

THE LYMINGE WSLETT

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

Produced by THE LYMINGE ASSOCIATION November 2024 www.lyminge.org.uk **From The Lyminge Association**

CHRISTMAS IS COMING TO LYMINGE

Following on from the previous years' successes outside the library, the switching on ceremony by Santa will again be outside the library in the car park on Thursday 28th November

Christmas light switch on starts 4,40pm Thursday 28th November outside the Library

Adults and children (with torches) are encouraged to arrive at 4:40pm (no earlier please) to sing some carols prior to the switching on of the lights at 5pm. We hope to provide the customary mince pies, mulled wine and soft drinks.

It goes without saying that the ever popular Christmas Present Delivery Service will also take place again this year on Monday 23rd December. Santa and his elves will be in attendance to give that special bit of excitement, and lighting up the faces of young children.

Further details will be available in next month's edition of the Newsletter. Any presents for children, adults and even pets, can be delivered by Santa for a small charge of £2 per address.

Margaret Saunders' Meanderings

September, and we are just about to enter Autumn at the time of the equinox. Last night was the Harvest supermoon when there was a slight eclipse – the earth casting a faint shadow on the edge of the moon's surface. I am on holiday in Norfolk, county of vast open skies and churches with solid square flint covered towers. On the journey to Blakeney Quay, where I intend to walk, I pass through villages where houses, cottages and walls are made of whole sandy coloured flints, or cobbles as they are known, either laid in random order or coursed. This is in contrast to the grey knapped flints favoured in Kent and Sussex.

Blakeney Point on the north Norfolk coast is a designated National Nature Reserve. At nearby Blakeney Quay the river is tidal and there is a notice at the entrance of the car park ominously warning drivers not to park at high tide as seawater floods the area. It is low tide as I begin my walk, so I have plenty of time. I wander down to the edge of the mud banks to watch the seabirds, including three white little egrets, their shoulders hunched as if huddling against Winter winds. These heron-like birds are pure white and much smaller than herons. They are pecking into the mud which the retreating tide has exposed. Making my way up a grassy bank to reach the raised walkway, the steel rigging of dozens of boats jangle and jostle against their masts, making a tuneful melody, reminiscent of a myriad wind-chimes. It's mesmerising. One large mast, whose rigging is beating out a deeper rhythm, provides the base note in this orchestration. Walking on, these sounds are left behind me and replaced by the northeasterly wind in my ears, together with the rustling of marsh grasses and various bird cries, particularly that of the distinctive bubbling cry of the curlew.

Looking up to a sky filled with soft grey clouds, a flock of geese flies westwards, their linear formation mimicking the tail of a kite as it weaves about in the wind. To my left the skeleton of an old wooden boat sits in the salt water of the



marsh, vegetation beginning to grow within its body as it becomes part of the landscape. I wonder who sailed in her and why she was left to rot. Another larger Noah's Ark type boat has long been abandoned on the bank beside the main creek. Continuing along the path I look to where the trickle of water is continuing to flow slowly back to the sea before the tide turns. The course of the creek meanders over the flat land with dark snaking gulleys providing extra drainage.

in places, has firmer ground interspersed with wind-rippled lakes of various sizes. Bright pink flowers top a stunted hollyhock stalk, which

Intermittent sunlight catches white boats resting at angles in the mud and half hidden from view. Vast marshlands stretch out ahead of me towards the sea, which is unseen beneath a ridge, the sound of the waves faint above that of



the wind. A one-storey building stands out in this flat land, with a nearby outbuilding in the same style. What purpose it can serve is not clear as no roads or tracks pass that way. Small tussocky grass islands dot the creek around which curlews and gulls feed, the long beaks of the former probing deep into the mud as they search for food. Cattle

and sheep, both of which look well fed and plump, roam the grassland to the landward side of the path. This area, although damp



seems oddly out of place in this marshland. As this is not a circular walk, I decide to retrace my steps and return to the quay. The sky is clearing from the north-east and blue is now interspersed

between the soft white clouds. I am walking with my back to the wind and into the afternoon sun, which is warm as it dips lower in the sky. Tree clad slopes rise gently to my left, amongst which a square church tower is silhouetted against the sky. A windmill sits in the foreground. These salt marshes provide a barrier between land and sea but if sea levels rise, there will be very little to stop the sea from reaching roads and houses along the base of the rising land. Already the buildings around the quay



have to put out sandbags when the tide is expected to be particularly high, as it is tomorrow when there is an almost full moon, a spring tide and a north-easterly wind, all conspiring to raise the high tide levels along this vulnerable stretch of coast.

This area is all reclaimed land from the sea, as is Romney Marsh, but there the resemblance ends. Immediately behind the sea wall on Romney Marsh, the land is fertile and farmed. The marshes here have been left to nature, farmed land only beginning once the land starts to rise. I stop for a cup of real tea in a glass teapot at the Two Magpies Bakery and continue to gaze out at this remarkable and peaceful landscape as the water begins to surge back. The tide has turned.

Diary of Forthcoming Events

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to pbarnes20@icloud.com.plus.com or via methods outlined on Page 4.

		name codes below:		One-Of	t Eve	nts			
Da	te Ti	me Event	Where	Tel. No.	Date	Time	Event	Where	Tel. No.
02-1		am Cantores Coffee Concert	LMC	See P14	01-Dec	4.45pm	Etchinghill Christmas Lights Switch -on	EVH	07544 670363
04-1		am Tommy Tea	LPC	See P10	01-Dec		Mount Pleasant Christmas Lights		
05-1		Dam Digital Support	AUKL	269602	07-Dec	10am	Christmas Craft Fair	LVH	
1-90		am Coffee and Cake Morning	PC		07-Dec	7pm	Big Fat Quiz	EVH	7514758936
12-1		0pm RMVH AGM	RMVH		08-Dec	11.30am	Community Christmas Gathering	LPC	862073
13-1		0pm Rhodes Minnis Hall AGM	RMVH		08-Dec	6.30pm	ERA AGM Music on a Friday -	EVH	07544 670363
14-1		30pm Dementia Café	AUKL	269602	13-Dec	7pm	Christmas Concert	LPC	
16-1		30am Mind Charity Event	RMVH	See P11	14-Dec	4pm	Cantores - Christmas Concert	LVH	
24-1 26-1		0am Farmers Market am Scrabble & Dominoes	LVH LBC	862073	15-Dec 23-Dec		Christmas Carol Service Christmas Present Delivery	LPC 863737	
28-1		Opm Lyminge Christmas Lights Switc		863737	2025		Christmas Present Delivery	003/3/	
30-1		on om Haywardians Christmas Concert			2025 21-29 June		LYMINGE FESTIVAL 2025		863737
30-1	NOV 3	m Haywardians Christmas Concer		Weekly		nto	LTIVIINGE FESTIVAL 2025		863/3/
					11				
Day	Time		Where	Tel. No.	Day	Time	Event	Where	Tel. No.
Mon	10am	Dementia Daybreak	AUKL	269602	Wed	10am	Pilates	TC	07825109670
Mon	10am	Bridge Club	LBC	863177	Wed	10am	Dementia Day Break	AUKL	269602
Mon	10.30am	Maintenance Cognitive Stimulation Therapy (MCST)	AUKL	269602	Wed	10am	Baby/Toddler Group	EVH	07817777975
Mon	10.30am	Lyminge Larks (Singing)	LMC	07951572920	Wed	11am	Singing For All (term time only)	AUKL	269602
Mon	10.30am	Chromatic Greys Art Class	EVH	07783575802	Wed	7pm	Tayne Centre Circuits	TC	07925982995
Mon	1pm	Lyminge Knitters	AUKL	269602	Wed	7.30pm	Cantores Dominicae Choir	LVH	07778 333339
Mon	1.30pm	Maintenance Cognitive Stimulation Therapy (MCST)	AUKL	269602	Thurs	10am	Boxfit (non-contact)	AUKL	269602
Mon	5.15pm	Pilates	EVH	07951608008	Thurs	10am	Dementia Day Break	AUKL	269602
Mon	6.15pm	Pilates	EVH	07951608008	Thurs	10am	Lyminge Morning Art Group	EVH	01303211364
Mon	6.30pm	Ballroom/Latin/Salsa Dancing	тс	07966751991	Thurs	10.15am	Baby Rhyme Time	LL	03000413131
	6.30pm	Judo Club	LVH	07369225021	Thurs	2pm	Lyminge Afternoon Art Group	TC	07870494644
Mon	7pm	Yoga	RMV	07977503897	Thurs	5pm	Pilates	тс	07951608008
Tues	9am	Seated Yoga	AUKL	269602		•	Pilates	тс	07951608008
Tues -	9.30am	Tai Chi Qigong	EVH	07402203239	Thurs	7pm	Short Mat Bowls	LVH	863842
Tues	10am	Lyminge Baby & Toddler Group	TC	07870405567	Thurs	7.30pm	Ballroom and Latin Dancing	EVH	07967979610
Tues	10am	Painting and Drawing	AUKL	269602	Fri	8am	Chiropody (appointment only)	AUKL	269602
Tues	10am	Dementia Day Break	AUKL	269602	Fri	9am	Pilates with Katherine	AUKL	269602
Tues	11.45am	Pilates	EVH	07834839801	Fri	9.30am	Dementia & Me Unit	AUKL	269602
Tues	1.45pm	Pickleball	EVH	862696	Fri	9.15am	Nikki Barratt Art Group	EVH	07870494644
Tues	3pm	Seated Yoga	AUKL	269602	Fri	10am	Dementia Day Break	AUKL	269602
Tues	6pm	Board Games Night	Coffee Cabin		Fri	10am	Painting and Drawing	AUKL	269602
Tues	6.45pm	Short Mat Bowls	LVH	863842	Fri	10.15am	Talk Time	LL	03000413131
Tues	7pm	Bridge Club	EVH	07790160476	Fri	10.30am	Main Cog Stim Therapy (MCST)	AUKL	269602
Wed	8am	Pilates	TC	07951698008	Fri	6pm	Junior Cricket Training Sessions	SPCC	07869283195
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Monthly Events

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When	Time	Event	Where	Tel. No.	When	Time	Event	Where	Tel. No.
1st Mon	2pm	RBL, Elham Valley Branch	St Mary's Church, Elham	862508	Last Tues	10.30am	Lyminge Poetry Group	LL	03000413131
1st Mon	10am	Stroke Support Group	C&H	07903150099	1st Wed	10.30am	Lyminge Friends	тс	862598
2nd Mon	7pm	Parish Council Meeting	тс	07544670363	1st Wed	2pm	Bingo	EVH	
3rd Mon	7pm	Etchinghill Cinema Club	EVH	07903150099	4th Wed	2.30pm	RM Circle	RVH	862913
3rd Monday	10am	Stroke Support Group	C&H	07715221705	Last Wed	7.30pm	Quiz Night	C&H	01303901011
1st Tues	2pm	Library Reading Group	LL	03000413131	2nd Sat	10am	Postling Ch. Coffee Morning	PC	863536
1st Tues ³	7.30pm	LHS Talk/Event	тс	863879	2nd Sat	10am	Ethelburga Quilters	EVH	
2nd Tues	2pm	Library Reading Group	LL	03000413131	4th Sun	9.30am	Farmers' Market	LVH	
3rd Tues ²	7.30pm	Gardeners' Society	тс	07703149008	3 monthly Sunday	10am	Blue Kangaroo Baby Class	EVH	07800 737936

¹ In term time only ² Except Jan and Feb ³ Except Jan, Feb, and trip in Aug ⁴ Except Aug and Dec ⁵ Not held in August ** Every three months

AUKL Age UK Lyminge; C&H: Coach & Horses; EVH: Etchinghill Village Hall; ELVH: Elham Village Hall, ERA: Etchinghill Residents' Association; ES: Elham Square, EVLT: Elham Valley Line Trust, JF: Jubilee Field; KH: Korf House; LB: Laing Bennett; LBC: Bowls Club; LL: Library; LMC: Lyminge Methodist Church; LPC: Lyminge Parish Church; LPS: Lyminge Primary School; LVH: Lyminge Village Hall; LW: Lord Whisky; NP: Nailbourne Court; PC: Postling Church; PH: Lord Whisky, Park House; PVH: Postling Village Hall; RVH: Rhodes Minnis Village Hall; RMC: Rhodes Minnis Church; RMCS: Rhodes Minnis Cat Sanctuary; RR: Rigden Room; SMVH: Stelling Minnis Village Hall, SNL: See Newsletter for info; SP: Sibton Park; SPCC: Sibton Park Cricket Club; TC: Tayne Centre; TF: Tayne Field; WF: Well Field

St Mary and St Ethelburga Parish Church, Lyminge

Friday 1st November

Stanford 6.30pm All Saints Service

Sunday 3rd November

Lyminge 10am WOW Service 4pm All Souls, Commemoration of the Faithful Departed Paddlesworth 6pm Evensong (BCP)

Sunday 10th November Remembrance Sunday

Lyminge 8am Holy Communion (CW2) 10.45am Parish Act of Remembrance – War Memorial 11.15am Joint Remembrance Service, Parish Church 6pm Choral Evensong (BCP)

Sunday 17th November

Lyminge 10am Holy Communion (CW1) Paddlesworth 6pm Evensong (BCP)

Sunday 24th November Christ the King

Paddlesworth 8am Holy Communion Lyminge 10am Family Praise

Sunday 1st December Advent Sunday

CANTERBURY CATHEDRAL 11am Elham Valley Group Advent Eucharist

If more information is required please contact the Church Wardens, Derek Smith 01303 862508 or Mike Chinneck 01303 863911

Rector's Message

All Saints Day on 1st November, marks the beginning of the busiest season in the church's calendar and culminates with the Christmas services.



In this season, we also commemorate the Faithful Departed and remember those who gave their lives in World Wars.

The Commemoration of the Faithful

Departed gives us space to remember those whom we love and see no more, and who have gone before us, in a more intimate way. It allows us to remember with thanksgiving before God those whom we have known more directly: those who gave us life and purpose, those whom we miss.

We are reminded that in Christ, there is the hope of a life beyond this one. Death is not the end.

. Rev'd Carol Bates



Lyminge Methodist Church

A warm welcome awaits you at the following services to be held at **11am**, followed by a time of refreshment and fellowship.

3rd November 10th November **11am** Rev. Kevin Taylor **10.45am** Service of Remembrance at Parish Memorial followed by united service at the Parish Church

17th November 24th November **10.15am** Valley Service at Rhodes Minnis **11am** Mrs Christine Slater

Thanks to the generosity of those attending the United Harvest Thanksgiving service a total of £189.90 was raised for the Royal Agricultural Benevolent Institution (RABI).

Rhodes Minnis Chapel

A warm welcome is extended to anyone who wishes to join us for the following services at **9.30am** in our small and beautiful Chapel and to share fellowship after the services over coffee and biscuits.

3rd November	Rev'd Kevin Taylor
10th November	Armistice Day Service at the Elham War
	Memorial at 9.30am
17th November	A united Valley Service will be held at
	10.15am here in Rhodes Minnis led by
	Rev'd Gill Songer
24th November	Mr Paul Missin

Postling Church Services

3rd November	No Service in Postling
10th November	8.30am Morning service
17th November	8.30am Holy Communion
24th November	8.30am Breakfast Service

Lyminge Newsletter

Terms & Conditions: Copy deadline for next edition - 18 November 2024

Please email your copy to the editor (**pbarnes20@icloud.com**). Your payment must be received before your article or advert can appear in the Newsletter. Invoices will be issued and should be paid ASAP either by BACs, cheque, credit card or cash (details on invoice). **Business adverts** cost from £9.50 per month or £95.00 per year. **Personal and charity adverts and articles** from £3 per month, or £30.00 per year. The annual rate offers 12 entries for the price of 10. Please make cheques payable to **'The Lyminge Association**'. If you do not have email, a typed paper-copy may be left with the payment at the Library. The Newsletter is printed by Canterbury Print & Mail.

Lyminge Association accepts no liability for the accuracy of the advertisements or subsequent actions arising in conjunction with advertisers in the newsletter.

Further details from Peter Barnes (editor) on 01303 863737 or pbarnes20@icloud.com

Etchinghill Update - November 2024

ETCHINGHILL RESIDENTS' ASSOCIATION (ERA)

Chairman: David McCombe - 07939 076617 E-mail: <u>dmccombel@gmail.com</u> Website: <u>www.etchinghill.info</u> Facebook: Etchinghill Residents

ERA FILM NIGHT AT ETCHINGHILL VILLAGE HALL - MONDAY 18 NOVEMBER - FILM STARTS AT 7.30 PM - DOORS OPEN 7 PM. "THE HOLDOVERS" 15. A Comedy/drama, starring Paul Giamatti, Da'Vine Joy Randolph and Dominic Sessa. A curmudgeonly instructor at a New England school remains on campus during the Christmas break to supervise students unable to journey home. He soon forms an unlikely bond with a brainy but trouble-making student and the school's cook, who caters for sons of the privileged and whose own son was recently lost in Vietnam. These three very different shipwrecked people form an unlikely Christmas family, sharing comic misadventures and ultimately helping each other. Entry fee is only £6 pp and includes a glass of wine, tea or coffee with biscuits and entry into a free raffle. New members are welcome, simply register and pay on the night - no need to book.

ERA CHRISTMAS TREE LIGHTS SWITCH-ON - SUNDAY 1 DECEMBER 4.45 PM. Meet by the Christmas tree situated at Meriden Walk, Meriden Park, when the lights will be switched on. Afterwards, please make your way to the village hall where there will be carol singing, accompanied by the Shepway Brass Academy youth band, and complimentary seasonal fare will be served.

seasonal fare will be served. ERA AGM - ETCHINGHILL VILLAGE HALL - SUNDAY 8 DECEMBER - DOORS OPEN

AT 6.45PM FOR A 7PM START. Please support the ERA and come along to our AGM to vote for a 2025 committee. There will be an open forum session, where residents discuss matters affecting Etchinghill and the parish. Complimentary refreshments will be served.

STORE ROOM - Work has begun on the Village Hall new storeroom extension and hopefully will be complete by the end of February 2025.

NEIGHBOURHOOD PLAN - WEDNESDAY, 6TH NOVEMBER AT 6PM. Sadly, the consultant helping to develop our Neighbourhood Plan has apparently resigned! This Plan, which affects all the villages within the Lyminge Parish, needs to be taken forward and your **VOICE** is needed. There will be a meeting of Parish residents in the Etchinghill Village Hall on Wednesday, 6th November at 6pm to discuss how the Plan can be progressed; so please attend.

THE BIG FAT QUIZ - SATURDAY 7TH DECEMBER 7PM at Etchinghill Village Hall. £5 per person includes Christmas crackers and mince pies! Please bring your festive drink and nibbles and enjoy the fun to get in the Christmas spirit. Tel: 07514758936 to reserve your table. John White, Village Hall Chairman.

News contact: Jacqui Blandford – 07543 966830 or email: jacqui.blandford@gmail.com

GLASS AND CHINA VASES AND URNS IN LYMINGE CHURCHYARD

The use of glass and pottery for memorial urns or vases on graves in Lyminge Churchyard is dangerous for those who cut and strim the grass. It has been against the church's regulations for some time and we have taken the decision that they must be removed. It is permissible to use other materials which will not shatter if hit by a mower/strimmer, but they should be buried deep in the ground to reduce the risk. The PCC is aware that this is a difficult matter for families but the safety of those working in the Churchyard is paramount.

Will those custodians of burial or interment plots, please remove any glass or pottery vases etc. as soon as possible. Any remaining after 1st December will be removed and disposed of by the PCC.

Lyminge PCC







We would dearly love your input - a theme and ways to engage with the younger age group in our area.

Please send any thoughts, no matter how basic they might be, to:

Peter Barnes 0780 877 5302

pbarnes20@icloud.com

Rhodes Minnis Circle

At our next meeting on **27th November Brian Laverick Smith** will be speaking on **'30 Years Trouble on the Hover**'. The meeting is at Rhodes Minnis Village Hall at 2.30pm and visitors are very welcome to join us.

For further information contact:

Lis Hirlemann 07590 913856

Thank you....

...to all those who came to our coffee morning and helped us raise over **£750** on Friday for **Wear It Pink for Breast Cancer**. Big thanks also to Lyminge Primary School, The Coffee Cabin and The Coach and Horses. A real village effort. Thank you everyone.

Lyminge Parish Church

Morning Coffee

The POSTLING COFFEE & CAKE MORNING IN AID OF THE PILGRIMS HOSPICE

Saturday 9th November 10am to 12noon at Postling Church ALL DONATIONS GO TO THE PILGRIMS HOSPICE IN THEIR ENTIRETY - PLEASE BRING CASH



Countryside & Craft Centre Registered Charity 295563

Railway Museum

ELHAM VALLEY

FESTIVE FAYRES

16TH, 17TH, 23RD and 24TH NOVEMBER Traditional Hand-crafted Gifts, Festive Hot & Cold Refreshments, Father Christmas, Festive Special Miniature Train Rides (weather & availability permitting) and TOTEM CRAFT every Sunday

www.elhamvalleylinetrust.org

www.facebook.com/ElhamValleyLineTrust.Official

Walk 100km with your dog in November

Some of you already know that I am undertaking a sponsored walk with my dog, Ben, to complete the challenge of 100km over the November period in aid of **Macmillan Cancer Support**.

Ben and I start the 100km walk on 1st November. All donations, no matter what their size, are greatly appreciated right up to the end of the challenge on 30th November. I have a sponsorship form and I'm happy to receive your donations, through the front door



CANCER SUPPORT

A registered charity

(**Ivy Lodge, Woodland Road CT18 8EP**) or give me a call (**078 087 75302**) and I'll arrange to collect it. Alternatively, the online link is:

www.facebook.com/donate/1042892997313923/?fundraiser_ source=external_url

Rest assured, I'll let you know how we got on in the December edition of the newsletter. Currently, we have already collected \pounds 419 (23 Oct) and that's all before 1st November!!

Ben and I would really love your help to get to £600.

<u>Peter Barnes</u>

Change in Junction Layout



"Succession Planting

A presentation by Steve Edney (previously of the Salutation Garden, Sandwich)

Tuesday 19th November 7:30pm at The Tayne Centre, Lyminge Refreshments from 7:15pm

Non-members very welcome - entrance fee for non-members £5 to include refreshments

> For more information about the Gardeners' Society please email: <u>lymingegardeners@gmail.com</u> or call Anne on 07703 149008



Fifth Trust Update

Our Christmas craft fair returns on Saturday 7 December from 11am to 3pm. Head to our Elham Valley Vineyard to browse a range of beautiful festive gifts made by our students with learning disabilities – from greeting cards and ceramics to delicious food, drinks, and more. Plus, you can buy your real Christmas tree from our garden centre.

Step into the spirit of Christmas with a delicious **Christmas lunch** at the Vineyard Café. Available from 25 November – 20 December, our festive menu is the perfect way to celebrate the season whilst supporting our charity. Enjoy two courses for £22.50 or three courses for £27.50.

Book your table today by calling 01227 831266 or emailing: cafe@fifthtrust.co.uk.

Hythe Aqua Swimming Club has vacancies for potential competitive swimmers Level 7 and above. Join a Club with a nationally accredited swim programme. Lessons/Coaching sessions are held on Tuesday & Thursday evenings at Hythe Pool.

We also welcome adult length swimmers to our Adult training on Tuesdays & Thursdays at 9.00pm

To book your place

Email: <u>hytheaqua@btinternet.com</u> or checkout our website: <u>www.hytheaqua.org.uk or F/book</u> Tim Rising, a local resident, contacted KCC and raised a concern regarding the cycle improvements taking place along Cheriton Road. Part of their reply is as follows:

'As part of the update to the Highway Code in January 2022, there was the introduction of new rules (H1, H2, H3) regarding the hierarchy and responsibilities of road users.

Rules H2 and H3 focused on the responsibility of road users to wait for pedestrians and cyclists to cross at a junction prior to turning in or out of a junction.

Priority Crossings such as those at the junction of **Radnor Park West and Julian Road** reinforce these rules by providing marked or design priority enhancements to a junction for both pedestrians and cyclists. These enhancements are typically provided by a zebra/ parallel (marked) crossing or a continuous footway (design) crossing.

In this instance, priority is reinforced by coloured (red) surfacing and road markings denoting the cycle path extents spanning the junction.'



Lyminge Judo Club

(Bushido Club registered)

We are a small friendly village club. We welcome and encourage both novices and skilled players and train every Monday evening at Lyminge Village Hall from 6.30pm. Open to all ages from 6 upwards - no upper age limit.

Juniors £2.50 per week; Seniors £3.50 per week. First session free, with no obligation.

Contact: Craig Munn email: <u>craig.munn1@yahoo.com</u> Facebook: <u>www.facebook.com/Lymingejudoclub</u>



8





Come along to our AGM, stay informed on our successes this year, and hear about our plans for the future!

Everyone is welcome, and refreshments will be available after the meeting. You'll also have the opportunity to meet our Trustees, and hear why they are so passionate about our work in the community!

For more information, or to receive a copy of the agenda, please call 01303 269602 or email Cleo on co@ageulhla.org.uk

WEDNESDAY, 27TH NOVEMBER 2024 MEETING STARTS AT 3PM

> AGE UK HYTHE, SANFORD HOUSE, STADE STREET, HYTHE, KENT, CT21 6BD

Registered charity number 1125274. Company number 6589817. ® Age UK Hythe, Lyminge and Ashford 2024.

AGE UK - LYMINGE

Come along to our **Diabetes Support Group!**



The last Thursday of each month at Age UK Hythe **1:00PM – 3:00PM**

Come along and talk to others with Diabetes, gain support with various issues, and get help and advice.

This peer to peer support group is free, and refreshments will be available.

Age UK Hythe, Sanford House, Stade Street, Hythe, Kent, CT21 6BD

Booking is essential. Please call **01303 269602**



Registered charity number 1125274. Company number 6589817. Age UK Hythe, Lyminge and Ashford 2024.

Better Lives Together East Kent Health and Care Partnership



Join us for All Day Breakfast

Every Wednesday

9am - 2pm

£6 pp - includes Tea/Coffee

No need to book

AGE UK Lyminge, Everist Court



Tel: 01303 863737





Opportunity to become a Governor at Lyminge Church of England Primary School

Do you have the skills and insight needed to become a School Governor? We are looking for someone to take up this vital and important voluntary role in our local community. Applicants who can demonstrate a good understanding of the purpose and principles of governance are especially welcome, but we also value applicants with the commitment to learn and progress in the role.

As a Governor of Lyminge School you will work with an experienced and dedicated team to fulfil the statutory responsibilities of the Governing Board, supporting staff and holding them to account to ensure the school provides the best possible education for all its pupils. Governors are expected to uphold the school's Christian values, and to maintain high expectations for behaviour and academic achievement.

If you are interested in applying for this role, please write a brief statement outlining what you would be able to bring to the Governing Board. Please include contact details for two referees.

Send it before the closing date of 8th December 2024:

- By email addressed to the Chair of the Governing Body, via Susan Foster, Clerk, at <u>sfoster@lyminge.kent.sch.uk</u>
- By letter addressed to the Chair of the Governing Body via the school office or by post c/o Emma Wren (Senior Administrator), Lyminge Church of England Primary School, Church Rd, Lyminge, CT18 8JA

Applicants will be contacted by Sarah Montgomery, Chair, soon after 8th December to arrange a meeting to discuss the role in more detail.



South Kent SEN Tuition 1:1 and small group tuition in your home

Private tuition from highly experienced and skilled teacher

Supporting children whose parents may have decided that they should be educated other than at school Electively Home Educated or 'Educated Otherwise than at School' (EOTAS)

Supporting children for whom school can be a stressful and anxiety producing place I offer a gentler more bespoke approach.

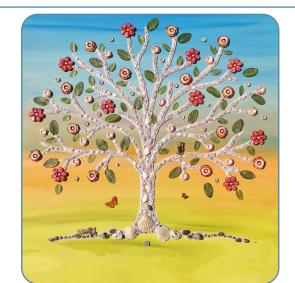
I also offer booster lessons in reading, phonics and maths Contact me for a free 30 minute call or virtual meeting to discuss your needs and to see if I can help. www.southkentsentuition.co.uk sarah@southkentsentuition.co.uk 07751459085



Fund raising coffee morning/ afternoon

Saturday 16 November 10.30-2pm Rhodes Minnis Village Hall Tea/coffee/mulled wine/homemade cake Natural handmade beeswax candles Handmade Christmas decorations/wreaths Handmade Christmas and greetings cards Under £5/stocking filler stall

Nearly new stall and raffle All proceeds will go to Mind and mental health charities.



Shelly's General Garden Maintenance Service 07738 113386

Lawn mowing

Weeding - patios, paths, drives, beds & borders Cleaning - greenhouses, conservatories,

patios, paths Painting - sheds, outbuildings, fences Call Shelly on 07738 113386 for more information

ETCHINGHILL RESIDENTS' ASSOCIATION



We are delighted to welcome back the Shepway Brass Academy to accompany our carol singing. Donations to the band and the ERA will be very welcome



It's time to vote for your committee to take us through 2025 and to join in the Public Open Forum to air your views, and offer suggestions, to help maintain & improve the neighbourhood. Why not join our friendly committee to support the community? Complimentary refreshments served.

District Councillors' Update - November 2024

Otterpool Park – Negotiations continue to take place with Homes England but they are 'dragging' their feet. A working group has been set-up within the Council to consider the options being discussed with Homes England and also looking into other possibilities. **Call for Sites** – the District Council issued a 'call for sites' which started on the 7th October and runs for 6 weeks, closing on the 18th November 2024. It is an opportunity for residents, parish councils, landowners, developers and other stakeholders to suggest



land – with the potential for future development – for a wide range of uses. These include housing, employment, leisure, community, open space or areas set aside for nature.

Police & Crime Commissioner – Kent's PCC is writing his new Police and Crime Plan which sets the Chief Constable's priorities. His plan is to cut crime, support victims and build trust. He wants to know what you think and what your experience of crime is. He has launched an anonymous survey for residents to have their say – see <u>www.kent-pcc.gov.uk</u>

Contact: jenny.hollingsbee@folkestone-hythe.gov.uk Mobile 07887918458 X (Twitter) @jennyhollingsbe

As I am sure you will have heard, the Government is stopping the **Winter Fuel Payment** for any pensioner who is not in receipt of Pension Credit. Can I urge you to check if you can apply for Pension Credit and that will give you access to the £300 payment. If you are a pensioner and are on a low income you may be eligible. The application form is available on the Council's website and friends and families can help by checking with relatives and helping with filling in the application form. The deadline for applying and being able to receive the Winter Fuel Payment is 21 December 2024.

The consultation on the **Corporate Plan** has been completed, with 550 responses received. This is a really good response rate as these things go. So many thanks if you returned the on-line questionnaire.

The F&HDC **Asset and Social Housing Decarbonisation staff** won the Asset Management category award at the recent Kent Housing Group Excellence Awards. The work carried out is already making a difference for tenants who are seeing their bills reduce and their homes warmer. The work has also reduced the tenant's carbon emissions which benefits us all. For the **first time** the October meeting of the full District council was successfully held outside of Folkestone at The Marsh Academy, New Romney. It is hoped that the full District Council meeting will continue to move around the District to encourage more members of the public to attend.

Contact: elaine.martin@folkestone-hythe.gov.uk



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At Lyminge Methodist Chapel

Saturday, 2nd November at 11am **Arrive from 10:15am for refreshments**

including those cakes

Tickets on door: £7.50 children free Charity registration No. 1087409

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Wednesday, 6 November is our annual "Open Review" session when the group discusses the Christmas Lunch preparation, January Pub Lunch and looks ahead to our exciting 2025 programme. Of course, there will be **Coffee and Cake**. The cost for this meeting only will be £2 plus a Raffle.

Following on from our Summer Lunch success, our **Christmas** Lunch on Wednesday, 11 December has already been fully subscribed. We look forward to welcoming everyone at 12.30pm on Wednesday, 11 December at St Mary and St Ethelburga Church.

On New Year's Eve we are having lunch at China China in Lyminge. If you would like to join us please get in touch, or better still, come along to one of our meetings.

Everyone welcome - Entry is £4 for Social Meetings (inc Tea/Coffee)

We are a friendly social group and welcome new members and visitors so just drop into a meeting, or if you'd like to talk to one of us first, please call 07904 157897. All meetings are held in The Methodist Church, Church Road, Lyminge from 10.30am to 12noon unless stated otherwise.



LYMINGE AND ELHAM VALLEY STROKE **SUPPORT GROUP** enjoyed a fascinating visit to the

Royal British Legion Industries (RBLI) in Aylesford earlier this year. We are now hosting a Tommy Tea to help raise funds for this very worthwhile cause. Come and join us for tea and homemade cake/savouries at:



Lyminge Parish Church Monday 4th November 11am until 2pm





RBLI is completely separate to The Royal British Legion and receives no financial support from the annual poppy appeal. The charity must raise its own funds to deliver care and employability, support and build more homes.



LYMINGE PARISH COUNCIL

Etchinghill - Lyminge - Rhodes Minnis

www.lymingeparishcouncil.org.uk clerk@lymingeparishcouncil.org.uk

UPCOMING MEETINGS

4 NOVEMBER - FINANCE & ADMINISTRATION 18:30 / CLIMATE ACTION 19:30 (LMC)

7 NOVEMBER – PLANNING & LICENSING 9:30 (EVH)

11 NOVEMBER – FULL COUNCIL 19:00 (LMC)

28 NOVEMBER - PLANNING & LICENSING 9:30 (EVH)

JOIN THE COUNCIL



We still have open spaces on the parish council and would welcome applications to join. Lyminge Parish Council is a rare council in that it has a very even spread of ages, abilities, sex and experience. Though being a councillor can seem nerve-wracking, it is an interesting and varied role and is less time consuming than you think! If you are interested in joining, come to our meetings and see what you think or email the Clerk!

2025/2026 BUDGET

We will shortly be setting our budget for the 2025/2026 financial year and we would love to hear your ideas. We already have some set expenditure such as staff costs, and we have some ideas we are working on (Rhodes Minnis Play Park) but we would like your input on what we could consider in 2025/2026 and beyond. Please email <u>clerk@lymingeparishcouncil.org.uk</u> for more information on how to get involved.

BUS STOP REFURBISHMENTS

Our handyman has been busy refurbishing the New Barn Corner bus shelter and the difference is night and day! Let us know where else needs doing up! <u>fred@lymingeparishcouncil.org.uk</u>

SEE THE PICTURES ON THE NEXT PAGE ...

CONTACT INFORMATION

General - clerk@lymingeparishcouncil.org.uk Handyman - fred@lymingeparishcouncil.org.uk





Thoughtful Food....

...is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We also run a community allotment in Lyminge and welcome new members.

Contact: <u>thoughtfulfoodgroup@gmail.com</u> or on Facebook and Instagram <u>@thoughtfulfoodgroup</u>

Next **Thoughtful Food** meeting, **Tuesday 5th November**, **7.30pm**, at the Coach and Horses Public House

News from the community allotments

We've had a good growing year at the TF community allotments. Even in 1 x 1sq metre it's surprising how much variety you can grow throughout the year: early broad beans, courgette in summer and leeks planted for January. Other popular vegetables are onions, shallots, squash and spinach. You can't beat the taste of freshly picked veg - ground to plate in under an hour.

There is one plot available for 2025 and if you're interested please contact: thoughtfulfoodgroup@gmail.com

Ultra Processed Food (UPF) approaches to a personal plan

Unfortunately, UPF has infiltrated our lives. It began long ago, and with such busy hectic lives, it is not going away. The structure of society, culture, economics and personal need and freedom makes simple fixes out of the question. Exactly what harm may be caused by such food-like substances is certainly not clear at all. The cause of ADHD, depression, type 2 diabetes, heart disease, Alzheimer's, multiple sclerosis and metabolic syndrome are likely multi-factorial and are not going to be cured overnight by banning sugar and legislating against the food industry. What can be done then on a more personal level?

- 1. Do nothing. This head in the sand approach might work for some for a while at least. Happily pointing to others who have taken a different approach and gone on to develop some chronic disease might make it feel worthwhile. It is important to be honest with yourself though.
- 2. Try to reduce UPF without getting madly embroiled in the detail or falling out with your family and friends. Look critically at your intake for a month, concentrating on where changes will make the most likely difference. Be realistic about afford-ability and sustainability.

If you already have a problem with a chronic disease or decide to make a major change to what and how you eat, get some help and support. Assess your need and problem areas, include issues like time and money. Make an appointment with a nutritionist and your Primary Care Provider. Work with them or with a group of like minded people. Don't beat yourself up and don't come up with something that is so hard it is bound to fail.

Life is short. Enjoy the challenges it brings and don't sweat the small stuff. Enjoy 'The Moment'. Sometimes it will mean experiencing the exquisite colour of a autumn with sunshine reflecting off the yellow, orange and red leaves. Other times it means the melting flavour of a delicious ice cream, the company of friends and family, eating food they have made together. Being bold enough to find out what is the right approach for you is a beginning. It is worthwhile because you want it to be, not because it will make any difference to the food industries' corporate greed.

Things to do: November

- Gather fallen leaves for making into leaf mould. Put into old compost bags. Punch a few holes in the bag sides then store for about a year then add to your compost.
- Continue to make your own compost. Turn it from time to time to aerate it and prevent it from becoming slimy. Try to add 50/50 brown material to green. Search Charles Dowding Compost and take a look at the master composter! Composting from start to finish in different types of heapl including a ground level wormery (youtube.com)

2 medium eggs beaten

2 tablespoons milk



• Tidy your borders leaving some of the seed heads for the birds. No tidying means you have a bigger job in March!

About 1 tablespoon demerara sugar

• Sow broad beans if not done already and cover brassicas with netting to dissuade pigeons from feasting on your efforts

Somerset Apple Cake (in old measurements!)

Ingredients

• 3 oz butter

- 1lb Bramley apples, peeled cored and small cubed
- 6 oz castor or soft brown sugar •
- 1 orange rind, grated
- 8oz self raising flour
- Method
- 1. Grease and flour a 9 inch cake tin
- 2. Cream the butter, sugar and orange rind and beat until light and creamy
- 3. Mix 1 tablespoon of the flour with the apples in a dish
- 4. Put eggs, milk in the bowl with the creamed butter
- 5. Add remaining flour, and apples to the creamed mixture and blend well with a metal spoon
- 6. Turn into prepared tin, sprinkle with demerara
- 7. Cook at 180°C/350°F/Gas 4 for 40-50 minutes until golden. Test with a hot skewer to make sure the middle is cooked.
- 8. Serve cold as a cake or warm as a pudding with cream.

Very Best Seasonal Wishes from Thoughtful Food





Parish Council Climate Action Meetings

Lyminge Parish Council recently decided to create a Climate Action Committee. If you have any suggestions for climate action initiatives that could be supported in the Parish please do let us know, if possible by coming along to one of the Committee meetings as advertised by the Parish Council. The next meeting is on Monday 4th November at 7.30pm in the Lyminge Methodist Church. Keep an eye out for the agenda as advertised by the Parish Council.

Lyminge Parish Neighbourhood Plan - Natural Environment Policies

Hopefully you all know that we are working towards creating a Neighbourhood Plan for the Parish. More details can be found through the Parish Council and their website. As part of the Plan we will be developing various policies related to our natural environment. Currently we expect these policies to cover aspects such as "Biodiversity and wildlife corridors", to map out our green and blue infrastructure and demonstrate how it can be safeguarded, expanded, and better connected, with scope to identify biodiversity opportunity areas; "Local green spaces", to safeguard demonstrably special green space from inappropriate development; "Significant local views", to identify views that are particularly special and safeguard from the impacts of development; "Dark Skies"; and "Flooding and drainage". We may organise some small group meetings to work on these Natural Environment policies, if you would like to join in please let us know via tony.king@ lymingeparishcouncil.org.uk, otherwise keep an eye out for news from the Parish Council about how to get involved in other policy areas or in the Neighbourhood Plan process more generally.

Court Lodge Green Annual Cut

One of the existing Parish Council owned community green spaces is Court Lodge Green, a chalk and clay slope situated on the edge of Lyminge, used primarily for walking and dog walking, and very occasionally for sledging. The current management strategy here is to cut the field once a year, after wildflowers have seeded, and have the cuttings removed. This removes nutrients from the field which impedes various vigorous grasses from dominating the field and allows a larger diversity of wildflowers to flourish. Additionally, one of the wildflowers benefitting from the management is yellow rattle. Yellow rattle plays an important role as a semi-parasitic plant of grasses, suppressing the grasses and allowing other wildflowers





to grow. Some areas of the field are left uncut each year, including the borders, to provide shelter which is important for many wildlife species over winter. This year the annual cut was undertaken in early October. The field was fairly wet and an area close to the entrance to the field has been left rather muddy. This is quite similar to the situation two years ago - the following year this patch produced one of the most diverse communities of wildflowers on the field, and was the single best patch on the field for red bartsia bees, one of the rarest insect species regularly using the field. Whilst it may look unattractive at the moment, let's hope that next year this patch will be similarly diverse and attractive, to us and wildlife alike.

Do You Need Some Hedge Plants or Tree Whips This Autumn/Winter?

As we have done for the last few years we will be sourcing young native tree whips this autumn/winter for planting around the Parish. If you have ideas of where would be good places for planting hedges or trees, or if you would like to have some for your own hedge or property, please contact us on tony.king@ lymingeparishcouncil.org.uk





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Lyminge Village Hall Update

- a message to the community

As you may remember we've tried to get more volunteers to help us run Lyminge Village Hall. As this has been unsuccessful, we are now handing the Village Hall back to Lyminge Parish Council who will become its SOLE TRUSTEE. This means that although the hall will still be run by a committee, they will no longer be trustees.

We are very proud of our recent achievements, we have refurbished the hall and brought its facilities and systems up-to-date. Some of our committee have had involvement with the hall for more than 40 years! The committee and the community are very much in debt to those dedicated members.

We are sure that the Parish Council will build on our achievements and the hall will continue to be a valuable asset to the community. If you wish to hire the hall please access the booking system on the website lymingevillagehall.org.uk



"Lyminge Friends were delighted to welcome local author Emma Batten to speak at our October meeting. Her talk "Discovering Lyminge Through My Writing" was an extremely popular choice and was very well received."



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- For more information please visit my website: <u>annasanimalphysio.co.uk</u> or feel free to contact me on 07944 606453 or <u>anna@annasanimalphysio.co.uk</u>
- Why not follow me on social media:

Instagram: <u>@annas_animal_physiotherapy</u>, Facebook: <u>@annasanimalphysiotherapy</u>

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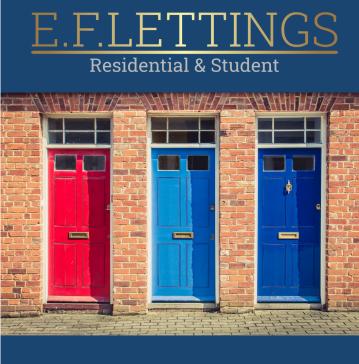
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(details on P13)



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Baby & Toddler

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Contacts:

Chair:	Peter Barnes 01303 863737 or
	07808775302
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Treasurer: Martin Fry 01303 863177 martin@rhodesminnis.org.uk

Minute Sec: Heather Dunford

Committee Members:

Marian Chubb, Richard Chubb, Dave Hunt-Cooke, Stephen Guyatt, Gillian Heywood, Robin Mackonochie, Derek Smith, Penny Stephens, Adrian Willcox, Bernie Wood, Martin Wood Newsletter: As for Peter Barnes above.

Please contact the Chair if you need any financial support for your charity.

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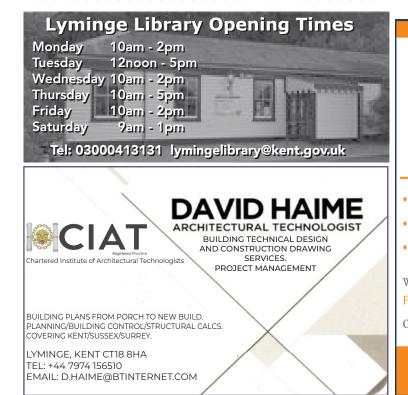
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SATURDAYS

There are route 17 buses at 0749, 0844, 0944, 1044, 1144, 1244, 1344, 1444, 1544, 1644, 1744, 1844, and 1929.

On Mondays to Saturdays there are also route 18 buses to Sandling Station & Hythe - for times see our website or call the number below.

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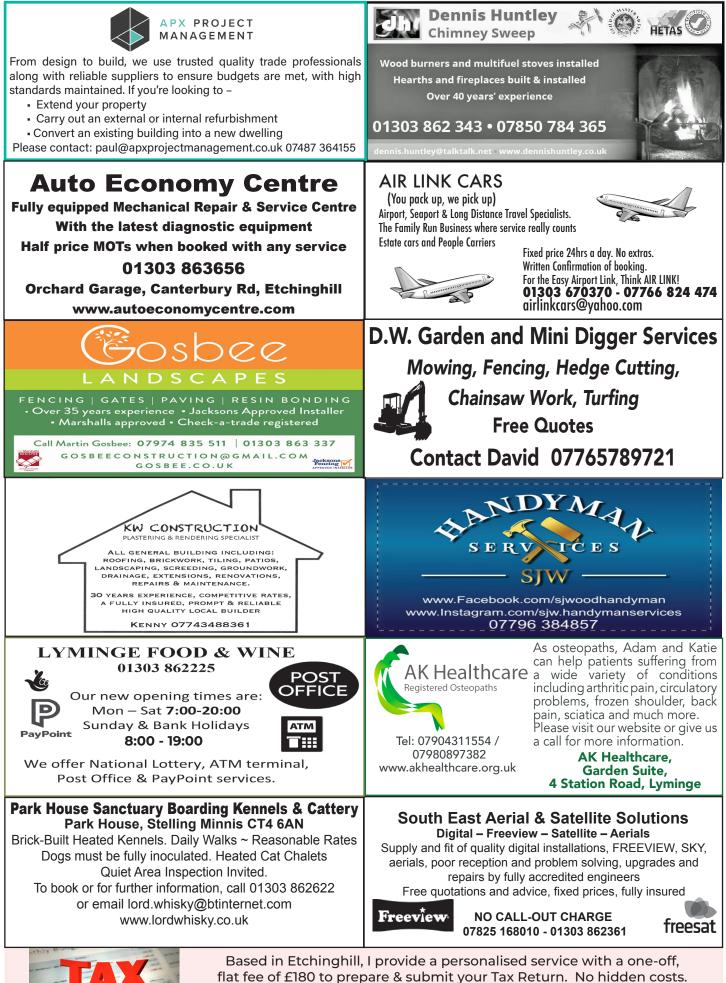
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Do you have any photos of local events or groups in action? If so, can you please forward them along with a few words to pbarnes20@icloud.com



LYMINGE THEN AND NOW

Our monthly look at how Lyminge has changed over the years, with thanks to Lyminge Historical Society.



Out & About..



From the Brady Road crossroads last month, this time we have come to the other end of Woodland Road where it meets the High Street. This stretch of road used to be known as Prospect Hill, named after Prospect House which is visible to the right hand side of the photograph on the left, which dates to around 1910.

Prospect House was an old property that apparently dated to at least the late 17th Century. It seems to be depicted on the map drawn by Thomas Hill in 1685 recording the estate of Timothy Bedingfield who established the Bedingfield Trust. It is certainly shown on the map drawn in 1760 by Thomas Hogben recording the land belonging to the Rector. William Prebble, who according to his gravestone in the churchyard was Parish Clerk for 35 years, lived in this house until his death in 1839. With his wife Elizabeth he had nine children who all lived to adulthood. The half-timbered façade visible in the photo is deceptive. This half-timbering makes it look like something built between the two World Wars, but from what we know, it was certainly much older than this. However the house called Piper's Hill that now stands on the site was built between the wars. This house is hidden behind the trees and bushes to the right of the present-day picture that now edge the boundary of the garden along the road.

Further up Woodland Road in the older photo, Palm Tree House is just visible, as it still is today. This too is an old building, the centre of a farm probably standing by the mid 18th Century as it appears on the map of 1760. However this was the extent of the buildings on this western fringe of the village until after the Second World War. All the houses that now line the road have been built since then.





Letter To the Editor

Dear All,

This is the current view from the end of Robus Terrace where we have lived for 18 years. It is why we moved here among other reasons such as being on a bus route, local shops and easy access to motorways without having their associated noise. In 2015, an application to build 30 houses was put in for this five acre field to be included in the local plan. It was refused.

We now understand that Folkestone & Hythe Council are updating their local plan and have `called in' any potential building sites. This evidently, includes this five acre field which is now owned by a development company who have carried out various surveys on it.

We are hoping the residents of Lyminge will be guided to have a say on future developments in the village and surroundings and not find out after the event, that permissions have been granted.

Best wishes *A Gledhill*

Editorial: As recorded on P12 under District Councillors Update, the recent FHDC "Call for Sites" is open now until 18th November, regarding finding opportunities for sites for development and also sites for notable green and blue infrastructure. Anyone can make proposals at the website: www.folkestone-hythe.gov.uk/planning-policy/call-sites

For information: green infrastructure is green spaces and blue are waterways or lakes, etc. to be put forward for recreational development or wetland development.

Councils undertake a scoping exercise when they are creating their new 10 year local plans. They then spend a year or so going through the sites to see what the potential is with them before more consultation. Once the plan is published it will highlight where they envisage development to come from as well as where they plan to put in critical infrastructure and nature solutions.

With the new government's increased housing targets, it's more important than ever to put forward sites for green spaces. What most people don't realise is that once a site is accepted for housing development and is in the local plan, it is very difficult to revoke. Sites that are being developed today may well have been reviewed years before and put in the Local Plan because there were no objections to it when being drawn up.

Hence, it's really important to keep an eye on the Local Plan and comment on it when it comes out for review. If you have any issues with it, there is a planning review that you need to make representation to put your objections forward to be independently assessed. This is how residents have their say in the planning process. The problem is that people don't realise they needed to raise their protests years before when the Local Plan was being created.

Liz Coleman – Quilt Judge and Calendar Girl!

Retiring after a career in the NHS, Liz Coleman (a resident of Lyminge for 36 years) had more time to devote to her passion – Patchwork and Quilting. Liz has been creating guilts since her teens but wanted to become more expert in her approach. She undertook over two years of intense study with The Quilters' Guild of the British Isles (QGBI) to become a qualified International Quilt Judge, receiving her certificate and badge last year. This year she was part of the judging teams at the Malvern Spring Quilt Show and more recently at the Festival of Ouilts at the NEC. Birmingham.

A few months ago, Liz submitted a photograph of one of her quilts, 'Bali Garden' to QGBI in response to their competition for images for their 2025 calendar. Much to her surprise and delight Bali Garden was selected for the front cover of the calendar – and what is more, it has also been printed onto the lid of a tin. Patchworkers love tins since they can store needles, pins, papers, fabric and thread etc. in them, ensuring that they can put patches together on their travels!

Liz runs Ethelburga Quilters and gives occasional talks to WI groups etc.



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