work on these Natural Environment policies, if you would like to join in please let us know via tony.king@lymingeparishcouncil.org.uk, otherwise keep an eye out for news from the Parish Council about how to get involved in other policy areas or in the Neighbourhood Plan process more generally.

# Do you need some hedge plants or tree whips this autumn/winter?

As we have done for the last few years we will be sourcing young native tree whips this autumn/winter for planting around the Parish. If you have ideas of where would be good places for planting hedges or trees, or if you would like to have some for your own hedge or property, please contact us on tony.king@lymingeparishcouncil.org.uk

# **Butterfly Conservation**

Big Butterfly Count results: "We're in a Butterfly Emergency". Thanks to everyone who participated in the Big Butterfly Count this year. However the national results illustrate how terrible 2024 was for butterflies in the UK. According to Butterfly Conservation just seven butterflies were spotted on average per 15-minute Count, a drop of almost 50% on last year's average of 12, and the lowest in the 14-year history of the Big Butterfly Count. It was the worst summer in the Count's history for Common Blue, Holly Blue, Green-veined White, Small White, Small Tortoiseshell, Painted Lady and Scotch Argus. And the majority of species (81%) showed declines in the number seen this year compared with 2023. See the full results of the Count on <a href="https://butterfly-conservation.org/news-and-blog/uk-butterfly-emergency-declared">https://butterfly-conservation.org/news-and-blog/uk-butterfly-emergency-declared</a>

# **Rare Ruderal Bumblebees Found in Lyminge**



# Again

In better news for our pollinators, we managed to find two more Ruderal Bumblebees in Lyminge during August. Having found a queen in spring last year, the first time this rare bumblebee had been reported from the Parish, we stepped up our efforts this year to find more. We were rewarded in August with two males found, one on red clover flowers



on Brady Hill, the other on a flowering teasel at the top of Court Lodge Green. Males can be distinguished from the similar Garden Bumblebee by their golden "whiskers" and shorter cropped hair. The thoughtful management of Brady Hill and Court Lodge Green in recent years has probably helped the species locally.

# **Parish Council Climate Action Meetings**

Lyminge Parish Council recently decided to create a Climate Action Committee. If you have any suggestions for climate action initiatives that could be supported in the Parish please do let us know, if possible by coming along to one of the Committee meetings as advertised by the Parish Council. The next meeting is on Monday 4th November at 7.30pm in the Lyminge Methodist Church. Keep an eye out for the agenda as advertised by the Parish Council.

# What Does Harvest Festival Mean to YOU??

As I set out to write about Harvest this year, I wondered how I could possibly find anything new to say about our familiar, annual thanksgiving and celebration of God's goodness and the productivity of our land.

Good fortune came my way. I have just been in Uganda, helping to train a group of Christian doctors from ten different countries. So, I asked them: 'What does Harvest Festival look like in your churches?'. This was met by silence and blank faces. None of them have harvest festivals in their churches, but this is what they did share with me.

In Nigeria, Anglican churches may have a festival that we might recognise, but the important yam harvest is mostly celebrated by people of traditional religions. In Guinea, on the west coast of Africa, there is no celebration of harvest from the land, but, at a certain time of year, the sea boils with fish, and there is general thanksgiving after this annual event.

In Uganda and the Democratic Republic of Congo, being so close to the equator, there is no rhythm of the seasons as in temperate zones. Various crops such as wheat, maize, and ground nuts are harvested at different times. People

will bring some of their crops to the church to be blessed by the priest and distributed to the poor. It is always the first of the crop, or the best of the crop, that they offer to God in this way.

In Russia, there is no celebration because there is still a total disconnect between the land and the food eaten by people in towns and cities - a legacy from the huge collective farms of Communist times.

The city-dwellers of Australia, have little sense of the fragility of the land, whereas rural people are all too aware of their dependence on a balance of sun and rain, and concerned by the changes happening to the climate.

Most Christians in South Sudan are nomads, moving according to the needs of their cattle. They have no harvest as they do not stay in one place long enough to grow crops.

In Zambia, the harvest of crops - maize, pumpkin, ground nuts - is entirely dependent on the season's rainfall. Last year, the rains lasted only a month and a half instead of the usual five. Entire harvests failed, families lost everything, and hospitals are seeing children with malnutrition. But people still bring to church to give thanks for what they have managed to grow.

In Barbados, the sugar cane harvest celebration is entirely secular, with parties and dancing.

In Tanzania, families bring their harvest- and their livestock – to church on Sunday to be used according to the needs of the church. Chickens and goats are brought into the church, but fortunately the cows remain outside.

Many of these doctors come from countries where living is a daily struggle. Listening to them talk about their faith, and hearing their stories, has been our privilege and has felt like a bountiful harvest.

### Rev'd Carol Bates

# MUSIC ON A FRIDAY

**MUSIC ON A FRIDAY** wished to thank all those who supported a wonderful evening held at Lyminge Church on the 13th September. Thank you to the BBQ chefs, the clearer-uppers and all who helped. Also to the incredibly talented musicians that gave their time to raise a good amount of funds for the local charities that the Church supports.

Our next Music on a Friday is a Christmas Special on the 13th December when we shall have the pleasure of welcoming the return of **UNDECIDED** 

### LYMINGE PARISH CHURCH COMMUNITY EVENT

ALL RESIDENTS are invited TO VOTE for their FAVOURITE CHRISTMAS CAROL during NOVEMBER 2024 in:

Lyminge Library : The Coffee Cabin : Snippers & Clippers Hair Salon : Age UK Lyminge : Coach & Horses : St Mary & St Etheburga Parish Church

A Christmas Gathering with food & drink will be held in the Parish Church to sing the WINNER. See November's newsletter for details

Editor: pbarnes20@icloud.com

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7.30pm

Wednesday 12th November

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vas originally known as the horn of plenty. Made from a goat's horn, it was filled to overflowing with fruits, flowers, and harvest grains.



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(a) and (a)

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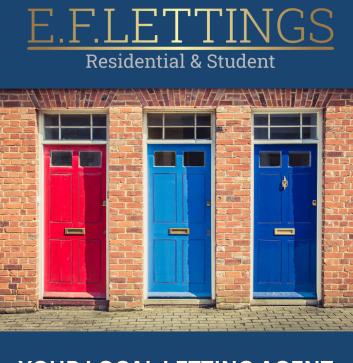
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**Nora Ephron** 



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Charity No.800345

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# The Lyminge Association

We're here to support and develop our community!!

### Contacts:

| Chair: | Peter Barnes 01303 863737 or |
|--------|------------------------------|
|        | 07808775302                  |
|        | pbarnes20@icloud.com         |

| Treasurer:  | Martin Fry 01303 863177    |
|-------------|----------------------------|
|             | martin@rhodesminnis.org.uk |
| Minute Sec: | Heather Dunford            |

#### **Committee Members:**

Marian Chubb, Richard Chubb, Dave Hunt-Cooke, Stephen Guyatt, Gillian Heywood, Robin Mackonochie, Albane McGuinness, Derek Smith, Penny Stephens, Adrian Willcox, Bernie Wood Newsletter: As for Peter Barnes above. Please contact the Chair if you need any financial support for your charity.

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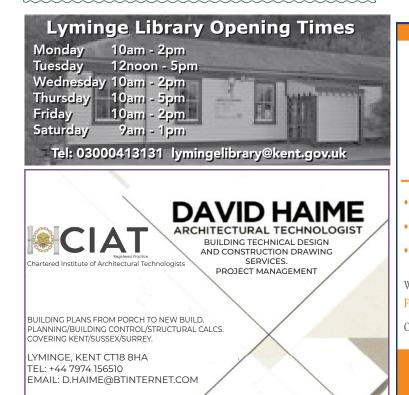
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There are route 17 buses at 0642, 0748, 0909, 0944, 1044, 1144, 1244, 1344, 1444, 1614 (schooldays only), 1619, 1704, 1804, and 1904

#### SATURDAYS

There are route 17 buses at 0749, 0844, 0944, 1044, 1144, 1244, 1344, 1444, 1544, 1644, 1744, 1844, and 1929.

On Mondays to Saturdays there are also route 18 buses to Sandling Station & Hythe - for times see our website or call the number below.

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To Canterbury city centre via Elham, Barham & Bridge From Lyminge, Wesley Terrace

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There are route 17 buses at 0742, 0842, 0943, 1043, 1143, 1243, 1343, 1443, 1543, 1643, 1743, and 1843.

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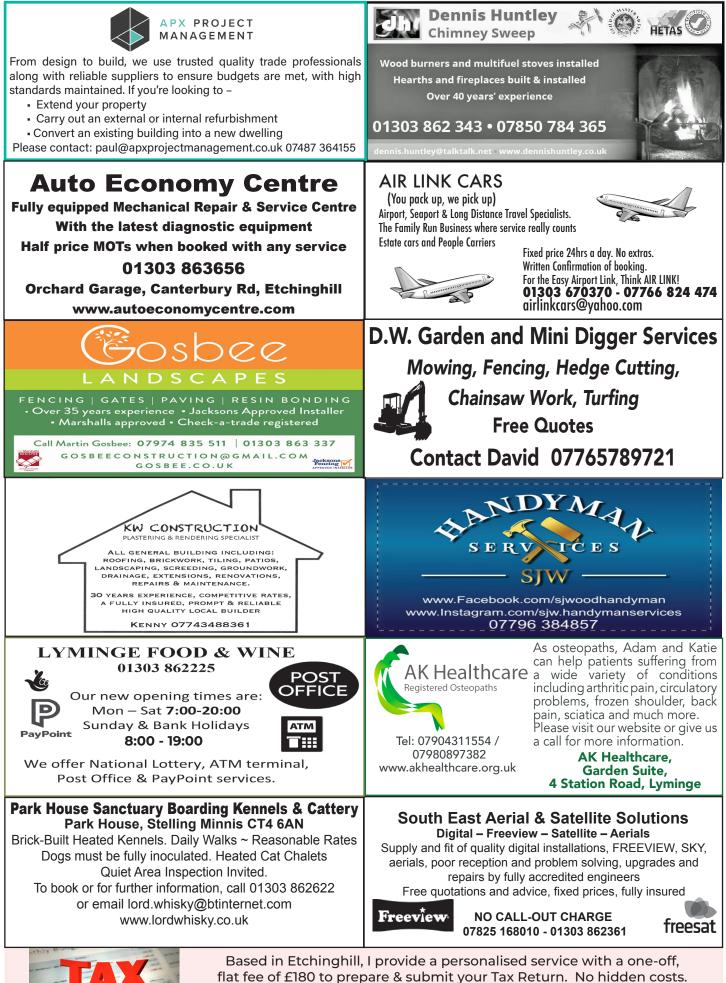




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Do you have any photos of local events or groups in action? If so, can you please forward them along with a few words to <u>pbarnes20@icloud.com</u>



### LYMINGE THEN AND NOW

Our monthly look at how Lyminge has changed over the years, with thanks to Lyminge Historical Society.



Out & About..



After looking at Yew Tree Cross in September, this month we have moved along Brady Road to the junction with Woodland Road and a view in the direction of the hamlet of Woodland. The picture on the left is from a postcard post-dated 1962, although the picture could easily have been taken at any point in the fifty years prior to this date.

The tree in the centre of the picture on the right is an example of the significantly increased tree-cover around the village that exists now compared with even sixty years ago, let alone the half century or more before that. Aside from the tree, the greatest visible change between these views is in the addition of street furniture, even at this peripheral part of the village. A kerb has now been put around the verge, a decorative flower trough has been installed, there is a seat, speed and road width signs, a footpath finger-post, and a litter bin on the fence. Just out of shot is the village sign installed by Kent Highways at the request of the Parish Council only in 2020, the first time so far as we know that this entry point to the village had ever been formally marked.

The hedge along the north side of Woodland Road hides the view to the right in both pictures. In the 19th Century, this was Mill Field, part of Robus Farm (now Old Robus). Building began on this field only between the World Wars with the construction of Valley Farm, Hill View and Pill Rags, (the latter name taken from the field to the left in the middle distance bordering Skeete Road). These were all standing when the picture on the left was taken some time around 1960, although they are hidden from view by the hedge. Two more bungalows were added as infill later, and then two houses at the end of the row in the late 1990s to complete this development extending the envelope of the village that we know today.



Members of the **Rhodes Minnis Circle** enjoying an afternoon tea at the Folkestone Garden Centre on Wednesday 28th August.

Recent Deliverers' Tea Party at Age UK ... ...an opportunity to say 'Thank You' to the volunteers who support the Lyminge Association



## Daphne Lilian Andrews (17 March 1946 – 16 August 2024) An outstanding Citizen of Lyminge



Daphne lived in and around Lyminge all her life. She was born at Hawes Farm in Stelling, on the Droveway between Wheelbarrow Town and Elham, which serves as the parish boundary with Lyminge. When she was three, the family moved to Little Rhode Farm in Rhodes Minnis. Here Daphne spent the next thirteen years of her life, attending the old Lyminge Primary School (now the site of Church Court), and later Harcourt Girls' School in Cheriton, helping out on the farm when she was not at school, collecting eggs, delivering the butter her mother made weekly and feeding the animals, amongst many other tasks.

After school, Daphne went to Folkestone Technical College. She learned typing and shorthand, which she used to get jobs first for the Citroen car dealership in Folkestone, then at Godfrey Davis car hire, based at the Peacocks Ford dealership, managing the offices in Folkestone and Dover. Later, she began working part-time at Lyminge Post Office where she became well-known, both for her friendly smile of welcome to customers and for her scrupulous attention to detail. She was unfailingly cheerful, conscientious and efficient.

Daphne continued to live at home in Rhodes Minnis, caring for her mother. After she died, Daphne married the love of her life Ian Andrews, whom she had met at Peacocks, and they had twenty three happy years together in Lyminge until Ian's death in 2017.

Throughout her life, Daphne was an active member of many community organisations. At Rhodes Minnis Methodist Chapel, she was organist, a position she held for sixty years. She also served as treasurer and took on much of the administrative work. The chapel was kept beautifully decorated with flowers, mostly supplied from Daphne's garden.

Daphne was a keen gardener and belonged to not just one Gardeners' Society but two, being active at both Rhodes Minnis and in Lyminge, helping at the regular shows, taking notes and photographing the winners for local press reports, and often winning prizes herself. She was always generous of her time, and her flowers, and had a particular passion for dahlias and lilies.

Daphne was well-known for her attention to detail, a talent that she ably employed proof-reading the monthly Lyminge Newsletter for the Lyminge Association, as well as 'Lyminge a History', the annual publication of the Lyminge Historical Society. Daphne's ability to spot errors of detail as well as typographical mistakes was second to none.

As a member of Lyminge Friends, Daphne was always ready to participate in outings and act as chauffeur for those who needed a lift. She was a member of Etchinghill Women's Institute, and was treasurer of the Rhodes Minnis Monday Club and of the Rhodes Minnis Circle. On the committee for Lyminge Historical Society over many years, she ably managed sales of the society's publications, and was the ever-friendly face who greeted people as they arrived for meetings.

It is no surprise that Daphne was recognised with the Parish Council's Good Citizen Award in 2012, presented by the Deputy Lord Lieutenant of Kent. But perhaps the best tribute of all was the service held at Rhodes Minnis Chapel following her funeral which was standing room only. Daphne would no doubt have found it great fun and we would have been blessed with her famous broad smile. We will all miss her deeply.



# Results from The Sun Flower Competition

### organised by Lyminge Gardeners' Society

Thanks to the stalwart few who managed to nurture sunflowers past slugs, snails, rain and wind to enter them for the competition!

Well done to David from Lyndon Way for his 10ft 2 inches (just over 3m!) flowers coming in first, Anthony, second, from Mill House for his at 8ft 2 inches (just under 2.5m) ones, and Veronica from Mayfield Road coming in 3rd with a huge-headed 7 footer (2.1m).

Special thanks must also go to Annie Begley for the beautiful pottery sunflower prizes which she made for the winners. They were much admired and will be cherished by them all. Editor: pbarnes20@icloud.com







2nd Prize Winner - Anthony from Mill House Tel: 01303 863737