

THE LYMINGE NEWSLETTER

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

January 2025
From The Lyminge Association

Produced by
THE LYMINGE ASSOCIATION
www.lyminge.org.uk



Image by Leonard Witucke from Pixabay

China 中國城 Chinese New Year
China 中國城 Year of the Snake 蛇

Come and Celebrate 2025 with us

Tues. 28th & Weds. 29th January

Chinese New Year Celebration

Special 5 course meal

£39 per person

includes Lion Dance & and Fireworks

and on

14th Feb. Valentine's Day Special

£28 per person

To book your table please pop in or phone 01303 863 288 or 07539 200 804

Fireworks
around 9pm

05-11-2024

Margaret Saunders' Meanderings

November has drifted into December, and with a cold snap behind us and a run of wet days forecast for the foreseeable future, I take the opportunity of a walk on a day that promises some sunshine and no rain. Deciding on a circular walk, I set off along Woodland Road from the Brady Road crossroads. The drainage pond at the junction with Skeete Road has begun to fill and fallen leaves on the road make it squidgy underfoot. Hedgerows and countryside lack significant colour at this time of year so I look for the more muted colours as I walk between the hedgerows that border the road.



Cherry red dogwood twigs push up straight and tall amongst red wayfarer and bramble, yellow maple and bronze beech leaves. Hazel catkins provide a soft green; ivy a darker green. Hart's tongue fern sprouts from the bank, its glossy green fronds resembling a deer's tongue, hence its name. It is an ancient-woodland-indicator plant and can also be an indication of ecological continuity. Spores are stored on the underside of the leaves in short horizontal stripes leading out from either side of the midrib. I keep to the right hand side of the road where the hedge grows up the steep bank as it is here that I can catch some Winter sun, which still has warmth even though it is only three weeks away from the shortest day. Gaps in the hedge to my left give a view of undulating land up the Skeete Valley – Storm Bert has stripped the trees of their leaves paring them back to their bare bones which stand out on horizons and afford a clearer view of the landscape. Some fields have been ploughed and others planted with wheat, their green shoots lined up in even rows.

An oak tree, with its huge expanse of branches, makes a canopy across the road, the few remaining leaves jiggling and rustling in the breeze. Leafless trees let in more light so in some ways this walk is lighter in Winter than Summer. Pheasants scuttle about amongst the trees behind mesh fencing, alarmed at my presence, warning each other with their loud croaking call. Trapped the lane-side of the fence is a hen pheasant, which covers motionless, hoping the danger will pass.



At the top of Woodland Road I take Green Lane to the right. Both these roads are descriptively named, although woodland has been cleared along much of Woodland Road making it more of a 'green' lane and paradoxically Green Lane has more woodland cover to either side. Nature has adorned my route sparingly: ivy clad fence posts, the bright berries of holly, black briony and rosehips, filigree bronze bracken and the Autumnal shades of the last remaining leaves, all with a rich backdrop of green tones from moss, ivy, lichen, holly and evergreens. An apron of tan coloured fungi wraps itself around the base of a dead tree whose trunk is completely covered in ivy, even extending out along some of its branches. Amongst the thicker twigs of

a tree, an untidy nest has managed to survive the strong winds, maybe good enough for a remake next Spring. To my right are chestnut trees, coppiced years ago, regrown and in one cluster I counted twelve substantial tree trunks thrusting skywards. Around them lay stumps, rotting into interesting shapes that would grace any stumpery. A female pheasant moves amongst a carpet of beech leaves, its mottled black and pale brown plumage providing perfect camouflage. Pheasant cries echo around and through this stretch of woodland against a background of shots being fired at their cousins in the distance. A sudden gust of wind causes large droplets of water to fall noisily from the overhanging trees. Lying across the woodland floor is a fallen beech tree from a previous year, its roots cleanly severed from the soil and its smooth trunk lifeless for all appearances, but nature will be busy at work on this new food source and home.



Woodland peters out and is replaced by open grassland. Here and there an acorn has grown into an oak tree against the fence, and then subsequently cut back by hedge trimming. Many of the leaves remain in place and quiver in the freshening breeze. Stopping to look more closely at the leaves, which vary in size from quite small to very large, I see a few clusters of oak galls, their smooth brown surface blending with the surrounding leaves.

Dwellings begin to appear and the hedgerows disappear. Fifteen to twenty noisy mallards take fright, splashing into their pond as I pass, creating 'v' shaped wakes across the surface. I eventually turn right at the crossroads and walk along Longage Hill until I reach the gate leading to the narrow fenced footpath which runs parallel to the road. I slip and slide on the uneven muddy surface until I am safely through the gate at the other end. Pig grunts and the clucking of fowl accompany me along the footpath as I head across to skirt Sibton Park and then back up to Brady Road. A chill westerly wind whips down the hills from Skeete and I am now looking forward to reaching home after a good two hour's walk.

Diary of Forthcoming Events

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to pbarnes20@icloud.com or via methods outlined on Page 4.

Location and name codes below:

One-Off Events

Date	Time	Event	Where	Tel. No.	Date	Time	Event	Where	Tel. No.
2025									
09-Jan	12.30pm	Dementia Café	AUKL	269602	21-29 June		LYMINGE FESTIVAL 2025		863737
14-Mar	7.30pm	Concert: The Drurys	LVH	863737	19-Jul		The Rude Mechanical Theatre Company	TF	

Weekly Events

Day	Time	Event	Where	Tel. No.	Day	Time	Event	Where	Tel. No.
Sun	5.30pm	The Dragonglyz Centre	EVH		Wed	10am	Pilates	TC	07825109670
Mon	10am	Dementia Daybreak	AUKL	269602	Wed	10am	Dementia Day Break	AUKL	269602
Mon	10am	Bridge Club	LBC	863177	Wed	10am	Baby/Toddler Group	EVH	07817777975
Mon	10.30am	Maintenance Cognitive Stimulation Therapy (MCST)	AUKL	269602	Wed	11am	Singing For All (term time only)	AUKL	269602
Mon	10.30am	Lyminge Larks (Singing)	LMC	07951572920	Wed	7pm	Tayne Centre Circuits	TC	07925982995
Mon	10.30am	Chromatic Greys Art Class	EVH	07783575802	Wed	7.30pm	Cantores Dominicae Choir	LVH	07778 333339
Mon	1pm	Lyminge Knitters	AUKL	269602	Thurs	10am	Boxfit (non-contact)	AUKL	269602
Mon	1.30pm	Maintenance Cognitive Stimulation Therapy (MCST)	AUKL	269602	Thurs	10am	Dementia Day Break	AUKL	269602
Mon	5.15pm	Pilates	EVH	07951698008	Thurs	10am	Lyminge Morning Art Group	EVH	01303211364
Mon	7pm	Pilates	EVH	07951698008	Thurs	10.15am	Baby Rhyme Time	LL	03000413131
Mon	6.30pm	Ballroom/Latin/Salsa Dancing	TC	07966751991	Thurs	2pm	Lyminge Afternoon Art Group	TC	07870494644
Mon	6.30pm	Judo Club	LVH	07369225021	Thurs	5pm	Pilates	TC	07951608008
Mon	7pm	Yoga	RMV	07977503897	Thurs	6.15pm	Pilates	TC	07951698008
Tues	9am	Seated Yoga	AUKL	269602	Thurs	7pm	Short Mat Bowls	LVH	863842
Tues	9.30am	Tai Chi Qigong	EVH	07402203239	Thurs	7.30pm	Ballroom and Latin Dancing	EVH	07967979610
Tues	10am	Lyminge Baby & Toddler Group	TC	07870405567	Fri	8am	Chiropody (appointment only)	AUKL	269602
Tues	10am	Painting and Drawing	AUKL	269602	Fri	9am	Pilates with Katherine	AUKL	269602
Tues	10am	Dementia Day Break	AUKL	269602	Fri	9.30am	Dementia & Me Unit	AUKL	269602
Tues	11.45am	Pilates	EVH	07834839801	Fri	9.15am	Nikki Barratt Art Group	EVH	07870494644
Tues	1pm	Seated Yoga	TC		Fri	10am	Dementia Day Break	AUKL	269602
Tues	1.45pm	Pickleball	EVH	862696	Fri	10am	Painting and Drawing	AUKL	269602
Tues	6pm	Board Games Night	Cortee Cabin		Fri	10.15am	Talk Time	LL	03000413131
Tues	6.45pm	Short Mat Bowls	LVH	863842	Fri	10.30am	Main Cog Stim Therapy (MCST)	AUKL	269602
Tues	7pm	Bridge Club	EVH	07790160476	Fri	6pm	Junior Cricket Training Sessions	SPCC	07869283195
Wed	9am	All Day Breakfast	AUKL	269602	Fri	7pm	Table Tennis	EVH	

Monthly Events

When	Time	Event	Where	Tel. No.	When	Time	Event	Where	Tel. No.
1st Mon	2pm	RBL, Elham Valley Branch	St Mary's Church, Elham	862508	3rd Tues ²	7.30pm	Gardeners' Society	TC	07703149008
1st Mon	10am	Stroke Support Group	C&H	07903150099	Last Tues	10.30am	Lyminge Poetry Group	LL	03000413131
2nd Mon	7pm	Parish Council Meeting	TC	07544670363	1st Wed	10.30am	Lyminge Friends	TC	862598
3rd Mon	7pm	Etchinghill Cinema Club	EVH	07903150099	4th Wed	2.30pm	RM Circle	RVH	862913
3rd Monday	10am	Stroke Support Group	C&H	07715221705	Last Wed	7.30pm	Quiz Night	C&H	01303901011
1st Tues	2pm	Library Reading Group	LL	03000413131	2nd Sat	10am	Postling Ch. Coffee Morning	PC	863536
1st Tues ³	7.30pm	LHS Talk/Event	TC	863879	2nd Sat	10am	Ethelburga Quilters	EVH	
2nd Tues	2pm	Library Reading Group	LL	03000413131	4th Sun	9.30am	Farmers' Market	LVH	

¹ In term time only ² Except Jan and Feb ³ Except Jan, Feb, and trip in Aug ⁴ Except Aug and Dec ⁵ Not held in August ** Every three months

AUKL Age UK Lyminge; **C&H**: Coach & Horses; **EVH**: Etchinghill Village Hall; **ELVH**: Elham Village Hall, **ERA**: Etchinghill Residents' Association; **ES**: Elham Square, **EVL**: Elham Valley Line Trust, **JF**: Jubilee Field; **LB**: Laing Bennett; **LBC**: Bowls Club; **LL**: Library; **LMC**: Lyminge Methodist Church; **LPC**: Lyminge Parish Church; **LPS**: Lyminge Primary School; **LVH**: Lyminge Village Hall; **LW**: Lord Whisky; **NP**: Nailbourne Court; **PC**: Postling Church; **PH**: Lord Whisky, Park House; **PVH**: Postling Village Hall; **RVH**: Rhodes Minnis Village Hall; **RMC**: Rhodes Minnis Church; **RMCS**: Rhodes Minnis Cat Sanctuary; **RR**: Rigden Room; **SMVH**: Stelling Minnis Village Hall, **SNL**: See Newsletter for info; **SP**: Sibton Park; **SPCC**: Sibton Park Cricket Club; **TC**: Tayne Centre; **TF**: Tayne Field; **WF**: Well Field



St Mary and St Ethelburga Parish Church, Lyminge

5th January

Lyminge 10am WOW Service
Paddlesworth 6pm Evensong (BCP)

12th January

Lyminge 8am Holy Communion (BCP)
6pm Choral Evensong

19th January

Lyminge 10am Holy Communion (Joint Service
with Methodist Church – Week of Christian
Unity)
Paddlesworth 6pm Evensong (BCP)

26th January

Paddlesworth 8am Holy Communion
Lyminge 11am Joint Service for Christian Unity at
Methodist Church

**If more information is required please contact the Church Wardens,
Derek Smith 01303 862508 or Mike Chinneck 01303 863911**

Valley Methodist Church

A warm welcome awaits you at our services followed by a time of refreshment and fellowship in our Lyminge Church or at our small and beautiful Chapel at Rhodes Minnis.

LYMINGE

5th January 11am Rev. Gordon Newton (Holy Communion)
12th January 10.15am **Valley Covenant Service at Rhodes Minnis**
19th January 10am United Service at the **Parish Church**
26th January 11am Mr Richard Blackwell – United worship with our friends from the Parish Church
2nd February 11am Rev. Gill Songer

RHODES MINNIS

5th January 9.30am Rev Peter Cornish
12th January 10.15am **Valley Covenant Service** with Rev. Gill Songer
19th January 9.30am Rev Malcolm Peach
26th January 9.30am Local arrangement
2nd February 9.30am Rev. Gill Songer

Postling Church Services

5th January No service in Postling
12th January 8.30am Morning Service
19th January 8.30am Holy Communion
26th January No service in Postling

Rector's Message



At the beginning of this New Year I want to encourage us to be hopeful people. Hope is not the escape from reality or wishful thinking. Hope sees what is, in all its complexity and difficulty, and more of what this reality can be.

Hope sees – in the language of the prophets – that the metal used to make swords is better used to make ploughshares. [Isaiah 2.1-5]. There is a better way to live than tearing one another apart.

Hope sees possibilities, where others see dead ends. How we see will affect how we act. This coming year let us grow to be a people who wholeheartedly trust God, unafraid of earthly perils so that future generations would be blessed. *Rev'd Carol Bates*

Lyminge Newsletter

Terms & Conditions: Copy deadline for next edition - 18 January 2025

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Further details from Peter Barnes (editor) on 01303 863737 or pbarnes20@icloud.com

Etchinghill Update - January 2025

ETCHINGHILL RESIDENTS' ASSOCIATION (ERA)

Chairman: David McCombe - 07939 076617 E-mail: dmccombel@gmail.com
Website: www.etchinghill.info Facebook: Etchinghill Residents

ETCHINGHILL FILM NIGHTS - ETCHINGHILL VILLAGE HALL - 20 JANUARY - DOORS OPEN AT 7PM FOR A 7.30PM START. "Thelma", a comedy/drama 12A (2024) with a time of 1h 38m. Starring June Squibb and Richard Roundtree, the film is based on true life events and tells the story of an elderly grandmother who is duped by a phone scammer pretending to be her grandson. She then sets out on a treacherous quest across the city to regain what has been taken from her. The writer/director's own grandmother was scammed in a similar way and makes a brief appearance at the end of the film.

Entry fee is only £6 pp and includes a glass of wine, tea or coffee with biscuits and entry into a free raffle. New members are very welcome, simply register and pay on the night - no need to book.

HAPPY NEW YEAR! The Resident's Association wishes all residents, their friends and families, a Very Happy, Peaceful and Healthy, New Year. Thank you to everyone who has supported us by attending events and making donations throughout 2024 - we couldn't do it without you!

News contact: Jacqui Blandford - 07543 966830 or email: jacqui.blandford@gmail.com



The Lyminge Festival 21st - 29th June 2025

District Councillors' Update - January 2025

Age UK Hythe Lyminge & Ashford – I was as surprised as most people to learn of the closure of the Lyminge Centre. I have been in contact with Cleo Smith, the Chief Executive who advises that the Centre has not been able to cover its costs for some time and that with the reduction in KCC funding, the minimum wage and the proposed increased National Insurance Costs that running Lyminge is no longer sustainable. I understand that negotiations have also taken place with the District Council who own the building and that while the rent increase could possibly be postponed, this would not materially change the situation. Cleo tells me that the Dementia unit will go to Hythe and that transport will be available to take those in most need to Hythe. Many residents have told me that they will very much miss the café and shop and I hope further consideration will be given to this situation.

Princes Parade Hythe – a short initial survey has just been published seeking views on the future use of this site, the survey is open until 5 pm on 16 February. The land had been earmarked for a swimming pool, leisure facilities and 150 houses, but this was rejected after the May 2023 district council elections. However, as the Council now has to prepare a new Local Plan and with increased housing targets set by Government, all options have to be considered.

Otterpool Park – discussions are on-going with Homes England and a six months collaboration arrangement, along with other papers, will be considered by the Cabinet on 11 December 2024 which, will, as usual, be webcast. The waste water treatment plant planning application is imminent and a public consultation was held at Sellindge recently.

Devolution – the White Paper on devolution was published in December 2024. KCC and FHDC are likely to disappear as separate organisations. I will report further on this next month and further details can be found at [English Devolution White Paper - GOV.UK](https://www.gov.uk/government/white-papers/devolution-white-paper)

Although writing this early in December, I hope you had a lovely Christmas and I wish you all a very Happy and Healthy New Year.

Contact: jenny.hollingsbee@folkestone-hythe.gov.uk Mobile 07887918458 X (Twitter) @jennyhollingsbee

An important step has been taken to start the building of the Otterpool Park garden town and will be discussed by the F&HDC Councillors at next week. The Council has worked with Homes England, the government housing and regeneration agency, to reach a Collaboration Agreement between them. The agreement, if accepted, would be for six months and will allow F&HDC to access the additional skills and expertise needed to attract investment and take the development forward. Prior to any building being started the wastewater treatment plant has to be constructed. I attended the public consultation on the Waste-Water Treatment Plant planning application. Lots of people, including Councillors, attended and there were Officers on hand to answer any questions. The consultation is ahead of the formal planning application which is likely to be submitted in January. Details can be found on www.otterpoolpark.org and comments can be submitted up to the 24th December.

The Chair of F&HDC, Cllr Anita Jones, has recently obtained tree whips from The Woodland Trust and around 600 trees were planted in Hythe recently. Other locations are set to benefit from new young trees soon. There are approximately 200 left and community groups and schools are being encouraged to get in touch with suggestions, contact chair@folkestone-hythe.gov.uk.

The consultation on the corporate plan has been completed, with 550 responses received, about a third of these were from younger members of the community. This is a really good response rate as these things go, so many thanks if you returned the online questionnaire.

In the New Year we're expecting to see the launch of a new programme of Green Community Grants, building on the success of the Rural England Prosperity Fund and the Green Business Grants. The grants will be available to community groups, town & parish councils, and local businesses, and intended to support a wide range of sustainability and carbon-reduction projects.

Contact: elaine.martin@folkestone-hythe.gov.uk



THE LYMINGE NEIGHBOURHOOD PLAN

YOUR OPPORTUNITY TO SHAPE THE FUTURE OF OUR PARISH

Following our upbeat report in the December 2024 Newsletter we now have to advise Lyminge residents of a major setback.

As previously reported, at the full Lyminge Parish Council (LPC) meeting on 11th November 2024 the Council, following a presentation from the Neighbourhood Plan Steering Group (NPSG), approved three motions suggested by councillors concerning

1. *'To allow residents to form a steering group to complete work on the Neighbourhood Plan*
2. *To agree to two or more councillors to be part of the steering group*
3. *To pass on the details of the consultant and any work already completed'*

(Source - LPC Minutes agreed 09/12/24)

Each one was proposed, seconded and passed on the 11th November 2024.

At the subsequent full LPC meeting on 9th December 2024, although there was some disagreement as to their accuracy, the Minutes were agreed by a majority of councillors. There was no agenda item to allow any further discussion of this subject.

On 10th December at an informal meeting arranged at the Coach & Horses and attended by two councillors, the clerk and two members of the Steering Group, it emerged that the LPC would only allow, amongst other things, the Steering Group be known as a Working Party and that it would only be able to concern itself with Etchinghill matters. This is totally against the spirit behind the creation of the Steering Group which was to involve the whole Parish.

Furthermore, the Steering Group representatives were advised that the re-employment of the consultant would be undertaken by the LPC and the individual would only be allowed to consult/report directly to the clerk.

In addition, most of the existing files are allegedly subject to data protection rules and would likely only be released in a heavily redacted format.

The public meeting previously arranged and publicised by the NPSG (although now a Working Party) took place on 11th December 2024. After much discussion the public felt there was little to be gained by working with the LPC under the restrictions they had introduced (noting that there had been no subsequent motions to overturn those originally agreed at their meeting of 9th November) and that the degree of cooperation the LPC had previously expressed had no relationship to reality.

At the Coach & Horses meeting the Working Party representatives were told there were four to five other 'working groups' already actively working on the Plan within the Parish. However they could not be told who these groups were, who their members were and which part of the Plan they were working on. **The next full LPC committee meeting is Monday 13 January 2025** (the location is not yet posted on their website). If members of these groups could attend the LPC meeting and make themselves known to us then greater co-operation across the whole Parish could be achieved.

Considering all of these impediments, the public meeting concluded that no further work by the NPSG/Working Party could realistically be undertaken until the LPC had resolved its differences with the consultant, with a strong endorsement that the previous incumbent, Alison Eardley, be re-employed to work with all the groups!

Meet Your MP

Sojan Joseph, the MP for the Ashford Constituency, recently held one of his advice surgeries for constituents at the Coach and Horses in Lyminge.

If you would like to attend future surgeries or have a meeting with Sojan, please contact him at sojan.joseph.mp@parliament.uk or give his office a call on **01233 515107** for details"

Etchinghill Workshop

Small workshop/office, 310 sq.ft.

Water/Electricity on hand

Price by arrangement

Available now

01303 862183 or 07591 240381

Lyminge Midsummer Festival

Saturday 21 June

to

Sunday 29 June

incorporating Lyminge Garden Safari

Now's the time to start planning
for this prestigious event.

1st January 2025

Age UK Hythe, Lyminge and Ashford: Relocation of Services, Closure of the Lyminge Building and Future Plans

We at Age UK Hythe, Lyminge and Ashford wish to address the relocation of services and closure of the Lyminge building, a decision that has understandably caused concern. We hope to clarify why this step was necessary and outline our plans to continue supporting the Lyminge community.

Why the Lyminge Building is Closing

The closure of the Lyminge building was a difficult but essential decision driven by financial challenges. Like many charities, we are facing reduced government funding and a lack of external funding for specific services, such as Dementia and Wellbeing. Despite efforts to encourage greater use of the building, its operational costs, encompassing rent, maintenance, safety checks, repairs, insurance etc, have far exceeded the income generated by the activities, charity shop, and café.

Continuing to maintain the building would risk the long-term sustainability of our services across Hythe, Lyminge, and Ashford. By reallocating resources, we can focus on delivering vital support to more people in need.

Changes to Services

- **Dementia Day Break Service:** This vital service will relocate to our Hythe hub, where we can increase capacity and support a larger number of people living with dementia and their carers.
- **Laundry Service:** The Laundry Service ceased after the final delivery during the week commencing 16th December. Due to low demand and the unsustainable cost of maintaining the service without imposing unaffordable price increases, it was no longer viable. Clients have been informed, and details of other local service providers have been passed on to ensure they can access alternative services in the area.
- **Charity Shop and Café:** These facilities, while valued by members of the community, fall outside our core charitable objectives. Despite their contributions, the income generated is not enough to cover the costs associated with maintaining the building.

Supporting the Lyminge Community

Our commitment to Lyminge remains steadfast, and we are taking steps to ensure continued support:

- **Outreach Programmes:** We are exploring partnerships with local venues to host activities and services in the village, maintaining opportunities for social interaction and wellbeing.
- **Transport Solutions:** We are considering subsidised travel and volunteer-led transport schemes to help residents access services in Hythe and Ashford.
- **Core Services:** Key programmes like Meals on Wheels, Home Support, and specialised dementia services and support for carers will continue to serve the Lyminge area.

Staff Impact

One role, out of six, has resulted in redundancy. This individual holds a primary job outside of Age UK, and we are offering support during this transition. All other staff members are transitioning and will move to Hythe to ensure consistency and the continued level of care.

Financial Transparency

We want to reassure the community that our finances are independently audited annually to ensure transparency. Operational decisions are informed by monthly internal financial reviews, and our accounts reflect the financial realities of the entire organisation.

Building a Sustainable Future

Relocating services is not a decision we made lightly, but it is necessary to safeguard the long-term sustainability of our organisation and the services we provide. Consolidating operations at Hythe will allow us to expand critical services like dementia support while reducing overhead costs.

The closure of the Lyminge building marks the end of a chapter but not our commitment to the community. We value the collaboration and support of Lyminge residents and will continue working with local stakeholders, including the Parish Council, to explore alternative venues and solutions for delivering services.

We thank you for your understanding during this transition and welcome your feedback. Together, we can ensure that Lyminge remains a community where older people feel supported and connected.

If you would like to share suggestions or discuss our plans further, please do not hesitate to reach out.

Board of Trustees,

Age UK Hythe, Lyminge and Ashford



Singing FOR ALL

**Free
Wednesdays
Term time only
11am - 12noon**

**Age UK Lyminge,
Everist Court,
63 Station Road,
Lyminge,
CT8 8HQ**

Sponsored by



Registered charity number 1125274. Company number 6589817.
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Join us for All Day Breakfast

Every Wednesday

9am - 2pm

£6 pp - includes Tea/Coffee

No need to book

AGE UK Lyminge, Everist Court



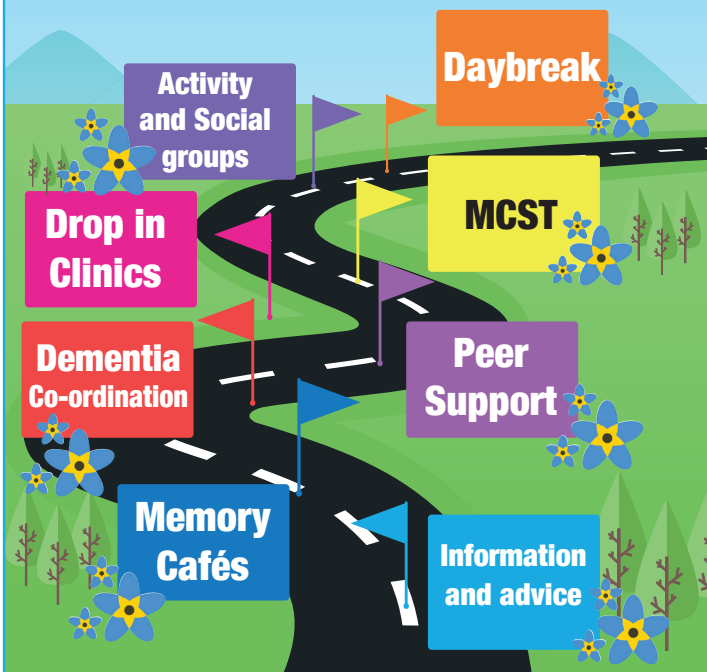
Registered charity number 1125274. Company number 6589817. © Age UK Hythe, Lyminge and Ashford 2023.

AGE UK - LYMINGE

**Are you
concerned about
your memory?**

**Are you
living with
Dementia?**

**We can help guide
you along your journey**



Services and activities available.

Information and Advice is available to those by telephone, centre-based visits and home visits. We have a team of expert Information and Advice Officers who can help to maximise income by completing benefit checks to ensure individuals are receiving all they are entitled to. Our team are there to support individuals complete forms, using the right terminology for a more positive outcome. This service is free and available by appointment or drop into one of our many Dementia Cafés.

The **Dementia Co-ordination** team will work with and support those affected by dementia, including family and carers. The Dementia Co-ordinators will be there to help from pre-diagnosis, to support people to get a diagnosis, to access support services and provide the guidance they need to live as independently as possible within their communities. Free and available by appointment.

Dementia Cafés offer a safe place to socialise, meet others, ask questions and learn more about dementia and local services, whilst enjoying a hot drink and a slice of cake. Free, groups held at various locations throughout the month.

MCST (Maintenance cognitive stimulation therapy) is a programme that meets weekly for 1 hour 30 minutes for people living with mild dementia. Group members take part in meaningful and stimulating activities, proven to help maintain memory and mental functioning. The group provide a fun, supportive environment where people can build new friendships.

Activity and Social Groups are informal groups that meet weekly for 2 hours for people living with moderate to late-stage dementia. Group members take part in meaningful and stimulating activities in a social environment where people can build new friendships.

Dementia Drop-in Clinics are available for you to connect with local agencies who support and offer advice for those living with dementia including the local Memory Service.

Daybreak services offer activity-based day care in a safe and secure environment for people living with moderate to late-stage dementia who need a little more support or have additional needs. As well as providing a meaningful day for participants, it can provide a day of respite for family or carers.

Services delivered at **Age UK Lyminge**, Station Road, Lyminge, CT18 8HQ.
Transport is available on request.
For more information or to speak to one of the team call: **01303 269602**, dementialead@ageukhla.org.uk



Registered charity number 1125274. Company number 6589817. © Age UK Hythe and Lyminge 2022

Mount Pleasant Christmas Lights

Yet again the lights have been extremely successful attracting people from far and wide. To date (31 December) **£4030** has been donated.

The Close was filmed by BBC News South East and included interviews with some residents and visitors.

Donations this year are to be split between:

The British Heart Foundation, The MS Society, Cancer Research, Age UK, The Olivier Steeper Foundation and Making Miracles.

Lyminge's Favourite Christmas Carol 2024

A large crowd attended the Parish Church to hear Lyminge's winning carol: **Silent Night**.
2nd Away in a Manger, **3rd** O Holy Night, **4th** In the Bleak Midwinter and **5th** Good King Wenceslas.

We also asked Lyminge School for their Top 5 which were: **1st** Jingle Bells, **2nd** equal Last Christmas & Jingle Bell Rock, **4th** We Three Kings and **5th** Rudolph the Red Nosed Reindeer.

Thank you to our voting locations: **Snippers & Clippers, Coach & Horses, Lyminge Library, The Coffee Cabin** and **Age UK**. For a full list of the voting results, e-mail: lymingefavecarol@btinternet.com or see the Library noticeboard.

Mike & Angela Foxon
For Lyminge Parish Church



Children's Musculoskeletal & Orthopaedic Physiotherapy

I am an Advanced Practice Children's Physiotherapist in Musculoskeletal and Orthopaedics, specialising in children between the ages of 0-16 years.

Please get in touch for more information on how I may be able to help your little one.

Call Lucy: **07841 518234**

lucy@footprintschildrensphysio.co.uk

www.footprintschildrensphysio.co.uk



Sibton Park Cricket Club

Do you have a spare room or space for someone to stay?

Sibton Park Cricket Club are looking to host an overseas player from Australia for the up coming season. However, we need to find someone who would be willing to have him stay from April 2025 - September 2025.

We have had many successful placements in the past who have made a huge difference to the level of cricket played at the club with some deciding to stay.

If you are able to assist and would like more information, please contact us at Sibtonpark@outlook.com

One Night of Country

An unforgettable evening of country classics with

Bob and Harriet Drury

Celebrating timeless hits of country legends such as Shania Twain, Dolly Parton, Taylor Swift, Kenny Rogers, Johnny Cash, Willie Nelson and many more. A magical night with this extraordinary father-daughter duo who capture the spirit and heart of country music with their harmonies and soaring voices.

Lyminge Village Hall

Friday 14th March 2025

Further details next month

Ben and I exceed all our original expectations and are very grateful to all those who so generously donated to the cause, raising £1061. It was a tremendous response.

MACMILLAN CANCER SUPPORT

Walk 100km with your dog in November

MACMILLAN CANCER SUPPORT A registered charity

£1061 raised of £1000 target

By 52 Supporters

Donate

Boost your fundraising

Limited fundations are proven to increase donations by up to 25%. Connect below to boost yours across different platforms.

facebook

£811 raised by 42 supporters

Visit Page

My Story

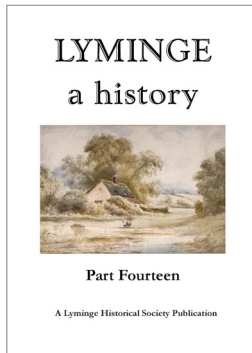
This November my dog, Ben, and I are taking on 100km to raise money to support people with cancer. I'd be so grateful for your support, anything you can donate really will help to make a difference. It will help to keep me motivated as we take on this epic challenge too! Macmillan do whatever it takes to help everyone with cancer live life as fully as they can.

Each walk has been recorded into a booklet, written from Ben's perspective and can be borrowed if you wish to read about these adventures. Contact Peter: **07808775302** or pbarnes20@icloud.com



LYMINGE HISTORICAL SOCIETY

We are taking our normal winter break in January and February.



In the meantime, why not check out our latest publication which is now available from Lyminge Library and Lyminge Village Store, price £8?

- The businesses of Lyminge in 1921
- The story of a newly discovered watercolour of Lollipopps
- How the East Window in Lyminge Parish Church was designed and made
- The Battle of Britain: the view from Lyminge
- Winifred Shillingford: the forgotten artist of Etchinghill.

FORTHCOMING MEETINGS

The Society will resume monthly meetings with:
4 March 2025: The Battle of Sandwich in 1217 - Len Howell
1 April 2025: Jane Austen in Kent - John Buss

A Little More Joy

Eco-friendly gift boxes



Vibrant, environmentally conscious gift boxes that are kind to the planet. We also have a build your own option for a more bespoke gift.

10% Discount on your first order (**welcome10**).
Local collection (Lyminge) can be arranged via email.

Contact details

Website: www.alittlemorejoy.co.uk

Email: alittlemorejoyuk@outlook.com



Rhodes Minnis Circle

For further information contact: **Lis Hirlemann 07590 913856**

The Lyminge Festival 2025

The Association will again be putting on a Festival in 2025.

The dates have been set for 21st - 29th June

We would dearly love your input - a theme and with ways to engage with the younger age group in our area.

Please send any thoughts, no matter how basic they might be, to:

Peter Barnes

0780 877 5302

pbarnes20@icloud.com

Does your club or charity require financial help?

If so, the Lyminge Association has money available for the purchase of capital items. Please contact Martin Fry (martin@rhodesminnis.org.uk) for further information on how to access these funds.



Tuesday 21st January 2025
7:15pm for 7:30pm
The Tayne Centre

Soft Drinks and Nibbles Provided



For more information about the
 Gardeners' Society email:
lymingegardeners@gmail.com
 or call Anne on 07703 149008

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Hythe Aqua Swimming Club has vacancies for potential
 competitive swimmers Level 7 and above. Join a Club
 with a nationally accredited swim programme.
 Lessons/Coaching sessions are held on Tuesday &
 Thursday evenings at Hythe Pool.

We also welcome adult length swimmers to our Adult
 training on Tuesdays & Thursdays at 9.00pm

To book your place

Email: hytheaqua@btinternet.com or checkout our website:
www.hytheaqua.org.uk or F/book

Lyminge Judo Club

(Bushido Club registered)

We are a small friendly village club.
 We welcome and encourage both
 novices and skilled players and train
 every Monday evening at Lyminge
 Village Hall from 6.30pm. Open to
 all ages from 6 upwards - no upper age limit.
 Juniors £2.50 per week; Seniors £3.50 per week. First
 session free, with no obligation.



Contact: Craig Munn

email: craig.munn1@yahoo.com

Facebook:

www.facebook.com/Lymingejudoclub

ETCHINGHILL RESIDENTS' ASSOCIATION

Film Night

Monday 20th January

'Thelma' 12A (2024) 1h 34m

Etchinghill Village Hall - 7 for 7.30pm

Entrance Fee £6pp

Open to new and existing members
 Free Refreshments and Raffle



www.etchinghill.info



Fifth Trust Update

www.fifthtrust.co.uk

Storm Darragh failed to put off supporters of the Trust, who
 turned out in the wind and rain to enjoy all the fun of our
 Christmas craft fair, spending an incredible £10,200.

This followed the success of our Big Give campaign, which
 raised a total of £14,399! This achievement far exceeded our
 £10,000 target and marks a significant step towards rebuilding
 our music room at the Elham Valley Vineyard site. We are
 overjoyed by the success of this campaign and the incredible
 support we have received from our community. Thank you to
 everyone who supported us.

This caps a very successful year, including receiving the Kent
 Wellbeing Award, recognising our commitment to promoting
 mental health and wellbeing. We also launched a successful
 corporate volunteering scheme, welcoming around 100
 volunteers to our vineyard.

Further milestones included releasing two new Elham Valley
 Vineyard wines and the opening of two stunning sensory
 gardens at our Barham Skills Centre.

Thanks to everyone who has supported us in any way during
 the year, whether by buying logs or wine or visiting the café
 and garden centre. Please note after the break we reopen on
 6th January. Happy New Year!



Folkestone, Hythe & Rural

Primary Care Network

SOCIAL PRESCRIBING

IMPROVE YOUR HEALTH & WELLBEING

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 New Lyminge Surgery
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 Sun Lane Surgery, Hythe
 White House Surgery, Folkestone



How to access

Ask your GP Surgery to refer you to the Social Prescribing Service OR complete an eConsult
Adults 18+

GET IN TOUCH
www.fhrpcn.co.uk



Social Prescribing supports individuals with **non-medical concerns** that may be negatively affecting their health and wellbeing

- Physical, and mental health and wellbeing
- Social isolation
- Lifestyle change
- Self-care / management of long term conditions
- Benefits / social care advice
- Debt
- Work / employment / volunteering
- Housing related queries



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DBS Certified

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Lyminge Friends

CONNECTION TO COMMUNITY

The Committee of Lyminge Friends would like to wish all our members and their families a very **Happy New Year**.

Our **January lunch**, on the **15th** at **The Gatekeeper** has a few available places so if you would like to join us please get in touch on the number below.

Our **Annual General Meeting** will be held on **Wednesday, 5th February** and will be followed by a **Quiz** and **Coffee and Cake**.

Our first speaker of 2025 is **Veronica King** with **"The Stories of 38 Years as a FEMALE Private Investigator"** this meeting is on **Wednesday, 5th March**.

Everyone welcome – Entry is £4 for Social Meetings (including Tea/Coffee)

We are a friendly social group, and welcome new members and visitors so just drop into a meeting, or if you'd like to talk to one of us first, please call 07904 157897. All meetings are held in The Methodist Church, Church Road, Lyminge from 10.30am to 12noon **unless stated otherwise**.



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www.southkentsentuition.co.uk
sarah@southkentsentuition.co.uk
07751459085

LYMINGE AND ELHAM VALLEY STROKE SUPPORT

Have you or
someone
you know
been
affected by
a stroke?

Come and join our informal support group. We meet on the 1st and 3rd Mondays of the month (except Bank Holidays) usually at The Coach and Horses between 10am and 12noon

January Meetings



6th January 2025
Post Christmas Get Together

20th January 2025
Re-arranged talk on behalf of Headway about how head injuries and strokes can affect people and what strategies can improve brain health

For more information, to check the dates of meetings/events, or if you would like support but are unable to attend the meetings
Email: Lymingestrokesocial@gmail.com
or Telephone Fran on 07846 177 409 or Heather on 07427 664 084

THE TOWER THEATRE FOLKESTONE AFHODS

DISCIBILITY Friday 24 Jan - 7pm	Talking Heads by Alan Bennett Fri 14 - Sat 15 Feb - 2.30pm & 7.30pm	Seriously Collins Saturday 22 March - 7.30pm
Mr Sleepybum Wednesday 19 Feb - 11am & 2pm	STEEL MAGNOLIAS BY ROBERT HARLING Thur 13 - Sat 15 March - 2.30pm & 7.30pm	The Counterfeit Sixties Saturday 29 March - 7.30pm
Happy Box of Imps Friday 21 Feb - 7.30pm	NEWSIES JR. 11 - 12 April - 2pm & 7pm	Tony Stockwell psychic medium Wednesday 30 April - 7.30pm
THE ULTIMATE BUBBLE SHOW Saturday 22 Feb - 12pm & 3pm	Bad Dates by Theresa Rebeck Thursday 3 - Saturday 5 April - 7.30pm	TOM WHITE AS ED SHEERAN AND LEWIS CAPALDI Saturday 3 May - 7.30pm
OPERA BOYS Friday 28 Feb - 7.30pm		

For full details of all our forthcoming shows and to book tickets, please visit towertheatrefolkestone.co.uk or call the box office on 01303 223925
The Tower Theatre, North Road, Snorcliffe, Folkestone CT20 3HL

Registered Charity 1180504

Every 4th Sunday
9.30 - 12.30

LYMINGE ARTISAN & FARMERS MARKET

26 JAN
23 FEB
23 MAR
27 APR

LYMINGE VILLAGE HALL
WOODLAND ROAD CT18 8EW

Editor: pbarnes20@icloud.com

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The Lyminge Festival 21st - 29th June 2025



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LYMINGE PARISH COUNCIL

For Lyminge, Etchinghill and Rhodes Minnis

Council news

We again welcome two new councillors to Lyminge Parish Council. This means we now have a full council! Their input will allow us to create a lasting impact in the parish.

Work on the Neighbourhood Plan is ongoing however there may need to be a brief pause while we discuss with FHDC how the proposal of Unitary Authorities may impact parish councils.

The new Meriden Park is now open and already the first children have tested the park and given it a big 'thumbs up'. We are currently working on placement of benches and a bin.

We have been granted £20,000 National Lottery funding towards the cost of refurbishing Rhodes Minnis Play Park!

Our brand new website is currently in development and is scheduled to launch soon. Stay tuned for updates and prepare for an enhanced online experience!

Meeting dates

Finance and Administration - January 6th - 18:30 - Venue TBC - please see noticeboards/website

Climate Action - January 6th - 19:30 - Venue TBC - please see noticeboards/website

RM Play Park group - January 7th - 18:00 - Rhodes Minnis Methodist Church

Planning and Licencing - January 9th - 9:30 - Etchinghill Village Hall

Full Council - January 13th - 19:00 - Venue TBC - please see noticeboards/website

Age UK Lyminge

We understand that the announcement of the closure of the Lyminge Centre has left many feeling unsettled, and that there is nowhere appropriate for them to go in the village. In addition, the relocation of many services has presented concerns.

Please be assured that we are in discussion with Age UK HLA, Sojan Joseph MP and FHDC regarding how we can limit the impact on those in the parish.

We do not have the answers at present, this was as much a surprise to us as it was to you. However, we will share our answers and ambitions as soon as we can while working alongside those already mentioned and service users in the parish.

Please contact us with any questions or suggestions.

www.lymingeparishcouncil.org.uk

clerk@lymingeparishcouncil.org.uk



CONTACT INFORMATION

General - clerk@lymingeparishcouncil.org.uk

Handyman - fred@lymingeparishcouncil.org.uk

Neighbourhood Plan -

neighbourhoodplan@lymingeparishcouncil.org.uk

HOW YOU CAN GET INVOLVED

WORK FOR US

Lyminge Parish Council currently has an open job vacancy, offering a unique opportunity to contribute to our community's development. We are seeking a dedicated and passionate individual to join our team and make a positive impact.

For more details on the role, responsibilities, and how to apply, please visit our website or contact the clerk. We look forward to hearing from you and welcoming a new team member to help us continue our mission of serving the parish community effectively.

JUST MISSING OUT SCHEME

The Pensioner Just Missing Out scheme supports Kent pensioners in need of help with significantly rising living costs. The scheme is available for pension-aged residents on lower incomes who are not eligible for Pension Credit or the government's Winter Fuel Payment.

You will be eligible for assistance if you:

- or a partner living with you is aged 66 or over
- are a Kent resident, in one of the areas covered by Kent County Council
- have an annual household income (before tax) of more than £11,343.80 (£17,313.40 for a joint household income) and below £40,000
- do not have more than £1000 in savings
- are not in receipt of Pension Credit.

To apply, scan this QR code or visit our website for the link.



JOIN THE LYMINGE VILLAGE HALL COMMITTEE

Volunteering for the Lyminge Village Hall committee is a wonderful opportunity to make a meaningful impact in your community.

By joining, you can help shape the events and activities that bring our village together, ensuring the hall remains a vibrant hub for everyone. It's a chance to meet new people, share your ideas, and develop new skills, all while contributing to a cause that benefits friends and neighbours.

Your involvement won't demand lots of time and can make a real difference, bringing community spirit and enhancing local life.

Join us in creating a welcoming space for all—your village hall needs you!



Thoughtful Food....

...is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We also run a community allotment in Lyminge and welcome new members.

Contact: thoughtfulfoodgroup@gmail.com or on Facebook and Instagram @[thoughtfulfoodgroup](https://www.instagram.com/thoughtfulfoodgroup)
Next **Thoughtful Food** meeting, **Tuesday 4th February, 7.30pm**, at the Coach & Horses Public House

A Happy New Year to you all! Well done you survived Christmas.

Thoughtful Food have resolved this year to focus on waste. Not only will we be giving you easy to follow tips on how to use every bit of your ingredients including the bits you normally throw away, we will also be asking you to think about the waste created by your food packaging. We will have some challenges starting in February highlighting just how much this is and ways it can be avoided.

Are there any other ways we can avoid waste relating to the growing, buying and consumption of food? Could we embrace the philosophy of Permaculture that encourages people to work with nature, rather than against it to create sustainable ways of living. A small step would be to think more about shopping habits. Could you do fewer shopping trips, being more thoughtful about what you will need over the next couple of weeks? Many of you are already mindful of these matters but hopefully this year we can all make a pledge to make a difference to our impact on the world.

Jobs to do in the garden in January

- If you are lucky enough to have pear or apple trees, now is the time to prune them. The RHS has a very useful video on pruning apples and pears, or you could always hope that Phil Wilson is doing one of his excellent workshops! <https://www.rhs.org.uk/fruit/apples/pruning-made-easy>
- Start forcing rhubarb
- Plan your vegetable rotation for this year's planting <https://www.rhs.org.uk/vegetables/crop-rotation>
- Drool over seed catalogues and maybe buy some. Thoughtful Food recommends <https://realseeds.co.uk/>
- You may be able to find some in the community seed boxes in the telephone boxes. Does anyone have any seeds to donate?

Defining Ultra Processed Food (UPF) for your New Years Resolution

Whether it is a diet for weight loss, an attempt to eat less Ultra Processed Food or just to eat more healthily, cutting down on UPF has to be a good starting point and a definition helpful.

NOVA classification <https://metabolicealth.com/the-nova-system-transforming-food-classification/> This system was developed by Carlos Monteiro and his Brazilian team. Instead of looking at food in terms of the nutritional content of protein, fat, fibre, carbohydrate, sugar, vitamins and salt, it categorizes the food according to how much it has been processed. There are 4 categories

1. Minimally processed: This includes foods that are fresh but have had inedible parts removed. They may be dried or frozen but have no added ingredients.
2. Processed culinary ingredients: such as pressed oils, lard, cream, butter, ground and milled grains, honey and syrups.
3. Processed Food: canned, pickled vegetables, meat, fish or fruit, cheeses, artisan breads, salted meats, fermented foods, beer and cider. These foods may have added ingredients such as salt, sugar or yeast as part of the processing.
4. Ultra Processed Foods: Sugar sweetened drinks, packaged snacks, reconstituted meat, instant soups pre-prepared frozen dishes, ice cream. Formulations (not really food) made from a series of processes including extraction and chemical modification, includes very little intact group 1 foods.



Whole Roasted Cauliflower

1 medium cauliflower, remove the outer leaves and stalk, but don't throw away. These will keep in the fridge for a few days to be used in soups, stir fries, ramens....

3 tbsp vegetable oil, 2tsp of dried mixed herbs, 2tsp sweet smoked paprika, 1 clove garlic, juice of half a lemon, 6 tbsp thick plain yogurt, small handful of parsley, pomegranate seeds

Place around 2 inches of water into a saucepan large enough to hold the cauliflower whole. Bring to the boil. Carefully lower the cauliflower into the water. Cook for 3 minutes. Carefully strain the water and allow the cauliflower to steam in the residue heat for 10 minutes. Pat dry with a cloth. Heat oven to 220/200°C (fan oven). Try and make use of your whole oven while it's on, this would be a good opportunity to bake some pies for the freezer. Combine the oil, herbs and garlic, paprika. Salt and pepper. Place the cauliflower in a deep roasting tin and pour/brush over the oil mixture. Roast in the oven for 20 minutes.

Mix together the lemon juice and yogurt with some salt and pepper. Baste the cauliflower with the oil and roast for another 20/25 minutes until crispy in places. Remove from oven, pour over the yogurt and sprinkle with the pomegranate seeds. Cut into wedges and serve. Serve with a refreshing winter slaw for a complete meal.

Winter Slaw

Try slicing or grating root vegetables to make a winter slaw. Swede, turnip and kohlrabi are delicious additions, as are any fresh sprouts you have lurking in the fridge from Christmas. Along with the usual, carrot, cabbage and onion, You could also add a grated eating apple. Sprinkle on some chopped roasted hazelnuts for flavour and texture. Make an orange or clementine dressing. Mix the juice of half an orange or a whole clementine with a drizzle of honey, 100ml of oil (your shout) 50ml of cider/ white wine vinegar.



Very Best Seasonal Wishes from Thoughtful Food



IPBES¹ Nexus Report - We Need A Holistic Approach

The major environmental, social and economic crises facing the world today – involving biodiversity, climate change, health, food and water – are inextricably interlinked, and tackling them together has many benefits. Focusing on one issue alone, however, can make the other crises worse. That is the conclusion of the IPBES “Nexus Report” put together by 165 researchers from 57 countries over the past three years, and approved in December by the governments of 147 countries.

There is strong evidence that there are many actions that can be taken that have beneficial effects in all five areas simultaneously - but there must be trade-offs: the actions with wide-ranging benefits aren't the same as the actions that are the most optimal solution to any one problem, hence the need for holistic decision-making. “The future scenarios with the widest nexus benefits are those with actions that focus on sustainable production and consumption in combination with conserving and restoring ecosystems, reducing pollution, and mitigating and adapting to climate change”.

¹ *IPBES The Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services*

RSPB Big Garden Birdwatch 24-26 January

Big Garden Birdwatch is the world's largest garden wildlife survey. Spend an hour between 24-26 January 2025 and count the birds you see in your garden, from your balcony, or in your local park. Only count birds that land. Then tell the RSPB what you saw. Even if you see nothing, it still counts.

Every year, hundreds of thousands of nature lovers like you take part, helping to build a picture of how garden birds are faring. In 2024 over 600,000 people took part, counting a whopping 9.7 million birds! House Sparrows took the top spot, but counts of these chirpy birds are down by 60% compared to the first Birdwatch in 1979. In fact, we've lost 38 million birds from UK skies in the last 60 years. With birds facing so many challenges, it's more important than ever to get involved in the Birdwatch. Every bird you do – or don't – count will give us a valuable insight into how garden birds are faring. See www.rspb.org.uk/birdwatch

Provide Natural Bird Foods In The Garden - Get Growing!

“Providing natural food for garden birds is a vital and rewarding experience”, according to the current RSPB magazine. “Supply a wealth of options as well as places where invertebrate life can thrive.” Garden plants that provide “super seeds” include sunflowers, teasel, common knapweed, cornflower and corn marigold, while bountiful berries and fruits grow on hawthorn, guelder rose, crab apple, rowan, and of course ivy. Ivy is one of the best plants you can grow for wildlife. First the flowers appear late in the year, then the deep purpley-black berries which are richer in fat than most other berries. The berries also ripen later and over a longer period of time, ensuring a steady supply of vital nutrition. Ivy also provides cover for the birds themselves but also for invertebrates that are rich pickings for robins and wrens.



RSPB: Let's Make Bird-Feeding Safer

If you use bird-feeders, here's some more advice from the RSPB magazine: “Some birds benefit from us putting out extra food for them - however there is increasing evidence that for other birds there can also be negative effects such as the spread of disease. We want to make bird feeding as safe as possible - If you love feeding birds in your garden the best thing you can do this winter is **make sure you clean your feeders at least weekly.**”



The Surgery, Lyminge

Harbour Medical Practice,
Folkestone

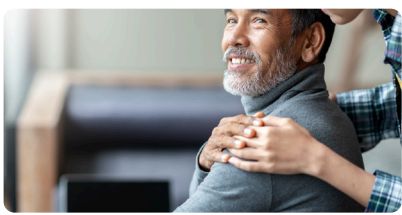
Hawkinge & Elham
Valley Practice

New Lyminge Surgery

Oaklands Health Centre
Hythe

Sun Lane Surgery,
Hythe

White House Surgery,
Folkestone



Folkestone, Hythe & Rural

Primary Care Network

SUPPORT IN YOUR COMMUNITY



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The Lyminge Garden Safari forms part of the Lyminge Festival

To refresh your minds, it is an opportunity to share with the community your garden, your veg patch, your orchard, your lawn, etc.

Don't be too proud not to want to give others the opportunity to see your work and creations. It's often a two way process where the visitors bring new ideas that you may then want to develop in the future.

**It will take place on
21st and 22nd June**

Registration forms will be available shortly or contact Steve.

Tel: 863600 or email: steve@guyatts.com

Anna Lindley (RVN, Dip.A.Physio)



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Lyminge Friends....

...held their Christmas Lunch in St Mary & St Ethelburga Church last month. It was very well attended and everyone had a great time with lots of really good food. The Committee would like to thank everyone who helped to make this a really enjoyable day.



The Parish Church choir sang Christmas Carols in the Coach & Horses



It is 14 years since the first *Etchinghill Christmas Pétanque Challenge.*

Despite cold misty weather a close match took place between the Close invitational team and the Drive at the Etchinghill Village Hall court. A very competitive match, cheered on by local residents saw the Drive coming out as eventual winners: 13-5, 13-12.



Etchinghill celebrated the beginning of Christmas with a well-attended switching on of the Christmas tree lights, followed by carol singing with Shepway Youth Brass Band in Etchinghill Village Hall



Father Christmas was in the thick of it again this year, helping The Lyminge Association to deliver Christmas presents to young and old alike, with the help of Hawkinge Guides dressed as elves.

MUSIC ON A FRIDAY....

..... wish to thank all who helped and supported our Christmas event at the Lyminge Parish Church on Friday 13th December - a special word of thanks must go to **UNDECIDED** who entertained us with some incredible music.





LYMINGE THEN AND NOW

Our monthly look at how Lyminge has changed over the years, with thanks to Lyminge Historical Society.



The pair of houses we look at this month stand on the south side of the High Street. They were built at the very beginning of the 20th Century. The site used to be part of Church Meadow, a field that was accessed from the lane that still exists running along the north boundary of the churchyard and which extended over most of the hillside running down to the High Street and along to Court Lodge Green by the Village Hall. The land was owned by the Rector of Lyminge for many years and was eventually inherited by William Jenkins, son of Canon Jenkins who died in 1896. William did not live in Lyminge and he divided the field up into development sites, selling this particular plot in 1900 to William Hills, who built the Church Stores. The building was initially known as Mafeking House, commemorating the famous 217 day siege during the war in South Africa that was relieved in May 1900 to national celebration.

The business was operated as two separate shops, one a grocer and general store and the other a draper. By 1918, this had been taken over by William Bryant and his wife Louisa, who continued to run it in much the same way during the inter-war period. But by the start of the Second World War, the property was unoccupied.

More recently, many residents will remember the house on the left of the picture as Lyminge Fish Bar, which did a good trade in both fish and chips and Chinese take-away food. But like so many of the small retail businesses in Lyminge, this eventually closed and like its neighbour, was converted into a residential property. The front of both houses has been rebuilt at ground level so it is now difficult to tell that either was once a shop.



Switching on the Christmas Lights outside Lyminge Library proved as popular as ever, accompanied by a well-rehearsed choir from Lyminge Primary School.

A clear night, Father Christmas, mulled wine, mince pies, snow and carols all proved to make this an admirable start to the Christmas festivities.

